

AUGUST 2023 AV - ELUL 5783 VOLUME LII - NUMBER 12

SHABBAT CELEBRATIONS

All services scheduled to be In Person; Zoom services to be determined pending tech support SECURITY PROVIDED AT ALL IN PERSON SHABBAT SERVICES UNTIL FURTHER NOTICE



Friday - August 4, 2023 - 6:30 p.m.

Led by Cantor Bern-Vogel

Oneg Shabbat hosted by Kathy and Dan Trainor

Saturday - August 5, 2023

Torah Study - 9:15 a.m.

Shabbat Morning Service - 10:00 a.m.

Parashat Eikev - פרשת עַקב - Deuteronomy 7:12-11:25

Haftarah - Isaiah 49:14-51:3



Friday - August 11, 2023 - 6:30 p.m.

Led by Cantor Bern-Vogel

Honoring our high school seniors heading off to college

Oneg Shabbat following services

SaturdayDeuteronomy 21:10-25:19 - August 12, 2023

Torah Study - 9:15 a.m.

Shabbat Morning Service - 10:00 a.m.

Parashat Re'eh - פרשת ראה - Deuteronomy 11:26-16:17

Haftarah - Isaiah 54:11-55:5



Friday - August 18, 2023 - 6:30 pm

Led by Cantor Bern-Vogel

Oneg Shabbat hosted by Cantor Bern-Vogel commerating what would have been her mother Marianne Bern's 101st birthday

Saturday - August 19, 2023

Torah Study - 9:15 a.m.

Shabbat Morning Service - 10:00 a.m.

Parashat Shoftim - פרשת שופטים - Deuteronomy 16:18-21:9

Haftarah - Isaiah 51:12-52:12



Friday - August 25, 2023 - 6:30 p.m.

Led by Cantor Bern-Vogel

Oneg Shabbat hosted by Ilene Mino

Saturday - August 26, 2023 - 10:00 a.m.

Torah Study - 9:15 a.m.

Shabbat Morning Service - 10:00 a.m.

Parashat Ki Teitzei - פרשת כי־תצא - Deuteronomy 21:10-25:19

Haftarah - Isaiah 54:1-10



Cantorial Comments



And just like that – it's August and it's time to 'return' as the High Holy Days are nearly upon us! How do YOU prepare for Rosh Hashanah and Yom Kippur? Is it about the menus? Trying out new recipes? The guest list? A brand-new outfit for services? What does it mean to you to 'return'? What about the spiritual connections?

As you know, clergy, choir and staff need a good amount of time to prepare. Even though we do this every year, we are always fine-tuning; the logistics, the

information that goes out, sermons and of course, the music. We might choose to do a different arrangement for the same prayer or highlight a special part of the liturgy from the *Machzor* [the High Holy Day prayerbook]. During COVID, we had tremendous challenges with technology, trying to create the best virtual experiences we could. Now, we are back in the synagogue and while the variants are still around, we look forward to carefully seeing one another again in person!

We began our music rehearsals in June with Dr. Lois Musmann leading our High Holy Day choir with at least four additional singers from her chorus, Musica Viva, who will be joining us this year; for that we are most grateful.

The spiritual month of ELUL that prepares us for Rosh Hashanah begins on Friday, August 18 [1 TISHRI]. Prior to services, I will be holding an ORIENTATION meeting for any and all **prospective conversion students** at 5:30 pm. Regular classes will commence following the High Holy Days.

In the spirit of ELUL – an acrostic for *Ani Dodi V'dodi Li* – I am my beloved's *and my* beloved is mine – may we enter this season of spiritual reconnection with God, with one another and our own souls, and with renewed strength and blessings,

Cantor Jennifer Bern-Vogel





Thank you to Rabbi Hillel Cohn and Lisa Wise-Wolk for leading our Shabbat services in July while Cantor Bern-Vogel was on vacation. We very much appreciate your time and commitment to our congregation.

Presidential Perspectives



We live in troubled times. Social media puts us in touch with things happening all over the world and it puts a big spotlight on our country as many look to America for its leadership. As we drill down to local

issues, we come to the issue of the homeless. It is a problem that many are working on but few have solutions. I was in San Diego recently and noted, in several locations, large camps of homeless similar to what I have seen in Los Angeles, San Bernardino, and Redlands. While I don't have a solution, I can say that this issue has now affected our Home of Eternity Cemetery and Mausoleum located in San Bernardino. Our mausoleum has been significantly damaged by vandals whose intent was to steal the bronze name plates from the crypts and niches as well as any that may be on headstones in the cemetery.

