

# THE BULLETIN

1495 FORD STREET · REDLANDS · CALIFORNIA · 92373 · (909) 307-0400

**OCTOBER 2025** 

**TISHREI - CHESHVAN 5786** 

**VOLUME LV - NUMBER 1** 

#### SHABBAT CELEBRATIONS

SECURITY PROVIDED AT FRIDAY NIGHT SHABBAT SERVICES - SERVICES ALSO AVAILABLE ON ZOOM



Friday - October 3, 2025

Tot Shabbat - 5:30 p.m.

Shabbat Evening Services - 6:30 p.m.

Led by Rabbinic Student Eric Sbar

Oneg Shabbat hosted by our Congregation's Choir welcoming our Student Rabbi Eric Sbar

Saturday - October 4, 2025

Parashat Ha'azinu - פרשת האוינוי -Deuteronomy 32:1-32:52

Haftarah - II Samuel 22:1-51



Friday - October 10, 2025 - Sisterhood in the Sukkah

5:30 p.m. - Potluck Dinner prior to 6:30 Services

Led by Lisa Wise-Wolk

Oneg Shabbat hosted by Sisterhood

Saturday - October 11, 2025

Parashat Vezot Haberakhah - פרשת וואת הַבְּרָכָה - Deuteronomy 33:1-34:12

Haftarah - Joshua 1:1-18



Friday - October 17, 2025 - 6:30 pm

Led by Rabbi Cantor Bern-Vogel

Oneg Shabbat hosted by Kat Grossman in celebration of her birthday and in memory of her husband, Howard

Saturday - October 18, 2025

Torah Study - 9:15 a.m.

Shabbat Morning Service - 10:00 a.m.

Led by Rabbi Cantor Bern-Vogel

Parashat Bereshit - פרשת בראשית - Genesis 1:1-6:8

Haftarah - Isaiah 42:5-43



Friday - October 24, 2025 - 6:30 pm - ZOOM SERVICE ONLY

Led by Rabbi Cantor Bern-Vogel

NO services at the synagogue

Saturday - October 25, 2025

Parashat Noach - פרשת נח - Genesis 6:9-11:32

Haftarah - Isaiah 54:1-55:5



Friday - October 31, 2025 - 6:30 p.m.

Led by Rabbi Cantor Bern-Vogel

Oneg Shabbat hosted by the Dreifuss family in honor of Kate's Bat Mitzvah

Saturday - November 1, 2025

Led by Rabbi Cantor Bern-Vogel - Bat Mitzvah of Kate Dreifuss

Kate Dreifuss, daughter of Niki & Ted Dreifuss

will be called to the Torah as a Bat Mitzvah

Parashat Lech-Lecha - פרשת לד־לך - Genesis 12:1-17:27

Haftarah - Isaiah 40:27-41:16

## HIGH HOLY DAY SERVICES - מים נוראים

EVE OF YOM KIPPUR - KOL NIDRE - כל נדרי - כל נדרי - ערב יום כפור - כל נדרי - Wednesday, October 1, 2025 - 7:00 pm

YOM KIPPUR - 7190 DY Thursday - October 2, 2025 Morning Service concluding with Yizkor - 10:00 am

Rabbi Birnham Teaching - 3:15 p.m.

Mincha-Afternoon Service - 4:00 p.m. reflections on "My Jewish Journey" by three congregants

Neilah-Concluding Service - 5:00 p.m. Followed by Break-the-Fast hosted by Sisterhood

Yom Kippur Services will be led by Rabbi Shmuel Birnham and Rabbi Cantor Jennifer Bern-Vogel



#### Yom Kippur Food Drive



During Yom Kippur, please remember to bring NON-PERISHABLE dry or canned foods to the temple for distribtuion to the Cornerstone food pantry and Redlands Family Services.

If you prefer, you may purchase Stater Bros. scrip cards, which will then be used by Cornerstone.



Thursday, October 2nd following Yom Kippur Neilah Service

Sisterhood will be providing a light meal.

Temple Upcoming
Office of Holiday Office
Closures

Sukkot
Tuesday, October 7th

Simchat Torah Wednesday, October 15th

### Sukkot Service and Yizkor Memorial

Tuesday, October 14, 2025, 5:00 p.m (Prior to Simchat Torah) Led by Rabbi Cantor Bern-Vogel

### Rabbi Cantor's Comments

There are many prayers that we only hear during the



High Holy Day Season, but few are as gripping, musically or liturgically, as the inserted prayer in the Amida that ntroduces the Kedusha - the *Unetanetokef* prayer. Literally, "let us speak or proclaim the awesomeness." The ArtScroll machzor calls it "one of the

most stirring compositions in the entire liturgy of the Days of Awe".

