



Congregation  
Emanu El

1495 FORD STREET · REDLANDS · CALIFORNIA · 92373 · (909) 307-0400

# THE BULLETIN

JULY 2023

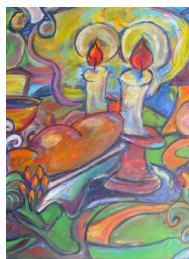
TAMUZ-AV 5783

VOLUME LII - NUMBER 11

## SHABBAT CELEBRATIONS

Services during the month of July will be led by  
Rabbi Emeritus Hillel Cohn and Cantorial Soloist Lisa Wise-Wolk

All services scheduled to be In Person; Zoom services to be determined pending tech support  
**SECURITY PROVIDED AT ALL IN PERSON SHABBAT SERVICES UNTIL FURTHER NOTICE**



**Friday - July 7, 2023 - 6:30 p.m.**

Rabbi Cohn will speak on "Proverbs on Ford Street - I. About Our Own Selves"

Oneg Shabbat hosted by Lisa Wise-Wolk and Kerry Wolk in honor of their birthdays

**Saturday - July 8, 2023**

Torah Study - 9:15 a.m.

Shabbat Morning Service - 10:00 a.m.

Parashat Pinchas - פרשת פינחס - Numbers 25:10-30:1

Haftarah - I Kings 18:46-19:21



**Friday - July 14, 2023 - 6:30 p.m.**

Rabbi Cohn will speak on "Proverbs on Ford Street - II. About Ourselves and Others"

Oneg Shabbat hosted by Debbie and Dan Schwartz

**Saturday - July 15, 2023**

Torah Study - 9:15 a.m.

Shabbat Morning Service - 10:00 a.m.

Parashat Matot-Masei - פרשת מטות-מסעי - Numbers 30:2-36:13

Haftarah - Jeremiah 2:4-28, 3:4



**Friday - July 21, 2023 - 6:30 pm**

Rabbi Cohn will speak on "Proverbs on Ford Street - III. About People and God"

Oneg Shabbat hosted by Leslie and William Soltz in honor of Bill's 80th birthday

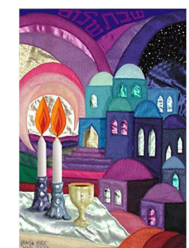
**Saturday - July 22, 2023**

Torah Study - 9:15 a.m.

Shabbat Morning Service - 10:00 a.m.

Parashat Devarim - פרשת דברים - Deuteronomy 1:1-3:22

Haftarah - Isaiah 1:1-27



**Friday - July 28, 2023 - 6:30 p.m.**

Rabbi Cohn will speak on "Proverbs on Ford Street - IV. Yiddish and Other Proverbs"

Oneg Shabbat hosted by Kathy and Jeff Rosenfeld in honor of Kathy's birthday

**Saturday - July 29, 2023 - 10:00 a.m.**

Torah Study - 9:15 a.m.

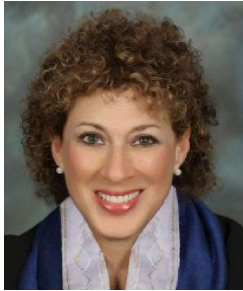
Shabbat Morning Service - 10:00 a.m.

Parashat Vaetchanan - פרשת ואֶתְחַנֵּן - Deuteronomy 3:23-7:11

Haftarah - Isaiah 40:1-26

# Cantorial Comments

## Following our Key to the Past...



It's summer!! For the first time in a very long time, I will be taking the entire month of July off. I am looking forward to having a little break and spending some down time with my family before we have to hit the ground running as we get into gear for the High Holy Day Season!

I will also be taking an important trip to Germany to visit old friends in Cologne, Hannover, and Hamburg, and to Bielefeld, in Westphalia, my mother's birthplace. This was the city the Katzenstein family, my paternal grandfather, had lived in for almost 300 years until the Nazi regime uprooted theirs and millions of other lives forever. My grandfather was a prominent lawyer and president of the Jewish community and had already been helping many other Jewish families acquire documentation to emigrate but it wasn't until the Kristallnacht pogrom in November 1938 that he recognized the urgency for his own family. My mother and her sister were fortunate to leave on the *Kindertransport* to England in 1939 and eventually be reunited with their parents. Many of you already know the story that after their beautiful synagogue was completely consumed by the November 1938 fires of the pogrom, all that remained was the KEY, which my mother guarded closely for the rest of her life.