While no crypt contents were disturbed, there was some disturbance to cremated remains that we are dealing with at this time. The damage to the mausoleum is about \$200,000. staggering to me that anyone could do something like this to get the two dollars that a name plate would bring at a metal yard. The Home of Eternity Board of Managers, with the assistance of Rabbi Emeritus Hillel Cohn, is working with San Bernardino city officials, police, and others to determine what can be done to resolve this tragedy. We have engaged private security, at significant cost, to prevent further damage. You may see requests for donations and we hope you will be as generous as you can. We expect to be reimbursed, to some degree, by insurance but it will not cover all costs to repair. The name of our Congregation is Emanu El which means 'G D is with us'. I pray that G D continues to be with us and guides us through these difficult times.

B'Shalom.

Paul Zipperstein

Treasurer's Report



September is right around the corner; we will soon be celebrating the High Holy Days and welcoming our students back to the School for Jewish Living.

Parents will be receiving registration information the

first week of August.. Ilene Mino and Karyn Lehmann, our SJL teachers, have been making plans for the upcoming school year, including a "Jump Start" Open House on September 10th.

The Board of Directors has approved returning to the previous practice of issuing tickets for High Holy Days to all members in good statnding, meaning all dues and fees have been paid and there are no outstanding balances as of June 30, 2023. If you have an outstanding balance on your account you must make arrangements to pay your balance before High Holy Day tickets can be issued. I am available to discuss any arrangements necessary to assist you.

As always, I encourage any member to reach out to me to discuss any concerns they may have regarding their dues obligations. We NEVER deny membership based on dues. If you have any questions, contact me at 951-317-2003 or jbstrain1130@gmail.com.

Julie Strain

jbstrain1130@gmail.com

Board of Directors

Thursday, August 17th 7:00 pm All are welcome

Sisterhood Board Meeting Sunday August 13, 2023 10:00 a.m.

From Our School for Jewish Living

School for Jewish Living Time to Register!

This year the School for Jewish Living will be led by Ilene Mino and Karyn Lehmann. K'tanim will be held every other week, starting on October 1st, with Miss Karyn as their teacher.

Continuing with themes from last year, 1st - 6th will be taught by Miss. Ilene. In addition, we are having an Open House on Sunday, Sept. 10th from 10:00 - noon.

K'tanim is returning to Congregation



"JUMP START!" Sunday, September 10th

Get a "Jump Start" on the Jewish New Year with CEE School for Jewish Living. This is an Open House type morning:

Parents & Children

Sign up for events

Make decorations

Play games

Get ready for Rosh Hashana

Emanu El for ages 3-5

(Children must be toilet-trained)

Students will enjoy a preschool curriculum taught by Karyn Lehmann Join the fun and learn about: Our Jewish Values, Holidays, Story Time, Music, Art & Camp; Most of all play-time with friends.

See you in September!
Miss Ilene and Miss Karyn

Sisterhood Speaks



Summer is in full swing and I hope that everyone is staying cool and enjoying the long days. I would like to start by thanking Leslie Soltz for stepping in as acting Sisterhood President when Kimberly moved away. Leslie has always been there to support Sisterhood, and as her 3rd round at the presidency

comes to a close, I offer my sincere thanks.

Sisterhood has been working hard to fill out our Board of Directors, and would love to have some new faces join us! If you are interested in being a part of the lifeblood of our congregation, please feel free to contact anyone of us in Sisterhood leadership. I am certain that we can put your skills to use!

Keep your eyes open for your membership packet arriving this summer as well as an invitation to participate in Honey Greetings! Yes! Elul is right around the corner, followed by S'lichot, Rosh Hashanah, Yom Kippur, Sukkot and the start of SJL!

Sisterhood will be sponsoring a bagel schmooze on September 10th in conjunction with the jump start of SJL.

This year SJL will include the little ones! K'tanim (pre-school) will be offered this year 1 or 2 times a month. If you have little ones or know of someone with little ones that would like to be a part of this make sure they come on September 10 to assess parent needs and participation. I look forward to getting back in the classroom after so many years.

For the High Holidays this year, if you would like to sponsor the flowers for either or both HHDs please let the office know. This is a great Mitzvah and honor.

As always, Sisterhood will be hosting break the fast after Yom Kippur.

