

DECEMBER 2024

CHESVAN - KISLEV 5785

VOLUME LIV - NUMBER 3

SHABBAT CELEBRATIONS SERVICES ARE AVAILABLE ON ZOOM

SECURITY PROVIDED AT ALL IN PERSON SHABBAT SERVICES UNTIL FURTHER NOTICE



Friday - December 6, 2024 - 6:30 p.m. Led by Cantor Bern-Vogel Oneg hosted by Michele and Paul Zipperstein in honor of Paul's and Leah's birthdays Saturday - December 7, 2024 Torah Study - 9:15 a.m. <u>Shabbat Morning Service - 10:00 a.m.</u> Led by Cantor Bern-Vogel -Parashat Vayetzei - פרשת <u>וו</u>צא - Genesis 28:10-32:3 Haftarah - I Samuel 19:11-18



Friday - - December 13, 2024 - 6:30 p.m. Led by Paul and Michele Zipperstein Oneg hosted by Simcha Andrewin in honorof her children and grandchildren Saturday - December 14, 2024 Parashat Vayishlach - פרשת וושלח - Genesis 32:4-36:43 Haftarah - Amos 1:1, 1:11-2:3



Friday - December 20, 2024 - 6:30 pm Led by Cantor Bern-Vogel Oneg Shabbat hosted by Jill and Greg Weissman in honor of daughter Sydney's birthday and Ethel McAfee's birthday Saturday - December 21, 2024 <u>Shabbat Morning Service - 10:00 a.m. -</u> Led by Cantor Bern-Vogel Parashat Vayeshev - פרשת וַיֵּשֶׁר - Genesis 37:1-40:23 Haftarah - Judges 7:9-20



Friday - December 27, 2024 - 6:30 pm Led by Cantor Bern-Vogel Oneg Shabbat hosted by Amy Ellison in memory of her mother, Elka Ellison's birthday Saturday - December 28, 2024 Torah Study - 9:15 a.m. <u>Shabbat Morning Service - 10:00 a.m.</u> Led by Cantor Bern-Vogel -Parashat Miketz - פרשת מַקַץ - Genesis 41:1-44:17 Haftarah - Zechariah 2:14-4:7





Cantorial Comments

Hanukkah = Dedication, Education



We are at the end of another secular year; for our congregation, it has been a year of growth with our children and young families, nurturing relationships with long-time members and figuring out new ways to go forward with the many challenges we face as we

conclude this first quarter of the 21st century.

A great part of our cultural tradition is the preservation of memory. While anti-semitism was always part of the 'terrible past', it has been rising once again, especially since October 7, 2023; we have been forced to deal with even more complicated issues of security related to our Jewish presence in the world and our relationship with Israel.

We have had a series of guests and speakers throughout the year: an emotionally charged presentation in January led by IDF Reservist, Lieutenant Colonel Amit Grinfeld. In September, Grinfeld joined us again with his articulate and knowledgeable colleague, disabled vet, Major Ilan Shulman, to present a clear picture of the Propaganda War. In November, the organization, 'Voices of October 7', brought us Nova survivor, Sagi Gabay.

We were blessed to have welcomed those voices from Israel this past year. What about our voices as Reform Jews in America, struggling to preserve our moral conscience, maintain our deep connections and love of Israel, as well as support our Jewish students on campuses?

We are fortunate to be able to welcome Two Rabbis on the Cutting Edge of Liberal Zionism, leaders of the J-Street Rabbinical and Cantorial Cabinet, **Rabbi John Rosove [Emeritus Temple Israel of Hollywood] and Rabbi Susan Leider [formerly of Beth Am in Los Angeles, currently Visiting Rabbi at Congregation Adath Jeshurun in Louisville, KY]**.

Rabbis Rosove and Leider will discuss CURRENT THINKING FOR AMERICAN REFORM JEWS AND LIBERAL ZIONISTS. <u>Please</u> join us for this important Zoom Dialogue: Dec 4 – 6:30-8pm.