I will be meeting with the current President of the synagogue in Bielefeld as well as curator of the local history museum. My brother and I are still searching for the most fitting venue for the key to be exhibited. The Holocaust Museum in Washington D.C. has also been a consideration. In collaboration with my cousins in London, we are hoping that the eventual presentation of the key can be in combination with the official publication of my grandfather's historic autobiography and meticulous WWI diaries which have been translated from German into English. I will also be co-leading Erev Shabbat services on July 14 which is the last portion of Bamidbar; we conclude every book of the Torah with **CHAZAK, CHAZAK, V'NITCHAZEK** – so from afar I pray: **May you be strong, may we be strong, and may we strengthen one another!**

Wishing everyone a relaxing and peaceful summer – see you in August!

*Cantor Jennifer Bern-Vogel*

### Shabbat Services in July

Our Shabbat Services during July will be led by Rabbi Emeritus Hillel Cohn. He will be joined by Lisa Wise-Wolk as the cantorial soloist. Rabbi Cohn will present a series of sermon lessons on "Proverbs on Ford Street" which will draw lessons from the biblical book of Proverbs as well as later Jewish literature including Yiddish literature. There will also be Shabbat morning Torah Study sessions as well as Shabbat morning services throughout the month. These will be led by Rabbi Cohn and Lisa Wise-Wolk as well.

## Presidential Perspectives



The Temple's fiscal year ended on June 30<sup>th</sup> and a new fiscal year begins on July 1<sup>st</sup>. You should be seeing your membership dues letter shortly, if you haven't received it already. Please make sure you have fulfilled

all of your pledges for the past year and we ask you to be generous in your dues for the new year. We finished the year on budget and we thank all of you, as well as our Board of Directors who were part of good fiscal decision-making during the year.

As I mentioned last month, Rabbi Emeritus Hillel Cohn will be conducting all July Shabbat services while Cantor Bern-Vogel is on vacation. Some additional great news, at the suggestion of Rabbi Cohn, Greg Weissman, our 1<sup>st</sup> Vice-President, has made arrangements for Rabbi Jeffrey K. Salkin to be our High Holy Day Rabbi. Rabbi Salkin has written many books on Judaism, has done Scholar-in-Residence, has written numerous articles, and is considered by many as a leader in contemporary Jewish thought in the United States. I encourage you to Google his name and read his articles or view his discussions. We are excited to have Rabbi Salkin join Cantor Bern-Vogel on the Bema in September.

Finally, I would like to thank both Sisterhood and our Temple Scrip program for their significant donations to the Temple operating fund at this year's Annual Meeting. Leslie Soltz, Sisterhood President, handed me a check for \$10,000 and Julie Strain, head of our Scrip program, handed me one for \$5,000. Please support these excellent programs and thank them for their generosity.

B'Shalom,

*Paul Zipperstein*

**Board of Directors**  
**Thursday, July 20th**  
**7:00 pm**  
**All are welcome**

## Treasurer's Report



Summer is here! Kids are out of school; it is vacation time! It is also that time of year for new Fiscal Year billing statements to be sent to our members. Please watch your mail for the FY 2023-2024 billing statement.

There were no across-the-board dues increases, but we do ask each member to review their dues contribution, and, where possible increase their dues. We trust that everyone realizes the importance of paying their fair share to maintain our Congregation, Jewish life, and traditions in our community. If your dues were adjusted previously and your situation has improved, we hope you will consider raising your dues level for this year.

The Board of Directors has approved returning to the previous practice of issuing tickets for High Holy Days to all members in good standing, meaning all dues and fees have been paid as of June 30, 2023. If you have an outstanding balance on your account you must make arrangements to pay your balance before High Holy Day tickets can be issued. I am available to discuss any arrangements necessary to assist you. As always, I encourage any member to reach out to me to discuss any concerns they may have regarding their dues obligations. We NEVER deny membership based on dues. If you have any questions, contact me at 951-317-2003 or [jbstrain1130@gmail.com](mailto:jbstrain1130@gmail.com) to discuss, confidentially, your request.