Oneg hosting opportunities are always available and are a lovely way to honor a milestone or loved one. Contact Sisterhood if you would like to host.

This year will have more Sisterhood Shabbats! We are excited to lead our tribe in celebration and learning.

I would be remiss not to note the great loss that Sisterhood, and the community, suffered with the passing of our sister and friend Paula Kaye. She leaves a big hole in our hearts and on our Sisterhood board, but she has left her successor with a clearly marked, and color coded path. May her memory be a blessing.

Sisterhood board meetings are noted in the Temple calendar, and all are welcome! If you would like to be included in updates on sisterhood happenings make sure to reach out to be put on the mailing lists.

In Sisterhood, **Karyn**Sisterhood President



Mental Health Awareness in Action

Lima Hospital for the Criminally Insane

Many of us have heard about so-called mental hospitals for people who have committed serious crimes and were deemed incapable of standing trial. There are stories about the brutal, cruel treatment that was doled out to the inmates. Too many of those nightmarish stories were true.

The Lima Hospital for the Criminally Insane in Ohio was one of those places of horror. It opened in 1915 and closed in 2004. Most of those years there were no redeeming features of life; there wa no actual treatment for mental illness.

Then one day in the 1970's a social worker decided to try something that might help the inmates. He couldn't control the guards and their behavior toward the inmates, but he himself loved animals and thought animals brought out good things in people. He had an idea to bring animals into the hospital. What he saw amazed him and amazed others.

The idea first came to him when visiting one of the wards – the inmates didn't have private cells or rooms. He noticed one of the men taking out a shoebox from under his bed. There was a cockroach inside, and what surprised him was the man was taking care of it. He claimed it was "my best friend." Months later he saw inmates sneaking bread from the eating hall and taking it back to their ward - they were feeding an injured sparrow. They were cooperating with each other, instead of being hostile and avoiding each other, as was usual.

Somehow the social worker persuaded the authorities to let him bring in some parakeets in cages and some fish in an aquarium. Before too long, the birds were hanging out on the men's shoulders. Even the fish were swimming up to their fingers at the surface of the water. The men took care of the creatures; they conferred with each other about who would do what and when. Everything seemed to open up; the usual gloom lifted. One of the former guards said "Depressed, almost catatonic people at Lima suddenly were

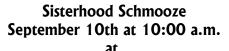
awake." Suddenly, they felt that something, someone, was trusting them.

In one case, a man who never uttered a word before but was allowed to keep a bird in his room saw the social worker passing by and said out loud, "Birdseed." This was his first word uttered in many years.

Success breeds more success. Soon there were chinchillas, rabbits, guinea pigs, cats, deer, goats, ducks, and more, hundreds of them. Among the men, violence lessened, communication increased. The guards' behavior softened. The whole atmosphere changed. This transformation was described by Dr. Aysha Akhtar in her book, Our Symphony with Animals.

Around the country other institutions like prisons started animal programs. There is something still being explored about the human/non-human relationship that important, maybe even critical, to our mental and social well-being.

Heidi Nimmo and Nancy Sidhu, Co-Chairs, Mental Health Awareness In Action (MHAIA)



Congregation Emanu El

Everyone is invited

Spend time with friends over bagels and coffee!



Oneg Shabbat Hosts Needed for September and October

Contact Kathy Trainor at kdtrainor@msn.com or 909-659-3518

EXCITINIG SCRIP NEWS!!!

The scrip program raised \$5000 this past year for our congregation!

But we can do more. We need your help!

Use scrip for your regular everyday purchases:

Groceries, gas, restaurants, fast food, home repairs, clothing and much more.

CONGREGATION EMANU EL – FUNDRAISING WITH SCRIP PROGRAM

We have had our Scrip program for 20+ years! Yes, we have been doing gift card fundraising a long time,





earning over \$100,000 for our Congregation!

WE NEED EVERYONE TO USE AND SUPPORT THE SCRIP PROGRAM

RaiseRight: Simply the right way to fundraise.

Raise funds by buying gift cards from RaiseRight to pay for your everyday shopping and spending year-round. Groceries, dining out, home improvement, and everything in between. It's the most convenient and effective way to fundraise because earning becomes part of your everyday life. Plus, gift cards are great for helping you to set and keep a weekly budget.

It's never been easier to create opportunities for what matters most to you. No extra money spent. No extra time wasted.