In this month of increased darkness, the shortest days of the year, we draw upon the tradition of increasing the amount of light by adding a candle each night of Hanukkah until all eight are lit at once. As the lights of our Hanukkiah become brighter each night, may our deeds too increase the light, kindness, love and charity from each of our homes to shine brightly and miraculously throughout the world.

CHAG HANUKKAH SAMEACH

Cantor Jennifer Bern-Vogel

Presidential Perspectives



As we stand on the threshold of a new secular year, I feel a deep sense of gratitude for all that we have shared as a community this past year, and all the good that lies ahead for our Congregation.

Our sanctuary and social hall was filled for the Redlands

Area Interfaith Thanksgiving Celebration. This once a year service highlights the common bonds that weave together our community. I was proud that Congregation Emanu El once again hosted this annual event.

As every year, Thanksgiving offered us a time to pause and reflect on all the blessings we have before us as we work toward hopefully a more peaceful and prosperous world.

Our School for Jewish Living continues to grow and thrive under the direction and diligent work of Ilene Mino. Congregation Emanu El is once again enjoying financial stability as we continue the search for a full-time rabbi. And, the City of Redlands has formally approved a new parameter fence that will be installed on our temple campus. Construction is scheduled to begin in December and will go a long way to help secure and protect our congregants and temple campus.

I'm proud to say that our congregation is made up of many inter-faith families. This year Hanukkah begins on the evening of December 25 and ends on January 2, 2025. This is the first time in recent memory that Hanukkah directly collides with Christmas. For families who observe both holidays this can be a challenging time, or perhaps an opportunity to find new and creative ways to celebrate the wonderful diversity we now see in many households.

We will gather to light the Hanukkah candles on Wednesday December 26 at Ed Hales park on State Street in downtown Redlands. Bring your menorah and candles as we celebrate, as a congregational family, the Festival of Lights.

May this holiday season and new year bring blessings of health, happiness, and peace to you and your loved ones. May we all find the strength and courage to be the best versions of ourselves, and may our community continue to thrive, united in purpose and in faith.

Be well. Greg Weissman

Treasurer's Report



Our turkey drive was very successful. Thank you to everyone for their donations. They were very much appreciated and needed at this time of year. In other financial news, we had a successful Kol Kidre Pledege

drive and despite increased expenses for insurance and utilities, are finances are stable.

Hanukkah is later in December this year, and ends in January! Please join us at two special Hanukkah events. "Light Up the Night" menorah lighting will be December 26th at 5:00 p.m. on State Street in Redlands. Also, plan on being at Sisterhood's Latke Lunch on Sunday, December 29th where our head latke fryer Stephen Lehmann will be making fresh hot latkes!

The end of the year is fast approaching! Please remember that all donations and contributions made to the Temple for dues are tax deductible. So be sure to get donations and dues to the Temple by December 31, 2024!

I wish everyone a very Happy Hanukkah and a good December as we close out 2024 and look forward to a new year.

Julíe Straín

jbstrain1130@gmail.com



Sisterhood Speaks



I cannot believe my calendar; we are near the end of 2024 and Chanukah is on its way. Our Sisterhood has started with the help of Lisa Wise-Wolk and Barbara Smith, to set up the "Sale of the Year" in our Gift Shop.

We are ready to provide everyone perfect Chanukah presents and decorations at a discount price. The sale will begin on December 8th and go to the 15th.

Then on December 26th our congregation will be at the Ed Hales Park on 5th street and Redlands Blvd. in downtown Redlands, lighting up every menorah and candles that everyone brought. We sing the prayers together and enjoy each others' company. It is a magical moment;.much like a huge family reunion. It is loving and you can see families sing and hug each other.

Then the last Chanukah event will happen on December 29th at the Chanukah Sisterhood Lunch. It will be filled with of course Latkes, sour cream and applesauce, and so much more.

The last item that I want you to know about is the Mahjong Tournament on February 17th, Presidents' Day. It will be Sisterhood's Fundraiser with of course Mahjong, a continental breakfast, a wonderful lunch and a silent auction. More information will be provided to you as we get closer to this event.

