



Congregation
Emanu El

THE BULLETIN

1495 FORD STREET · REDLANDS · CALIFORNIA · 92373 · (909) 307-0400

NOVEMBER 2021

CHESVAN-KISLEV 5782

VOLUME M - NUMBER 3



IN-PERSON SERVICES RETURN!! ZOOM ALSO AVAILABLE.

Masks and proof of vaccination required.

See below for service schedule.

Friday, November 5, 6:30 pm: Erev Shabbat

with Rabbi Reznick and Cantor Bern-Vogel

Bring dinner or nosh and catch up with old friends outside before the pre-service

IN PERSON AND ZOOM

Friday, November 12, 6:30 pm: Family Shabbat Service

with Rabbi Reznick and SJL Students

IN PERSON

Friday, November 19, 6:30 pm: Erev Shabbat Service

with Rabbi Reznick and Cantor Bern-Vogel

IN PERSON AND ON ZOOM

Saturday, November 20, 10:00 am: Shabbat Morning Service

with Rabbi Reznick and Cantor Bern-Vogel

IN PERSON AND ON ZOOM

Friday, November 26, 6:30 pm: Shabbat K'tsat Service

with Cantor Bern-Vogel

ZOOM ONLY

Learn about this week's Torah Portion

Want more information about the Torah portion for the week?

The Union For Reform Judaism publishes a weekly guide available at

<https://reformjudaism.org/learning/torah-study>.

If you're reading this online, click on the web address to be taken there now.

Rabbinic Reflections



“The Lord appeared to him by the terebinths of Mamre; he was sitting at the entrance of the tent as the day grew hot.” (Genesis 18:1) In the Book of Genesis we read of Abraham’s journey. He is sitting at the entrance to his tent, according to the Talmud recovering from surgery, when God, or angels appear to him. Abraham who believed deeply in extending hospitality immediately responded, told his wife Sarah to prepare food and greeted the guests with the best hospitality, despite his own recovery. Abraham is a model for us in how we must extend our welcome to all who enter our congregational home. We have certainly learned during these pandemic

times the difference a phone call, a smile, a note in the mail, or kind listening ear can make in another human beings life.

In November we welcome you back Emanu El. This pandemic has kept us apart, being safe and thriving online, but as the holidays approach, we long to be together safely and too celebrate. Please join us on Friday November 5th at 6:30pm in our sanctuary. We will be gathering safely indoors for those who are vaccinated and be able to enjoy the sacredness of Shabbat and togetherness as one community. We invite you and family and friends to join us, celebrate with us. Let us return to our sacred home, experience the warmth and joy that Shabbat can bring. In gathering together we will invite God in, to dwell amongst us.

Rabbi Lindy Reznick

Cantorial Comments



A number of parallels have been made between our Sukkot holiday which concludes the High Holy Day season, and this month’s national holiday of Thanksgiving.

In his 2019 article from the Jerusalem Post, Micah Halpern explains. “... Puritans, who settled in New England, were the first people to celebrate our Thanksgiving. They were well versed in the Bible and knew that Sukkot, translated as the Feast of Tabernacles or the Feast of Booths, was the harvest holiday. They also knew that it was celebrated during the fall season. The Puritans also saw themselves as the Israelites. Today we would say they “identified” as Israelites. They compared their voyage across the Atlantic to the Children of Israel crossing the Red Sea; they viewed the tribulations and hardships of their first years in their new land as the time the Israelites spent wandering through the desert. Their lives were dependent on nature, on rain and on the sun. And they

expressed their gratitude by way of a feast...”

But I think what really stands out with both of these holidays, is the focus on hospitality to the ‘stranger’ and gratitude. At Sukkot, the *ushpizin* - the Aramaic word for visitors -- it is important to acknowledge our guests in the sukkah - those of past generations and those we invite to ‘*leishev basukkah*’ - to sit in the sukkah and share a meal. At Passover, it is customary to invite someone outside of your ‘circle’ of friends or family. And of course, we do the same at Thanksgiving, which since 2007 has been called by some people as “Friendsgiving”.

One of my favorite spiritual teachers from the Institute for Jewish Spirituality (IJS) with which I’ve been connected for fifteen years, is Sheila Pelz Weinberg – author, poet, rabbi, teacher. Among other publications, she is the author of God Loves the Stranger, a collection of stories, poems and prayers. Here is an excerpt from one of Rabbi Weinberg’s poems:

“*Adonai* is mindful of strangers; Immigrants, those under surveillance, from those places, the ones nobody knows, nobody talks to, the odd, the weird, the differently abled; With foreign accents, without family, without friends; Without status, without protection, without regard, without homes, without insurance, without unions, without credit cards, without credentials; Without documents.