Our journey through the High Holy Day season is like looking at our life's journey under a microscope; we not only view it as we traverse the pages of our Machzorim [HHD prayerbooks] but even physically experience it through tasting sweet honey and apples, listening to the sounds of the shofar that are supposed to wake us from our habitual ways, and fasting [even if only metaphorically] so that our bodies can have a sense of cleansing and purity, and a deeper awareness of our own mortality.

Rabbi Margaret Moers Wenig wrote, The Unetanetokef "is an artistic wrestling with impermanence and death, with deeds and their consequences, with power and powerlessness, with fear and reassurance, with mistakes and second chances…"

On Rosh Hashanah this is written, and on the Fast of Yom Kippur this is sealed: How many will pass away from this world, how many will be born into it; who will live and who will die...

But Repentance, Prayer, and Charity avert the severity of the decree.

וּתְשׁוּבָה וּתְפַּלָה וּצְדָקָה מַעֲבִירִין אֶת רֹעַ הַגְּזֵרָה

[p.178, Mishkan haNefesh]

When we sing "T'shuvah, T'filah and Tzedakah," " let us return to a path of righteousness, prayer, and charity", we acknowledge that while we cannot control what happens to us, we can transform how we are affected by illness, tragedy, loss, and grief. And, even as we move on to build our simple booths or Sukkah, for the Sukkot Festival as we begin the New Year 5786, we are reminded of life's fragility and how precious is the cycle of our days. To everything there is a season.... [Ecclesiastes 3:1]

May this High Holy Day Season bring meaning, hope and renewal,

Rabbi Cantor Jennifer Bern-Vogel

## **Presidential Perspectives**



Dear Congregation,

I hope this message finds you well and that the Days of Awe brought you a sense of meaning, renewal, and spiritual fulfillment. Whether you joined us in person or virtually, I truly hope the High Holy Day experience left you

feeling connected...to our community, to tradition, and to the journey ahead in the new year.

As we move forward into this next chapter of 5786, I'm thrilled to share that we'll be welcoming **Student Rabbi Eric Sbar** to our community on **Friday, October 3** for a special **Tot Shabbat and Family Service**. This will be a wonderful opportunity for all ages to come together in joy and celebration as we bring in Shabbat with song, stories, and community spirit. Eric is a third-year student at Hebrew Union College in Los Angeles. He and his wife Melissa (Missy) have four children and reside in Riverside. Eric is an accomplished musician and is embarking on his rabbinic journey after spending nearly two decades working in the non-profit world.

We're excited to have Student Rabbi Sbar with us throughout this and next year, and we look forward to the warmth and wisdom he'll bring to our congregation. Please make plans to attend one of his many Shabbat services or still to be determined programming sessions and help us offer him a warm and enthusiastic welcome!

Wishing you continued sweetness, health, and peace in the days and weeks ahead.

L'Shalom,

## Greg Weissman

Temple President

Board of Directors Meeting Thursday, October 16, 2025 7:00 pm All are welcome

Sisterhood Meeting Sunday, October 5, 2025 at 12:30 p.m.

## Treasurer's Report



Our wonderful Rosh Hashanah and Yom Kippur services have almost ended, but the holiday season continues. We celebrate Sukkot on Monday, October 6th at 6:00 p.m. with a potluck dinner in the Sukkah. Then on Tuesday

October 14th we celebrate the Torah and roll it back to the beginning! All are encouraged to join us on these two dates.

Thank you to eveyone who responded to our Kol Nidre pledge letters. We sincerely appreciate the generosity of our members.

I want to express my appreciation to so many that worked very hard to provide meaningful High Holy Days services: Greg Weissman for one again engaging Rabbi Birnham as our Guest Rabbi and for his leadership and presence on the bema throughout the High Holy Days; Rabbi Cantor Bern-Vogel for her many hours preparing for the services with Rabbi Birnham, Abe Fabella and our choir; Sisterhood, under the guidance of Ilene Mino for the Rosh Hashanah Kiddush and Yom Kippur Break-the-Fast; and Abe Fabella and our choir for giving us the music that touched our souls.

Finally, sincere appreciation to our temple staff: Lorraine Freeman and her crew of wonderful ladies for keeping our synagogue clean and making sure all our kiddush and holiday celebrations are delicious and beautiful; Robert O'Rourke for helping our garden grow and our landscaping look amazing; and to our Temple Administrator, Judy Filsinger, for her dedication and assistance at this very busy time.