*Julie Strain*

[jbstrain1130@gmail.com](mailto:jbstrain1130@gmail.com)

## From Our School for Jewish Living

This year we taught our students that asking questions was a very Jewish characteristic- we are always searching for knowledge. So, the question is, "What is Jewish about Summer?" The answer is, "It's making time to be with family, seeking joy, and of course being grateful for the opportunity to connect." As everyone travels, connects with the great outdoors, or has a staycation, I want to encourage everyone to spend some quality time reading just for fun. Studies show that children whose parents read aloud to them have a leg up on literacy and reading comprehension. Whether you read quietly or interactively with the children (making silly voices), it is important to take turns, stop to answer questions your child might ask, and ask your child many "why" type questions. You'll have fun and you'll be increasing your child's vocabulary while securing a love of reading and literature.

If you need help finding great picture books with Jewish themes, look to JPLibrary.org. Another option is a family-read, such as books like *The 11th Hour*, by Graeme Base; it is a wonderful read for all ages (even adults). The pictures are beautiful with hidden clues, the rhyming text includes cryptic messages, and of course there is a mystery to solve. Answers can be found in a sealed section at the back of the book.

So throw a new book into your bag, enjoy it with your family / friends and use this summer as an opportunity to appreciate meaningful connections. I am grateful for my time getting to know our congregation.

Best Wishes for a fabulous summer,  
Miss Ilene!

## Sisterhood Speaks



This will be my final bulletin column for the term, as I am handing over the top job on July 1 to the very energetic and capable Karyn Lehman. My final meeting was on June 26, when we met

for dinner and to brainstorm for the coming year.

Upcoming: Kathy Trainor has planned for Sisterhood members and any other interested people an "Antique Crawl" of the thrift shops and antique shops of Yucaipa, followed by no host lunch at Granlund's Restaurant on Saturday, July 15. We'll meet at 10 am, and plan lunch for 12:30. Please contact me or Kathy to reserve your place for lunch. Also, Chel Zipperstein is organizing a Talent Show for later in the year. She'd love to hear from you if you would like to participate.

As I mentioned, Karyn Lehmann will take over the helm of Congregation Emanu El Sisterhood for the July 2023-June 2024 year. We want to plan a year of fun activities and support for Congregation Emanu El. All women are invited to join Sisterhood and attend board meetings to contribute. My more than 50 year association with Congregation Emanu El has been a great personal and spiritual pleasure. I urge you to come join us and find the wonderful friendships and support that Sisterhood can deliver.

Kol tuv,

**Leslie Soltz**

*Interim Sisterhood President*

### **Sisterhood Yucaipa Antique Crawl and Luncheon Saturday, July 15th**

Everyone is welcome. We will visit thrift shops and antique shops of Yucaipa, followed by no host lunch at Granlund's Restaurant. We'll meet at 10 am, and plan lunch for 12:30. Please contact Leslie Soltz, 909-864-2655 or Kathy Trainor, (909) 794-5919 to reserve your place for lunch.





### Mental Health Awareness in Action

The Perspective of a Local Psychologist  
Anxiety. Depression. We keep hearing those words, and it seems more and more people – professionals, leaders of various government agencies, leaders of non-profits – are talking about these difficulties, and repeatedly. What is happening? Are we in a different kind of epidemic?

We decided to sit down and talk with someone local, someone who counsels and treats people in our community. Is this apparent increase in depression and anxiety real, and in our community? And what might be causing it?

A Redlands psychologist was asked what he was seeing in his own practice, what was concerning him. Depression and anxiety were not the two words that came first. He said his worries were:

- Pandemic shut-down
- Social media
- the isolation that results from each of these

The impact of the pandemic is probably clear to all of us who have lived through, and some still living through, the more than 3 years of SARS-CoV-2. We all felt isolated from family and friends at one point or other. We know someone, for example, an outgoing person, who was tipped over into depression soon after the closures. Perhaps you do, too.

Social media, which brings about a more hidden isolation, is often masked by the illusion of connection. But without in-person contact, it doesn't really connect us in a way our brains and hearts need. As he said, "We're social animals. We're meant for community." We need each other, in the flesh.

And he explained how isolation can often intensify our own mental preoccupations, negative thoughts and worries that go round and round in our heads, often spiraling us down and down. Often resulting in an unhealthy focus on ourselves. Health and well-being, he says, follow

from reaching outside ourselves, into a community, into the world.

Our culture often encourages a detached approach to life, the belief that we are self-sufficient and don't really need others. And social media can increase that with games and videos that fill our days. They are designed to keep us playing, scrolling, with tantalizing things that never lead to any conclusion or resolution. This while the real needs for a healthy life are left unfulfilled.