Adonai keeps an eye on them all.

They are under God’s watch.

Their destiny is God’s concern.

Their protection is God’s business.

It is human work...”

In Psalm 136 we sing: *Hodu l’adonai ki tov [Psalm 136]* Give thanks to Adonai for what is good. We perform sacred work - deeds of mitzvot in those everyday moments when we can offer a helping hand or simply a smile to a stranger who might just become a friend.... *Chag Thanksgiving Sameach!*

Cantor Jennifer Bern-Vogel

Presidential Perspectives



The month of November will be an exciting and celebratory time for Congregation Emanu El. Starting with Erev Shabbat Service on November 5th we will again have the opportunity to gather safely in-person in

the sanctuary. At the same time, Shabbat services will continue to be available on Zoom. Clergy and leadership are determined to meet the needs of all members of our community—those who are eager to meet in-person and those who are not ready to venture out, those who live nearby and those who zoom from a distance, as well as those who have various challenges that make it difficult to attend in person.

Another reason for celebration in November is the start of Hanukkah, with the first night being the Sunday after Thanksgiving. Watch the weekly emails for all the details about our grand community gatherings marking the holiday with both in-person and Zoom activities.

As you celebrate this November, please remember those in need by contributing to our Annual Turkey Fund Drive. Make contributions online or by mail to help us provide 72 turkeys to be distributed by Cornerstone.

Dear friends, I have had the honor of serving you as Congregation Emanu El president since June of this year. However, with the help of my health providers and family, I have concluded that I must step down in order to safeguard my health. Thank you for all your support during my brief tenure.

I am so pleased that Michael Reiter is stepping up from first vice-president to be our new congregational president. Michael grew up in Congregation Emanu El, where he was Bar Mitzvah, where he married his wife Lisa, and where their daughter Lauren was Bat Mitzvah as well. With his dedication to the congregation, his breadth of experience, and his many skills, Michael will be an excellent leader. I know that you will give him your full support during this very challenging time for Congregation Emanu El. May we all grow stronger together as a community.

Dr. Susan Damron

Sisterhood Speaks



During this past Shabbat service, Rabbi Reznick spoke about Abraham's hospitality. She then provided an opportunity for attendees to share examples of acts of hospitality we have recently extended or witnessed. During the service I was unable to think

of any recent examples, but thereafter, I considered ways the definition of hospitality during the pandemic had been expanded. We are invited more often than not into the virtual spaces of others—and they are invited into ours. The realization was that, yes, I had recently experienced hospitality.

Thanksgiving is fast approaching (November 25th), and Hanukkah is a few days later (November 28th). Although it is great to practice kindness daily, many feel particularly motivated to extend kindness during this time of year. Perhaps we might challenge ourselves to be mindful of our collective impact within the virtual, emotional, and psychological spaces of others, and extend hospitality there as often as we can.

If you could use a cup of kindness, or you care to extend some, here are a few upcoming Sisterhood events where hospitality and warmth abounds:

-Sunday, November 14th at 4:00 PM, join us for our Hanukkah at Home program. We will share the story of Hanukkah, make latkes, and light menorot together.

-Monday, November 15th at 7:00 PM, join us for our Sisterhood Book Club. We will discuss the book entitled *Marjorie Morniningstar* by Herman Wouk.

We look forward to seeing you there, so that we can enjoy the salve that is hospitality. Remember, if you or your family need assistance, please reach out to the Caring Committee, by calling the Temple at (909) 307-0400.

Sending you Love,
Sending you Kindness,

Kimberly Wolfe Morgan

President, Sisterhood

sisterhood@emanuelsb.org

Jewish War Veteran, Post #385



Mental Health Awareness in Action

Some of us go around with some chronic pain that makes our lives harder. Some of us carry around too much weight that limits what we can do. Some of us have chronic diseases and we have to be very careful to follow the doctor's rules so we don't get sicker.

All that doesn't mean we can't feel better, even without being cured. It's the same with mental illness. We are not helpless. What ails us may never go away, but we can feel better. With a little guidance, we can do some things for ourselves and enjoy life more.

Recently the work of Dennis Charney and Steven Southwick was highlighted by Dr. Barbara Hernandez and Dr. Jessica Chen Feng in "A Mental Health Toolbox for World Mental Health Day." The "toolbox" included 10 items. Here are just 3 of them that can help us all feel better.