Julie Strain jbstrain1130@gmail.com



Oneg Shabbat Hosts Needed for November and December

Contact Kathy Trainor at kdtrainor@msn.com or 909-659-35180

## Sisterhood Speaks



It was wonderful to see so many people at the Bagel Schmooz, S'lichot, and Rosh Hashanah. We hope you all enjoyed the beautiful Sisterhood Onegs and Kiddushes we shared. As is our tradition we will also sponsor a kiddush light lunch as

we break the Fast following Neilah on Yom Kippur. At this time of world turmoil, the more that we open our minds and make an effort to listen with the *intention* to understand before making judgments, the clearer and more nuanced the understanding between us may become. There are many people to thank for the blessings they shared with CEE, Sisterhood, and our community this past Rosh Hashanah:



Rabbi Cantor Jennifer Bern-Vogel and Rabbi Emeritus Cohn, for their ongoing guidance



Julie Strain and Judy Filsinger, for helping us pull the Sisterhood Directory together and being the cornerstones to a meaningful and beautiful holiday season.



All of the honey cake bakers and sweet contributors to our Onegs and Kiddushes



Jill Weissman and team for our Honey Greetings



Kerry Wolk, for blowing the Shofar at our September meeting



Kathy Trainor and Lisa Wise-Wolk, along with the Sisterhood Board for their dedication and love of Sisterhood.

I hope more of you will join us this year on Oct. 6th and 10th in the Sukkah; details in the Bulletin. Mah Jong has begun! Please join us on Thursday's at 1:00 or take a class with us on one of the Sunday mornings they are offered. Most importantly is the Paid-up Brunch Sunday Oct. 26th, *please RSVP by the 21st.* I hope EVERYONE will attend.

With Love & Respect, *Ilene Mino*, Sisterhood President

## From Our School for Jewish Living

Yay Fall! We greeted September with the shofar being blown by Kerry Wolk. The students were engaged and we all felt blessed. Many "Thanks" to Kerry and Lisa Wise-Wolk for their presentations. A student art exhibit is now posted in the Raynes Learning Center. Students were present for Havdalah and S'lichot on September 13th and helped change the Torah mantle-covers. We ended September with Tashlich by blowing away our misgivings with bubbles. Instead of going to the water we used bubble wands to send our misgivings or mistakes away. We used this as our way to remember, think about, and let go of our regrets. Our older students will learn part of the Vidui or confessions, which traditionally focus on the collective mistakes that we have made as a community. Admitting out loud what we have done wrong is part of the teshuvah process that helps us to grow and improve ourselves personally and as a greater community, as well as ask for forgiveness and be able to move forward with a plan to do better in the coming year. This is a meaningful practice to help us reflect and recognize how we are all part of a larger community and connected to Jewish people worldwide. Our students have been working on the sukkah decorations. When you look at the "Thankfulness-Chain" you will see over 100 reasons our students are thankful. Emerson, one of our students is collecting read-alouds and teen novels, to donate to those in need, for her Bat Mitzvah project. Books may be dropped off in the office. Gift cards, scrip, may also be donated and Emerson and Miss Ilene will shop for the needed books. (B&N).

Chaq Sameach! We love Sukkot and hope to see you under the sukkah,

Miss Ilene and Miss Karyn

September School Days



Sharing about upcoming Bat Mitzvah program



K'tanim



Thumbs Up for SJL!



Listening and Learning.



#### Mental Health Awareness in Action Knot Alone

Have you ever noticed a bracelet made of a purple and green ribbon knotted together? We haven't seen it yet. It's called "Knot Alone" and, as you might expect, it means something, and it's important. There are actually more than one "Knot Alone" programs out in the world, but we were focusing on the campaign started in May of this year by the World Health Organization. They are alarmed by the global loneliness problem and issued a full report in June, demonstrating how social disconnection impacts our health, and it's bad. Almost every aspect of good health is harmed by isolation.

In our country we have been concerned about elder loneliness for some time. It took a while to realize that young people, especially young men and boys, are seriously impacted. We might have noticed over in Japan something called *hikikomori*. That refers to extreme isolation, self-imposed, especially by young men, and it began to be recognized in the 1990's. Young Japanese withdraw from society, choosing to spend their lives in their rooms. It's like solitary confinement, except it's self-created. Their families feed them and take care of their needs, and they spend their time online, with social media.

We in the U.S. may be less extreme, but our young people are often choosing to spend their lives viewing their screens, finding them more enjoyable than interacting with real people in real activities. And they are lonely and unhealthy, mentally and physically.