How it works:

- Buy gift cards at full value from 750+ brands. Pick from eGift cards and physical gift cards.
- Congregation Emanu El earns up to 20% on every gift card you buy.
- Use gift cards at full value for your everyday purchases.
- Watch our fundraising account grow throughout the year, thanks to the brands that give back to support your community!

Get started today!

Create a free fundraising account on the RaiseRight mobile app or at RaiseRight.com.

Congregation Emanu El - Our Enrollment code is 477F26554739.

Have questions? Contact: Julie Strain at scrip@emanuelsb.org.

SISTERHOOD GIFT SHOP

Sisterhood Gift shop will be open by appointment throughout the Summer.

Shop your Sisterhood Gift Shop.
For appointment please call the Temple Office or Lisa Wise-Wolk at 909-723-3238



NOTICE

To increase communication with our members, we have been mailing <u>The Bulletin</u> to all members who have not requested electronic only distribution.

We do realize a significant cost saving with electronic distribution of the bulletin.

PLEASE CONTACT THE TEMPLE
OFFICE IF <u>YOU DO NOT WANT</u> THE
BULLETIN MAILED TO YOU, and
prefer to receive the bulletin
electronically ONLY. Please contact
the office via email at
CEE@emanuelsb.org or call the
temple office.

Cost savings is important, but communication with our members is far more important!

Happy Birthday!!!

We rejoice with those whose birthdays occur in August and wish them a Mazal Tov:

2-August Margie Orland
3-August Philip Snofsky
3-August Asher Schwartz-Vo (4 years old)
7-August Richard Nachman

8-August Heidi Nimmo 8-August Cindy Douglas 9-August David Mino 11-August Jack Katzman 11-August Myriam Acevedo

13-August Dip Sidhu 14-August G. Bud Charlick 17-August Alan Helfman 19-August Jeffrey Raynes 20-August Philip Gold 21-August Jake Kurily 21-August Gerry Porter 24-August Nicole Smith 24-August Michelle Smith 25-August Stephen Levine 27-August Jay Donenfeld

28-August Jacob Longoni (16 years old)

30-August Richard Malacoff



Grow a Leaf on Our Simcha Tree

Do you have a special occasion to commemorate?

Anniversary? Bar/Bat Mitzvah? Birthday?
Graduation?
Celebrate it with the entire

Congregation Emanu El community!
Purchase a leaf on our beautiful wall.

Happy Anniversary!!!

We extend a hearty *Mazal Tov* to the following whose wedding anniversaries occur in the month of August:

3-August Zeeda & Roy Nierman 18-August Kimberly Wolfe-Morgan & David Morgan 5-August Janet & Fredric Rabinowitz 18-August Barbara & Michael Smith Roberta & Philip Gold 18-August Judy & Martin Handleman 27-August Susan & Paul Shimoff

We Gratefully Acknowledge

We gratefully acknowledge these contributions to our various temple funds:

TEMPLE FUND

In observance of the Yahrzeits of...

Rachel Glogas by Ethel McAfee

Louis Forman by Myral Bellman

Edith Kaufman Emanuel by Michelle Anctil

Ronald Blumberg by Michelle Anctil

Eva Emanuel Westerling by Michelle Anctil

Marilyn Jaffe by Heidi and Michael Denhertog

Ethel Zelen by Lori and David Zelen

Tillie Becker by Vickie and Steve Becker

Sylvia Gardasky Becker by Vickie and Steve Becker

Capt. Travis Patriquin KIA in Iraq by Vickie and Steve Becker

Ruth Snofsky by Philip Snofsky

Tanya Wixen by Francine Wixen

Balfour Wixen by Francine Wixen

Shifra Blumen by Alexandra and Ruben Blumen

Ruth Trainor by Kathy and Dan Trainor

In memory of...

Paula Kaye by Francine Wixen

Paula Kaye by Ellen Weis

Paula Kaye by Sheri Maltzman

Lori Taylor by Sheri Maltzman

Esther Vines by Sheri Maltzman

In appreciation of...

Rabbi Hillel Cohn on the 60th anniversary of his

ordination by Kathy and Dan Trainor

Rabbi Hillel Cohn and Lisa Wise-Wolk for the July

Shabbat services by Kathy and Dan Trainor

Carole and Phil Wizer by the friends of Paula Kaye

In honor of...

Bill Soltz's 80th birthday by Julie and Mark Strain Birth of Maple Gray Weiss by Sheri Maltzman

CHERRIE LUBEY SISTERHOOD FLOWER FUND

In observance of the Yahrzeits of...