Gratitude is almost a miracle non-drug. We stop and think – what are we grateful for? We all have something, small or large, in our lives that we know helps us, makes us smile when we think of it or him/her, that is precious to our hearts. Just remembering, thinking of those important, beautiful things can take us out of a dark place and lighten our lives. So, pausing every day, a couple of times a day, to allow us to rest in our gratitude, can make us more positive, more open to more good things. And then we feel better.

Did you have role models when you were a kid? Probably we should all keep our eyes open for role models in our adulthood. Who do we admire now for their resiliency, for their strength? When we are feeling discouraged and powerless, we might think of them and let them inspire us.

And what about our own strengths? Our abilities, skills? We may be clueless in some areas, but we all have things that come fairly easily to us, that others admire in us. Maybe a hobby or talent. Or maybe no one else sees the beauty of our garden or our drawings, but we can see something lovely there. Let's enjoy those things we do well, those special things unique to ourselves. Let our own talents inspire us and help us feel better.

No one's talking about cures, though professional help is essential. But why not allow ourselves more inspiration and enjoyment of life along the way?

Thanks to congregant and former president Dr. Phil Gold for introducing us to the Toolbox. And look for more in coming months.

Heidi Nimmo and Nancy Sidhu, Co-Chairs,
Mental Health Awareness In Action (MHAIA)

From Our Director of Education & Youth



What a great first month we had at SJL!

We are all so happy to be back in person and I am grateful for the amazing teachers, madrichim and students for following the health guidelines and helping us all stay safe.

This past month the PreK-1st grade class learned the unit of Hachnasat orchim - welcoming guests and Bikur Cholim - visiting the sick. The 2nd and 3rd grades learned the unit of B'Tzelem Elohim - in the image of God and the 5th – 7th grades learned the unit of Shalom - Peace, the pursuit of peace is a core Jewish value.

Students are also learning Friday night prayers and they will begin to take part at the family services.

I hope that Covid cases will continue to drop in our area so we can gather in person much more.

Stay safe,

Marcela Lavi

Director of Education & Youth, sjl@emanuelsb.org

Treasurer's Report



Nothing to report this month.

Shalom!

Kathy Rosenfeld

Temple Board of Directors Meeting

Board of Directors Meeting
Thursday, November 18, 7:00pm

Sisterhood Board Meeting on Zoom
October 7th at 10:00 a.m.

Leone Hyman B'rit Olam Committee
presents
Looking Inward and Outward - Unconscious Bias
Welcoming the Stranger in a Season of Giving

An interactive workshop delivered by Dr. Brad Hyman
Tuesday, November 16, 6:30-7:30pm (Zoom only)

The Leone Hyman B'rit Olam Committee continues our year-long programming of "Looking Inward and Outward". We now wish to peer deep inside ourselves to consider our own unconscious biases, the baggage towards individuals that each of us carry with us. The Committee will offer an interactive workshop especially designed to unmask unnoticed prejudices within ourselves. This event will be used as a foundation for future programming by the B'rit Olam Committee to continue its focus on social justice and reform.

Registration is preferred. Please email the Temple office at templeadmin@emanuelsb.org (best option) or by telephone at 909-307-0400.

SISTERHOOD GIFT SHOP

Decorating for Fall? We have **BEAUTIFUL HAND BLOWN GLASS PUMPKINS** from the Luke Adams studio in Boston.



We have Specially Flavored *TEAS* to drink as you curl up. With the *NEW BOOK* you choose from the many we have on our shelves!



We have a variety of **Lotions, Body Wash, Shampoo, Conditioner and Perfumes** to nourish your body and soul.

Hanukkah is the very last week this month!!!

Menorahs, candles, dreidels, decorations and gifts are just a phone call away.



Did you join Sisterhood early and receive your **\$5 off coupon**?? The expiration date has been extended through the end of the month!!!

Your Gift Shop Team is ALWAYS here to provide contactless viewing and delivery.

We can only accept checks or cash in the exact amount at this time.
Please contact Lisa Wise-Wolk with any questions. 909-723-3238

Happy Birthday!!! יום הולדת שמח

We rejoice with those whose birthdays occur in November and wish them a *Mazal Tov*:

1-November	Paul Shimoff	14-November	Michelle Anctil
2-November	Sharon Lang	14-November	Fredric Rabinowitz
5-November	Karina Rabinowitz	19-November	Marylou Hanover
8-November	Margy Spears	22-November	Leah Zipperstein
8-November	Kathy Trainor	24-November	Cyril Kaicener
8-November	Seth Glasser (13 years old)	24-November	Luisa Cohen (12 years old)
9-November	Leia Needelman (16 years old)	25-November	Samita Needelman
10-November	Coco Rettke (2 years old)	26-November	Lynn Mathews
11-November	Jacob Fenster	28-November	Margie Matos
11-November	Samuel Acevedo (14 years old)	29-November	Shelley Bodnar
12-November	Sara Maltzman	30-November	Julianne Strain

Happy Anniversary!!!