So, right now I want to wish you a wonderful Chanukah and a great New Year.

Take care,

Deborah Schwartz Sisterhood President



DECEMBER 2024

From Our School for Jewish Living

November was a short month yet filled with ideas and talks about mitzvot, gevurah, and tzedakah. We read "Estie the Mench" to help guide our discussions and connect to our values on a personal level. Gevurah reminds us to love God, love our neighbor, and love the stranger. We listed ways we could show kindness, love, and respect to others. We also discussed deeper aspects of tzedakah: Tzedakah as justice, fairness, and giving from the heart while **helping to** make a difference. We had fun with art, music, activities, and most of all Gaga! We collected seeds to send to the Gamiel family in Israel. In December we will read stories about role models in Jewish history, including the Maccabees, and make connections to the survival of our ancestors through their inner strength. We will share with our students the knowledge that our families can give us the strength to be courageous, as well as the support to solve problems.

Best Wishes for this Holiday Season,

With Love, Miss Ilene & Miss Karyn







Mental Health Awareness in Action Eating disorders

When Nancy was a child in Connecticut, her family had a good family doctor, in an era when many of us had 'family doctors.' He often came to the house, even to give vaccines, which Nancy did not like at all. As she grew up, she learned that their doctor's teen-age daughter had died. How? Incomprehensibly, she had starved to death. It was too shocking. How was it possible that an excellent doctor

would let his daughter starve? No one would discuss any details with young Nancy, and she's been pondering it since.

But in more recent decades. We have heard more and more about mental disorders that are eating disorders. At first, the whole idea seemed barely believable. Yet they were real. Probably none of us would disbelieve it now. And starvation is a known and dreaded outcome.

The doctor's daughter probably had anorexia nervosa, an extreme avoidance of eating. It can take different forms, but the National Institute of Mental Health says that it produces an "extremely high death (mortality) rate compared with other mental disorders." Often issues that are caused by starvation are the culprit, but other times suicide brings about the death.

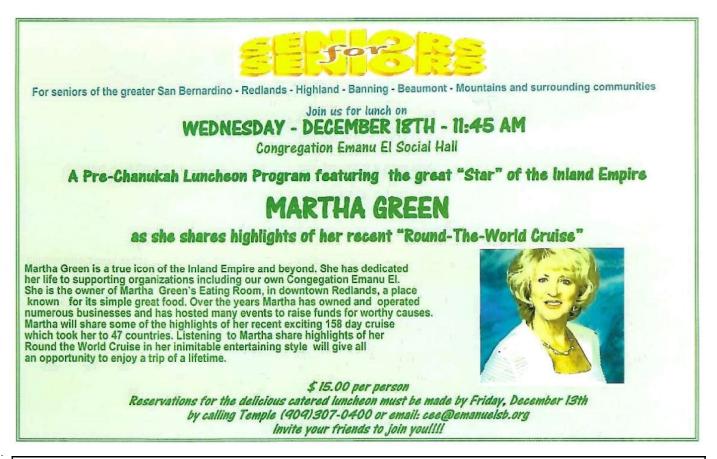
Although people of all ages and genders can have anorexia nervosa, it tends to be more common among teens and young adults. There seem to be some genetic component as it tends to run in families, but biological, behavioral, psychological, and social issues are also involved. And scientists are just trying to work out treatments for it. They recommend things like psychotherapy and nutritional counseling, or medications to treat often accompanying problems like depression and anxiety.

Heidi learned of anorexia nervosa in college and was heartbroken when the beautiful and gifted pop singer Karen Carpenter succumbed to it despite treatment. It seems easy to address—just eat! But like finding a solution for any serious mental health condition, simplicity is not part of the equation.

The impression we have of eating disorders is that a lot more research needs to be done before these frightening diseases find good paths to recovery. In the doctor's daughter's time, everything was hushed by stigma and ignorance. Even a doctor, a good one, couldn't save his child.