When those needs are left dangling, yet we are unaware of them, we can easily fall into drug or alcohol abuse. And often the results include anxiety and depression.

We're hoping to talk more with him in the future. He had much to teach us. Meanwhile, in May the Surgeon General of the United States came out with an advisory on social media. More about that later as well.

*Heidi Nimmo and Nancy Sidhu*, Co-Chairs, Mental Health Awareness In Action (MHAIA)

## In Memoriam

### זכרונם לברכה

With deep sadness we note the death of a long-time member of our congregation

**PAULA KAYE**

**July 5, 1948 - May 30, 2023**

She is survived by her daughter Rebecca Chang (Hanlen); Brothers Gene Carrington and Monte Carrington (both of Texas); Grandchildren Ethan and Ari Chang

May the memories of the righteous  
be for a blessing

# SUNDAY FUNDAYS

@ CONGREGATION EMANU EL  
1495 FORD ST, REDLANDS, CA 92373



ALL EVENTS BEGIN @

**10AM**

**\*\*FREE\*\***

**(DONATION-BASED)**

ALL AGES WELCOMED! BRING YOUR FRIENDS!  
EVENTS CURATED FOR AGES 2-12

## ***EXCITINIG SCRIP NEWS!!!***

***The scrip program raised \$5000 this past year for our congregation!***

***But we can do more. We need your help!***

***Use Scrip for your regular everyday purchases:***

***Groceries, gas, restaurants, fast food, home repairs, clothing and much more***

### ***CONGREGATION EMANU EL – FUNDRAISING WITH SCRIP PROGRAM***

***We have had our Scrip program for 20+ years!***

***Yes, we have been doing gift card fundraising a long time,***

***earning over \$100,000 for our Congregation!***



***WE NEED EVERYONE TO USE AND SUPPORT THE SCRIP PROGRAM***

### **RaiseRight: Simply the right way to fundraise.**

Raise funds by buying gift cards from RaiseRight to pay for your everyday shopping and spending year-round. Groceries, dining out, home improvement, and everything in between. It's the most convenient and effective way to fundraise because earning becomes part of your everyday life. Plus, gift cards are great for helping you to set and keep a weekly budget.

It's never been easier to create opportunities for what matters most to you. No extra money spent. No extra time wasted.

#### **How it works:**

- Buy gift cards at full value from 750+ brands. Pick from eGift cards and physical gift cards.
- Earn up to 20% on every gift card you buy.
- Use gift cards at full value for your everyday purchases.
- Watch your fundraising account grow throughout the year, thanks to the brands that give back to support your community!

### **Get started today!**

Create a free fundraising account on the RaiseRight mobile app or at [RaiseRight.com](https://www.RaiseRight.com).

Congregation Emanu El - Our Enrollment code is **477F26554739**.

Have questions? Contact: Julie Strain at [scrip@emanuelsb.org](mailto:scrip@emanuelsb.org).

# **SISTERHOOD GIFT SHOP**

**Sisterhood Gift shop will be open by appointment throughout the Summer.**

**Call for an appointment time that is convenient for you.**

**Shop your Sisterhood Gift Shop.**

**For appointment please call the Temple Office or Lisa Wise-Wolk at 909-723-3238**

## **Our Rabbi Emeritus Hillel Cohn in the Community**

May-June 2023

Continuing the long and notable tradition of the leaders of our congregation promoting positive interfaith relationships, supporting worthy community endeavors, and being prominent regionally and nationally, our Rabbi Emeritus Hillel Cohn has been involved in numerous activities over the last two months (May-June 2023), bringing honor and recognition to Congregation Emanu El. Among them are:

- Participated in the Redlands Interfaith Prayer Breakfast.
- Member of Planning Committee for September 23rd in San Bernardino “Champions of Choice Luncheon” of Planned Parenthood of Orange and San Bernardino Counties.
- “Pray for the Hungry and Homeless” gathering sponsored by Salvation Army.
- Making Hope Happen Foundation presentations of scholarships to graduating seniors of San Bernardino Unified School District. Rabbi Cohn was one of the committee reading scholarship applications.
- Rabbi Suzanne Singer’s final Shabbat Eve Service at Temple Beth El in Riverside prior to her retirement.
- Annual Bishop’s Dinner of the Roman Catholic Diocese of San Bernardino.
- Participated in meeting of ICUC (Inland Congregations United for Change) Clergy Caucus with Mayor Helen Tranh.
- Service at First Presbyterian Church of San Bernardino marking the retirement of Rev. Dr. Sandy Tice as senior pastor of the church.
- “United for Our Rights” Rally at Sylvan Park in Redlands sponsored by Planned Parenthood of Orange and San Bernardino Counties.