We all need to talk with each other, eye to eye, and everywhere small initiatives have sprung up to bring us together. We need to express our personal thoughts and feelings to real human beings and make that special human heart contact, even soul contact. Also we recognize that girls tend to be better at forging those connections than boys. The male image of invulnerability, strength, power inhibits what they truly need – to express to others their fears, sadness, sense of purposelessness that they so often feel. But they keep quiet. And Black and Latino boys and young men seem to be the loneliest.

So, groups around the country try to bring them together to share their real feelings. We mention just one, started by New York Times columnist, David Brooks, at the Aspen Institute in 2018. It's called Weave: The Social Fabric Project. And as the young men involved express themselves to others, they are

encouraged to become "trusted social leaders" and help others. As they say, they "inspire more people to live the weaving way of life that values relationships as high as their own achievements."

So, let's knot together those green and purple ribbons and weave into the caring, connected way of life and values.

*Nancy Sidhu and Heidi Nimmo*, Co-Chairs, Mental Health Awareness In Action (MHAIA)

# In Memoriam זכרונו לברכה

We note with sorrow the recent deaths of or our members

## Louise Rosalynn Gorenberg June 3, 1932 - August 20, 2025

She is survived by her children Carol Gorenberg, Dr. Alan (Ladan) Gorenberg, Michael Gorenberg, Diane (Barry) Feigel and four grandchildren

She was predeceased by her husband Dr. Daniel Gorenberg

### G. Bud Charlick August 14, 1938 - September 3, 2025

He is survived by his beloved wife of nearly 65 years Judith Gail Charlick

his brothers Bob (Judy) Charlick, Bruce (Andi) Charlick

his children Shereen (Bill Cook) Charlick, Eric (Phanny) Charlick, and

and his grandchildren Eve Cook, Kaitlin Charlick, Kyle Charlick

He was predeceased by his daughter Eve Charlick

May their memories of the righteous be for a blessing



#### Join Sisterhood in October - Mark Your Calendars!



Sisterhood Out and About trip to Sherman Gardens and Library Corona Del Mar Wednesday, October 15th. Meet 10:00 A.M. in parking lot.

Cost \$18 (Lunch not included. Reservations at on-site restaurant already arranged).

Call the office to be included on list. Twelve spots are guaranteed and more can be added. Your payment to Sisterhood is your reservation.

(Still need more drivers.)

Wondering about Mahj Jong? Learn more!

Classes will start on October 12th from 10:30 a.m. - noon.

Four classes this Fall. Pre-register - \$72.00

by October 10th (Sisterhood in the Sukkah event);

walk-ins will be accepted: \$25.00 per session in cash only.

All supplies provided.



Erev Sukkot Service and "Bring Your Own" Picnic Dinner Monday, October 6th at 6:00 pm



Come shake your lulay!

#### **EVERYONE IS INVITED!**

Bring your own Sukkot "Picnic Under the Stars" dinner in the sukkah

Kiddush provided by Sisterhood

Simchat Torah and Consecration Service on Tuesday October 14, 2025 6:00 p.m.



Simchat Torah celebrates the conclusion of the reading of Deuteronomy and beginning of reading of Genesis. We will unroll an entire Torah scroll to see the inside.

EVERYONE is invited; family and friends, Jewish and non-Jewish, to come celebrate, see and learn about the Torah.

### Bat Mitzvah בת מצוה



Kate Dreifuss November 1, 2025

I feel fortunate to be celebrating my Bat Mitzvah because I know that a lot of people my age don't have this opportunity. I live in Big Bear Lake, California with my Mom, Dad, and Brother. My Brother is actually a firefighter in Tahoe, so he is home only part of the time, which makes his visits extra special. I've lived half my life in Orange County, but we moved to Big Bear Lake when I was seven. What was once our vacation home that we loved so much became the place we wanted to be all the time.

I attend Big Bear Middle School and I am in the 8th grade. I am also involved in several leadership programs at my school, which has taught me responsibility, teamwork, and how to make a positive difference in my community. Sports are a big part of my life as well. I play softball, volleyball, practice Jiu Jitsu/Kickboxing, ski, and more. In the summers, I attend Pali Adventures Camp, and one of my goals is to someday return as a camp advisor myself.

Looking ahead, I dream of becoming a travel nurse. I love to explore new destinations, and I want to pursue nursing because I want to help people and make a difference in their lives.

I am so excited to take this next step and become a Bat Mitzvah this year. I also want to give a special thank you to my Mom and Dad for helping me along the way and always supporting me.

## Sisterhood Directories were distributed during the High Holy Days.

While we aim for accuracy, errors still happen. Please notify the office of any needed corrections. If you did not get a directory, copies are available in the office.