We share this column each month to keep mental health in the forefront of our minds. This is our effort to end the stigma!

Nancy Sidhu and Heidi Nimmo, Co-Chairs, Mental Health Awareness In Action (MHAIA)



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CURRENT THINKING OF AMERICAN REFORM JEWS AND LIBERAL ZIONISTS & J-STREET LEADERS Two Rabbis on the Cutting Edge Rabbi John Rosove and Rabbi Susan Leider December 4, 2024 at 6:30 p.m. - 8:00 p.m. ZOOM ONLY (Connect through Zoom Link at www.emanuelsb.org)



John L. Rosove is Senior Rabbi Emeritus of Temple Israel of Hollywood in Los Angeles where he served from 1988-2019, a past national chairman of the Association of Reform Zionists of America representing 1.5 million American Reform Jews, and a former national co-chair of the Rabbinic and Cantorial Cabinet of J Street. He is the author of From the West to the East – A Memoir of an American Liberal Rabbi (Fresno: West to West Center, 2024), Why Judaism Matters — Letters of a Liberal Rabbi to his Children and the Millennial Generation (Nashville: Jewish Lights, 2017), and Why Israel and its Future Matters — Letters of a Liberal Rabbi to the Next Generation (New Jersey: Ben Yehuda Press, 2023 2nd edition). He is the co-editor of *Deepening the* Dialogue – Jewish Americans and Israelis Envisioning the Jewish-Democratic State (New York: CCAR Press, 2020, in Hebrew and English). He writes a regular blog at www.rabbijohnrosove.blog and a blog at The Times of Israel. He lives in Los Angeles with his wife and has two sons, daughter-in-law and two grandchildren.

Rabbi Susan Leider is a co-chair of the J Street Rabbinical and Cantorial Cabinet. She currently serves as a Visiting Rabbi at Congregation Adath Jeshurun in Louisville, KY.

She is also clergy coach and guides Jewish organizations with Insyte Partners, an international transformation consultancy, and she enjoys leading virtual meditation for the Institute for Jewish Spirituality.

She was a leader on the Clergy Council of Roots, a unique network of Palestinians and Israelis living in the West Bank and is a past board member of the Industrial Areas Foundation, the nation's largest network of local faith and community-based organizations.

She currently serves on the Executive Council and the Joint Placement Commission of the Rabbinical Assembly, and is an active participant in their Racial Justice and Progressive Zionists Groups.

Together with her husband Jeff, they are parents to Jessie, Sarah (Max), and Talia and grandparents to Norah Sage and Ember June.



DECEMBER 2024

Hanukkah Blessings

Candles are added to the *hanukkiyah* (menorah) from right to left but are kindled from left to right. The newest candle is lit first. On the Shabbat of Hanukkah, kindle the Hanukkah lights first and then the Shabbat candles.

Light the shamash (the helper candle) first, using it to kindle the rest of the Hanukkah lights. As you do, say or sing:

ַבָּרוּדְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם, אֲשֶׁר קִדְּשְׁנוּ בְּמִצְוֹתָיו, וְצִוְנוּ לְהַדְלִיק וֵר שֶׁל חֲוֻכָּכָּה.

Baruch atah, Adonai Eloheinu, Melech haolam, asher kid'shanu b'mitzvotav v'tsivanu l'hadlik ner shel Hanukkah.

Blessed are You, Adonai our God, Sovereign of all, who hallows us with mitzvot, commanding us to kindle the Hanukkah lights.

בָּרוּדְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם, שֶׁעָשָׂה נִסִּים לַאֲבוֹתֵינוּ וְאִמוֹתֵינוּ בַּיָּמִים הָהֵם בַּזְּמַן הַזֶּה.

Baruch atah, Adonai Eloheinu, Melech haolam, she-asah nisim laavoteinu v'imoteinu bayamim hahaeim baz'man hazeh.

Blessed are You, Adonai our God, Sovereign of all, who performed wonderous deeds for our ancestors in days of old at this season.

