

## Song texts for Healing Service

### **NACHAMU**

[Music by Elana Arian based on Isaiah 40:1]

*Nachamu, ami yomar Elohechem*

Comfort us, comfort us in our wilderness

Comfort us as we struggle to take care of one another

Comfort us, comfort us in our wilderness

Comfort us as we struggle with this world....

### **THOSE WHO SOW**

[music and lyrics by Debbie Friedman]

Those who sow, who sow in tears

Will reap in joy, will reap in joy!

Those who sow, who sow in tears

Will reap, will reap in joy!

It's the song of the dreamer

From the dark place it grows

Like a flower in the desert

The oasis of our souls

Come back, come back where we belong

You who hear our longing sighs (or "cries")

Our mouths, our lips are filled with song

You can see our tear-filled eyes!

### **ELI, ELI [Walk to Caesaria]**

[Poem by Hannah Szenes, music by David Zehavi]

*Eli, Eli,*

*Shelo yigamer le'olam:*

*Hachol vehayam*

*Rishrush shel hamayim*

*Berak hashamayim*

*Tefilat ha'adam.*

O Lord, My God

I pray that these things never end:

The sand and the sea

The rush of the water

The crash of the heavens

The prayer of the heart.

## HEAL US NOW

[music and text by Leon Sher, based on Numbers 12:13 and psalms]

*R'faeinu Adonai v'nei-ra-fei*

*Ho-shi-einu v'ni-va-she-ah*

*Eil karov l' hol kor'av*

*Ach ka-rov l'rei av-yish-o*

We pray for healing of the body,

We pray for healing of the soul,

For strength of flesh and mind and spirit,

We pray to once again be whole.

*Eil na r'fa na – O please heal us now*

*R'fu-at ha-nefesh, u'refu-at ha-guf*

*R'fu-ah sh'leimah –*

Heal us now, heal us now ...

## OLAM CHESED YIBANEH עולם חסד יבנה

[music & English lyrics by Rabbi Menachem Creditor]

*Olam Chesed Yibaneh ... yai dai dai...*

I will build this world from love... yai dai dai

And you must build this world from love... yai dai dai

And if we build this world from love... yai dai dai

Then G-d will build this world from love... yai dai dai



Hebrew Prayer for Healing t... by JoannaMaria\_JEdu

**Zazzle**