## Happy Birthday!!! יום הולדת שמח

We rejoice with those whose birthdays occur in July and wish them a *Mazal Tov*:

4-July	Lisa Wise-Wolk	12-July	Barbara Smith	23-July	Stephen Lehmann
5-July	Kerry Wolk	13-July	Tonya Brooks	23-July	Mark Schnitzer
6-July	James Ramirez (4 years old)	14-July	Richard Granowitz	25-July	Dorene Cohen
9-July	Charlotte Rifkin	14-July	Jared Shimoff	25-July	Laurence Lerner
9-July	William Soltz	15-July	Mark Levin	25-July	Katherine Paisner
12-July	Jayne Carbaugh	17-July	Michele Ferguson	28-July	Mark Robinson
		20-July	Kathleen Rosenfeld	29-July	Michael Douglas



### Grow a Leaf on Our Simcha Tree

Do you have a special occasion to commemorate?  
Anniversary? Bar/Bat Mitzvah? Birthday?  
Graduation?  
Celebrate it with the entire  
Congregation Emanu El community!  
Purchase a leaf on our beautiful wall.

## Happy Anniversary!!!

We extend a hearty *Mazal Tov* to the following whose wedding anniversaries occur in the month of July:

7-July	Lisa Delorme & Michael Reiter	11-July	Joya & Allen Eirew
7-July	Walt & Shauna Van Horn	18-July	Amanda & Fernando Ramirez

## We Gratefully Acknowledge

We gratefully acknowledge these contributions to our various temple funds:

### TEMPLE FUND

*In observance of the Yahrzeits of...*

**Nathan Zipperstein** by Chel and Paul Zipperstein

**Shirley Hosman** by Chel and Paul Zipperstein

**Gabriela Katz** by Lia and Mark Robinson

**Rebecca Press** by Carol Press Pristoop and Thelma Press

**Frieda Fredason** by Marilyn and Larry Raphael

**Harry L. Osler** by Judy and Martin Handleman

**Ryan James Clark** by Shauna and Walt Van Horn

**Linda Sue Prestidge** by Shauna and Walt Van Horn

**Dorothy McGuire** by Vickie and Steve Becker

**Nicholas Stefanoski** by Celia Norian

**Mary Stefanoski** by Celia Norian

**Harry Norian** by Celia Norian

**Mark Myers** by Roberta and Phil Gold

**Frank Coleman** by Monique Coleman

**Jean Ann Osler** by Judy and Martin Handleman

**Harry Handleman** by Judy and Martin Handleman

**Lila Klempter** by Renee and Michael Kress

*In memory of...*

**Paula Kaye** by Margie Orland

*In appreciation of...*

**Rabbi Hillel Cohn** by Margie Orland

### CHERRIE LUBEY SISTERHOOD FLOWER FUND

*In observance of the Yahrzeits of...*

**Beverly Steinhorn** by Janice and Alvin Ellman

**Edward Harris** by Leslie and William Soltz

### MORTGAGE REDUCTION FUND

*In memory of...*

**173<sup>rd</sup> Airborne Paratroopers and 10<sup>th</sup> Group Green**

**Berets KIA in Afghanistan and Iraq** by Vickie and Steve Becker

### WILLIAM RUSSLER MEMORIAL ARCHIVE FUND

*In Yahrzeit of...*

**William Russler** by Vickie and Steve Becker

### LIONEL HELLER MUSIC FUND

*In memory of...*

**Jerry Ripley** by Renee and Michael Kress

### SISTERHOOD KITCHEN FUND

*In memory of...*

**Selma Kardos** by Carole and Phil Wizer

On occasions of joy or sorrow a contribution  
to one of our Temple or Sisterhood funds is always appropriate.