For first night only:

בָּרוּדְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם, שֶׁהֶחֶיָנוּ וְקִיְמָנוּ וְהִגִּיעָנוּ לַזּמַן הַזֶּה.

Baruch atah, Adonai Eloheinu, Melech haolam, shehecheyanu v'kiy'manu v'higiyanu laz'man hazeh.

Blessed are You, Adonai our God, Sovereign of all, who has kept us alive, sustained us, and brought us to this season.

Hanerot Halalu

We kindle these lights because of the wondrous deliverance You performed for our ancestors. During these eight days of Hanukkah, these lights are sacred; we are not to use them but only to behold them, so that their glow may rouse us to give thanks for Your wondrous acts of deliverance.

ReformJudaism.org

Jewish Life in Your Life

From Mishkan T'filah, CCAR Press, New Yor



DECEMBER 2024

SISTERHOOD GIFT SHOP

We know you said thanks for all you had at Thanksgiving recently. Did you remember to thank your synagogue community and your Sisterhood Judaica Gift Shop?



Now is the time to prepare for Hanukkah!

The Gift Shop 20% off Hanukkah Sale starts on Sunday Dec. 8th during SJL. (20% discount applies to items over \$10.00)

The sale continues, including SJL on the 15th and the Senior Luncheon on the 18th.

Menorahs, toys, decorations, candles, jewelry and home decor are all here for your family and friends.

Gift certificates are available so your special person or people can shop for themselves.

Call the office (909-307-0400) to make an appointment with Gift Shop volunteers if you need to shop at times other than during SJL.

Your Sisterhood Gift Shop Team

CONGREGATION EMANU EL – FUNDRAISING WITH SCRIP PROGRAM SCRIP IS PERFECT FOR HOLIDAY GIFTS!

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Raise funds by buying gift cards from RaiseRight to pay for your everyday shopping and spending year-round. Groceries, dining out, home improvement, and everything in between. It's the most convenient and effective way to fundraise because earning becomes part of your everyday life. Plus, gift cards are great for helping you to set and keep a weekly budget. It's never been easier to create opportunities for what matters most to you. No extra money spent. No extra time wasted.

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Create a free fundraising account on the RaiseRight mobile app or at RaiseRight.com.

Congregation Emanu El - Our Enrollment code is 477F26554739.

Have questions? Contact: Julie Strain at scrip@emanuelsb.org.

Happy Birthday!!! יום הולדת שמח

We rejoice with those whose birthdays occur in November and wish them a Mazal Tov:

- 3-December Emerson Poulin (12 years old)
 5-December Paul Zipperstein
 5-December Judson Carbaugh (3 years old)
 7-December Laura Fenster
 9-December Mary-Lynn Stough
 16-December Judith Smith
 16-December Holden Becker-Kurily (5 years old)
 17-December Roy Nierman
- 18-December Neil Brown
 18-December Nancy Sidhu
 19-December Ethel McAfee
 23-December Norman Hanover
 24-December Elise Wilkie (9 years old)
 25-December Lisa Wilkie
 30-December Shauna Van Horn
 30-December Derek Hyman

Happy Anniversary!!!

We extend a hearty *Mazal Tov* to the following whose wedding anniversaries occur in the month of November:

1-December Lori & Gary Fenster25-December Judith & G. Bud Charlick25-December Rita & Rabbi Hillel Cohn29-December Jerry & Lynn Mathews



We Gratefully Acknowledge

We gratefully acknowledge these contributions to our various temple funds:

TEMPLE FUND

In observance of the Yahrzeits of... Martin Phillip Lebowitz by Nancy Justice Ella Sherman by Shelley and Barry Silver Lillian Rhein by Linda and Peter Rhein David Nickel by Karen and Stephen Levine Herbert Lubell by Jeffrey Lubell SPC Jacob Fletcher KIA Iraq by Vickie and Steve Becker Lt. David Bernstein KIA by Vickie and Steve Becker Sophie Peters by Shauna and Walt Van Horn Leslie Levine by J. Charles Levine Thomas McAfee by Ethel McAfee Max Hanover by Marsha and George Hanover Their parents by Nancy and Dip Sidhu

In Memory of ...