## Schmoozing with Sisterhood





Stichot - Changing the Torah Covers

## SISTERHOOD GIFT SHOP

Yom Kippur will conclude soon.

Awe and introspection lead us to be inscribed for the New Year.

How will we change?

How to bring more of our faith into our lives, families and homes?

Your Sisterhood Gift Shop has Mezzuzahs for your door posts. Kiddush cups, candles, candlesticks for your Shabbats.



Create or add to your Friday evening meal experience with the easy, trifold, laminated Shabbat Table Card. Transliterated and translated it includes the Blessings for Candlelighting, our Children, our Partners, for wine (Kiddush) and bread (Motzi).

Yes, we know you can **order** so many things via the *internet*, including *Judaica*.

Doing so **does not help Sisterhood support your child attending our SJL**.

Ordering online does not help CEE Sisterhood to continue supporting congregational activities.

Purchasing gifts, books and Judaica in your gift shop does.

**Becoming a Sisterhood member** also provides much of the support needed for all that your CEE Sisterhood does. If you have not yet done so, isn't it time? **NOW!** 

Please contact Lisa Wise-Wolk at 909-723-3238 or Barb Smith at 909-801-4436

# Happy Birthday!!! יום הולדת שמח

We rejoice with those whose birthdays occur in October and wish them a Mazal Tov:

1-October	Debbie Schwartz	18-October	David Cohen
1-October	Francisco Acevedo	19-October	Zeeda Nierman
5-October	Ira Vogel	21-October	Emily Beasley
7-October	Davis Wilkie (8 years old)	25-October	Vickie Becker
9-October	Kat Grossman	25-October	Monica Macedo-Calderon
9-October	Claudette Guy	26-October	Ann Sheppard
10-October	Lillian Gaunt	30-October	Philip Berger
15-October	Phyllis Newman		

## Happy Anniversary!!!

We extend a hearty *Mazal Tov* to the following whose wedding anniversaries occur in the month of October:

1-October Deanna & Mark Levin 26-October Nancy & Dip Sidhu



## We Gratefully Acknowledge

We gratefully acknowledge these contributions to our various temple funds:

#### TEMPLE FUND

In observance of the Yahrzeits of...

Lenore Schon by Jill Schon Dole and William Dole
Solomon Eskin by Joyce and Barry Eskin
Avigdor Etzioni by Leah Etzioni
Jean Teitelbaum by Leah Etzioni
Bertha Goldschlager by Harriet Herman
Rachel Goldstein by Carol Press Pristoop
Edward Joseph by Carol Press Pristoop

Irving Moss by Gloria Snyder

 $In\ memory\ of...$ 

G. Bud Charlick by Margie Orland

#### CHERRIE LUBEY SISTERHOOD FLOWER FUND

In observance of the Yahrzeit of...

Richard Altheimer by Nancy Darling
Frank Soltz by Leslie and William Soltz

On occasions of joy or sorrow a contribution to one of our Temple or Sisterhood funds is always appropriate.

Contribution can be made to the following funds:

Temple Fund
Home of Eternity Cemetery Fund
Rabbi Cantor Bern-Vogel Discretionary Fund
William Russler Memorial Archives Fund
Leone Hyman B'rit Olam Fund
\*Cherrie Lubey Sisterhood Pulpit Flower Fund

School For Jewish Living Fund
Lionel Heller Music Fund
Landscape Fund
Temple Security Fund
Gloria Cutler Meal of Condolence Fund
\*Rabbi Hillel & Rita Cohn Campership Fund

\*Sisterhood Funds - donations payable to Sisterhood

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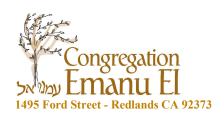
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following Yahrzeits will be observed during the month of October: Those with a (\*) are inscribed on the Wall of Perpetual Memorial:



#### Rabbi Cantor Jennifer Bern-Vogel Hillel Cohn, Rabbi Emeritus

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School for Jewish Living: sjl@emanuelsb.org

Rabbi Emeritus Hillel Cohn: 909-771-6178 / rabbihcohn1@cs.com

Judy Filsinger, Temple Administrator: 909-307-0400 / templeadmin@emanuelsb.org

Our website: www.emanuelsb.org

Greg Weissman, President • Scott Wilkie, Vice President • Julie Strain, CFO • Sidra Knox, Secretary Immediate Past President, Paul Zipperstein Ilene Mino, President, Sisterhood Steven Becker, Member-at-Large

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#### Member, Union for Reform Judaism (URJ)

#### THE BULLETIN - CONGREGATION EMANUEL

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