Contribution can be made to the following funds:

Temple Fund  
Mortgage Reduction Fund  
School For Jewish Living Fund  
Home of Eternity Cemetery Fund  
Cantor Bern-Vogel Discretionary Fund  
Temple Security Fund  
Landscape Fund  
William Russler Memorial Archives Fund  
Leone Hyman B'rit Olam Fund  
Lionel Heller Music Fund  
Gloria Cutler Meal of Condolence Fund  
\*Cherrie Lubey Sisterhood Pulpit Flower Fund  
\*Rabbi Hillel & Rita Cohn Campership Fund  
\*Sisterhood Funds - donations payable to Sisterhood

# Yahrzeits

The following Yahrzeits will be observed during the month of July: Those with a (★) are inscribed on the Wall of Perpetual Memorial:

July 7-8	July 14-15	July 21-22	July 28-29
★Bessie Abramson ★Julian Bern ★Samuel Bernstein ★Herman Berzosky ★Jay Bogost ★Miriam Cohn ★Albert Dickman ★Hyman Einbinder ★Leonard Falk ★Fred Goldstein ★Irene Howard ★Sidney Kaufman ★Eve Klingman Howard Konowitch ★Simon Kristal ★Isadore Lewis ★Eliot Moss Jean Ann Osler Louise Richmond ★Sara Robin ★Henrietta Rowelsky ★Seymour Schweitzer Stephen Secofsky Haskell Silver Abraham Simlak ★Jack Steinberg ★Warren Stept ★Herbert Uffer ★Terry Unger ★M. Storm Webb Stanley Widman	★Kenneth Austin ★Tillie Becker ★Walter Becker ★Maurice Birnkrant ★Harry Braviroff ★Adeline Fenster ★Harry Gold ★David Goodman Teresa Greenfield ★Ellen Gruber ★Milton Karen ★Sarah Katzman ★Bertram Kaufman ★Helen Lewis ★Florence Michael ★Alan Michael ★Barney Rosenbloom ★Morris Rovell ★Leo Schwartz Sol Simcoe Ruth Snofsky ★Joanne Stein ★Abraham Wilkin	★Helen Berk ★Ronald Blumberg ★Judith Braviroff ★Shirley Burkett ★Louis Cohen ★Bella Cohen ★Leo Cutler ★Mollie David ★Nelson Feit Rachel Glogas ★Betty Jacobs ★Marilyn Jaffe ★Celia Jaffrey ★Dorothy Johnson Edward Joseph Al Joseph ★Lena Lebeck ★Samuel Levenson ★Gertrude Loria ★Edward Metz ★Abe Meyer ★Rena Bamberger Meyer ★Alex Newman ★William Rodman ★Fannie Sabin ★Sadie Schlein ★Dorothy Shane ★Jacob Silberman ★Gyrtrude Stept Norman Stough Balfour Wixen ★Tanya Wixen ★David Zaritsky ★Sol Zelony	★Morris Abrams Francisco Acevedo ★Harold Amerman ★Jack Aronoff ★Rose Litwin Bader ★Abrom Belovsky ★Clare Cherry ★Charles Edelman Dorothy Eirew ★Isaac Fremland ★Estelle Gerry ★Fannie Haydis ★Harry Hirsch Samuel Levine ★Lena Lewis ★Henrietta Lubey Alex Luchans ★Anna Markowitz ★Julius Mendelsohn ★Naomi Newman ★Bessie Novack ★Joe Philipson Carol Pohja ★Sarah Reiter ★Sadye Roth ★Bernard Rubel ★Sally Seeman ★Selma Shutt ★Herman Sperber Ruth Trainor ★Bluma Weisser ★Ethel Zelen

**Cantor Jennifer Bern-Vogel  
Hillel Cohn, Rabbi Emeritus**

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**Rabbi Hillel Cohn: 909-771-6178 / [rabbihcohn1@cs.com](mailto:rabbihcohn1@cs.com)**

Paul Zipperstein, President • Greg Weissman, First Vice President • Karyn Lehmann, Second Vice President • Julie Strain, CFO • Leslie Soltz, Secretary  
Michael Reiter, Immediate Past President  
Karyn Lehmann, President, Sisterhood  
Stacy Knox, Jeffrey Rosenfeld, Daniel Schwartz, Members-at-Large  
Board of Directors: Dr. Tonya Brooks • Stacy Knox • Margie Orland • Amanda Ramirez  
Kathy Rosenfeld • Daniel Schwartz • Scott Wilkie

**Member, Union for Reform Judaism (URJ)**

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