173rd Airborne Brigade Paratroopers and 10th Group Special Forces Green Berets KIA Afghanistan and Iraq by Vickie and Steve Becker

CHERRIE LUBEY SISTERHOOD FLOWER FUND

In observance of the Yahrzeit of... Tobi Lefton by Lisa Wilkie

CANTOR'S DISCRETIONARY FUND

In observance of the Yahrzeit of... **Judge Christy Donenfeld** by Jay Donenfeld

LEONE HYMAN MEMORIAL B'RIT OLAM FUND In observance of the Yahrzeit of... Sgt. David Roten, Jr. A-Team 043 KIA by Vickie and Steve Becker

In memory of ... **Leone Hyman** by Jill Hyman Arnstein and John Arnstein

Yahrzeits

The following Yahrzeits will be observed during the month of December: Those with a (\diamondsuit) are inscribed on the Wall of Perpetual Memorial:

December 6-7	December 13-14	December 20-21	December 27-28
 	 ★H. Ted Bial ★Dr. Theodore Cohen ★Rose Doros Lucille Druker 	 	 ☆Robert Abelsky ☆Joseph Alpert Itzik Blumen ☆Rebecca Finkler
 ☆Sarah Blumenthal ☆Hymen Blumenthal ☆Esna Cohen ☆Josephine Coleman ☆Arnon Michael Dotan 	Ann Gilbert Sylvia Gilon	 本Rose Ernstein 本Pauline Forman 本Isabel Helfman Hal Herman Tillie Hill 	Kathryn Gootel ☆Samuel P. Halpern ☆Melville D. Harris ☆Samuel Haydis ☆Ralph Hertz
 本David Kennedy Ellman 本Jack H. Fremland 本Leslie I. Harris ★Kate Hirsch ★Geraldine Kronick 	 本Louis Helfman ★Robert Kaplan ★Arnold F. Levine ★Aaron Adler Meyers Elaine Nussbaum 	 本Dr. Abram Hodes Calvin Leidner ☆Max Moschel ↓Jean Moss ☆Richard Pick 	Mildred Hiller
 Morrie Krupnick Roger Philip Krupnick Jack Murray Lampel Lena Marcus Benjamin Emil Nordman 	 ☆Sophye Outevsky ☆Edward Philipson Samuel Schwartz ☆Alyce Sentob Friedenberg ‡Joan Elizabeth Simon 	 <i>↓</i>Jack Douglas Rouse <i>↓</i>Gussie S. Rouse <i>↓</i>Jacqueline Q. Russler <i>↓</i>Nathan Sabbath <i>↓</i>Victor Safford 	 ☆Maxine Esther Lerner ☆Esther Levin ☆Decie Pollen Londoner ☆Betty Paula Lytle ☆Lester Meyer
 ★Leon Penso ★Philip Henry Philipson ★Lester Pollen Alex Rudd Edna Schnitzer 	 ☆Abram Sosnowicz ☆Hyman Weisser ☆Caroline Wolfenson Max Yaffe 	 ☆Dr. Gary Schwartz ☆Harry Selwyn ☆Annette Shane ☆Mr. Richard Simon ☆Rosalind Skolnek 	
 ☆Alan G. Schwartz ☆Irving Sidney Schwimmer Dr. Robert Allen Soltz ☆Rebecca Steinberg ☆Dr. Jacques Zagha 		 ☆Avrum Sperber Robert Sukenik ☆Jerome Swedlove ☆Bessie M. Uffer Wally Warmbrand 	Yetta Schwartz ☆Anna Vitsky Sol Wallach ☆Murray Weintraub
• Di sucques Lugnu		 ↓ Jacob Wayman ↓ Rabbi Bernard Zeiger 	



Cantor Jennifer Bern-Vogel Hillel Cohn, Rabbi Emeritus

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