Lenore Harris by Leslie and William Soltz

Estelle Gold by Roberta and Phil Gold

In memory of...

Esther Vines by Leslie and William Soltz

CANTOR'S DISCRETIONARY FUND

In appreciation of...

The B'not Mitzvah by Kathy and Dan Trainor

CEMETERY FUND

In observance of the Yahrzeits of...

Sylvia Becker by Vickie and Steve Becker

Leonard Becker by Vickie and Steve Becker

Eliot Moss by Sonia Moss

In memory of...

Walden, Cohen and Allen families by Kathy Cohen

Donation to Cemetery by Steven Secofsky

LEONE HYMAN MEMORIAL B'RIT OLAM FUND

In honor of...

Bill Soltz's 80th birthday by Vickie and Steve Becker

On occasions of joy or sorrow a contribution to one of our Temple or Sisterhood funds is always appropriate.

Contribution can be made to the following funds:

Temple Fund
Mortgage Reduction Fund
School For Jewish Living Fund
Home of Eternity Cemetery Fund
Cantor Bern-Vogel Discretionary Fund
Temple Security Fund
Landscape Fund
William Russler Memorial Archives Fund
Leone Hyman B'rit Olam Fund

Lionel Heller Music Fund
Gloria Cutler Meal of Condolence Fund

*Cherrie Lubey Sisterhood Pulpit Flower Fund *Rabbi Hillel & Rita Cohn Campership Fund

*Sisterhood Funds - donations payable to Sisterhood

Yahrzeits

The following Yahrzeits will be observed during the month of August: Those with a (*) are inscribed on the Wall of Perpetual Memorial:

August 4-5	August 11-12	August 18-19	August 25-26
\$\Displaysty \text{Sarah Alexander}\$ \$\Displaysty \text{Lena nker}\$ \$\Displaysty \text{Sylvia Becker}\$ \$\Displaysty \text{Mildred Cohen}\$ \$\Displaysty \text{Selma Davidson}\$ \$Sylvia Diner\$ \$\Displaysty \text{Randal Ernstein}\$ \$\Displaysty \text{Tom Feigenson}\$ Brenda Feltenberger\$ \$\Displaysty \text{Harriet Gimpel}\$ \$\Displaysty \text{Estelle Gold}\$ \$\Displaysty \text{Jack Golden}\$ \$\Displaysty \text{Sonia Goodman}\$ \$\Displaysty \text{Frances Herzig}\$ \$\Displaysty \text{Constance Hochstein}\$ June Hyman \$\Displaysty \text{Samuel Kassel}\$ \$\Displayman \text{Martin Kronick}\$ \$Solomon Lavick\$ \$\Displayman \text{Moses Lerner}\$ \$\Displaysty \text{Louis Lubinsky}\$ \$\Displaysty \text{Ben Newberger}\$ Barney Pasman\$ \$\Displaysty \text{Capt. Travis Patriquin}\$ \$\Displaysty \text{Saydee Philipson}\$ Harold Rothstein\$ \$\Displayman \text{Max Schoenheim}\$	August 11-12	Shifra Blumen Florence Brill Penni Clark Jack Cohen Bertha Goldschlager Lenore Harris Beatrice Kay Rose Lampel Dave Larky Yetta Litwin Samuel ubinsky Fred J. Miller Sophie Nourok Martha G. Rosen Joseph Selznick Isadore Shaller Caroldyne Swedlove	August 25-26
Barney Pasman Capt. Travis Patriquin Saydee Philipson Harold Rothstein			



Cantor Jennifer Bern-Vogel Hillel Cohn, Rabbi Emeritus

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School for Jewish Living: sil@emanuelsb.org

Rabbi Hillel Cohn: 909-771-6178 / rabbihcohn1@cs.com

Paul Zipperstein, President • Greg Weissman, Firsrt Vice President • Karyn Lehmann, Second Vice President • Julie Strain, CFO • Leslie Soltz, Secretary
Michael Reiter, Immediate Past President
Karyn Lehmann, President, Sisterhood
Stacy Knox, Jeffrey Rosenfeld, Daniel Schwartz, Members-at-Large

Board of Directors: Dr. Tonya Brooks • Stacy Knox • Margie Orland • Amanda Ramirez Kathy Rosenfeld • Daniel Schwartz • Scott Wilkie

Member, Union for Reform Judaism (URJ)

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