We extend a hearty *Mazal Tov* to the following whose wedding anniversaries occur in the month of November:

26-November Vickie & Steve Becker
27-November DJ & Jeffrey Raynes

We Gratefully Acknowledge

We gratefully acknowledge these contributions to our various temple funds:

TEMPLE FUND

In observance of the Yahrzeits of...

Rae Meyers by Roberta and Phil Gold
Sol Buchband by Sheri Maltzman
Leslie Levine by Julian Levine
Irvin Yaffe by Deborah and Daniel Schwartz
Harold Levin by Deanna and Mark Levin
Anna Fisher by Marsha and George Hanover
David Fisher by Marsha and George Hanover
Jack Murray Lampel by Anita Lampel
Martin Lebowitz by Nancy Justice
Douglas Hosmann by Michele and Paul Zipperstein
Marie Fulton Miller by Michelle Anctil
Simone Keir by Debra and Ralph Phillips
Spc. Jacob Fletcher KIA Iraq by Vickie and Steve Becker
William Becker by Vickie and Steve Becker
Michael Weiss by Esther Weiss
Lillian Rhein by Linda and Peter Rhein

In Memory of...

Michael Orland by Lenore and Fred Sauberman
Michael Orland by Michelle Anctil and Judith Smith
Michael Orland by Deborah and Daniel Schwartz
Michael Orland by Roberta and Phil Gold
Michael Orland by Ethel McAfee
Michael Orland by Terry and Warren Willen
Michael Orland by Nancy and Dip Sidhu
Michael Orland by Ellen and Michael Brown
Michael Orland by Bradley Hyman
Michael Orland by Sandra and George Bandura
Kurt Gottschalk by Pam and Chuck Vinocur

For the recovery of ...

Leo Glogas by Ethel McAfee

CHERRIE LUBEY FLOWER FUND

In observance of the Yahrzeits of...

Michael Weiss by Esther Weiss
Sidney Vines by Sherri and Rob Vines
Gertrude Alzheimer by Nancy Darling

In Memory of...

Michael Orland by Ethel McAfee

In Appreciation of

Sisterhood's Contributions to the Celebration of Michael Orland's Life by Margie Orland

RABBI REZNICK'S DISCRETIONARY FUND

In Appreciation of...

Rabbi Reznick Leading Michael Orland's Memorial Service by Margie Orland

CANTOR JENNIFER BERN-VOGEL'S DISCRETIONARY FUND

In Appreciation of...

Cantor Bern-Vogel Leading Michael Orland's Memorial Service by Margie Orland
Cantor Bern-Vogel, Jerry Ripley and the CEE Choir for High Holy Day Music by Michelle Anctil and Judith Smith

MORTGAGE REDUCTION FUND

In Memory of...

Michael Orland by Margy and Orville Spears

HOLOCAUST EDUCATION

In memory of...

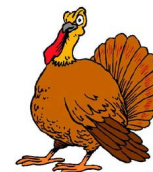
Kurt Gottschalk by Pam and Chuck Vinocur

Yahrzeits

The following Yahrzeits will be observed during the month of November: Those with a (★) are inscribed on the Wall of Perpetual Memorial:

November 5-6	November 12-13	November 19-20	November 26-27
Myrtle Barnla ★William Becker Edith Becker Margaret Bender ★Samuel Birnkrant ★Sarah Blumenthal ★Samuel Brill Ruth Bryce Murray Cohen Martin Cramer ★Lily Burstin Drantch ★Leonard E. Eckstein Marie Fulton Miller ★Rachel Glovinsky ★Sophie Goldberg Paul E Gustafson Louis Hirsch Michael Hosmann Douglas Hosmann ★Rose Karen ★Abraham Kavovit Edith "Edie" Keller ★Jack Lampel ★Harriet E. Levine ★Lillian Levine ★Lilyan Liss ★Celia Mishkin Sylvia Newman Burt Orland Harry Pearl Sallie Peters ★Lillian Rhein ★Rebecca Rogers Fredrick Rosenfeld Elmer Scharf ★Irving Schwimmer ★Louis Stein Rebecca Steinberg	★Edith Abramson ★H. Ted Bial ★Henry Binder ★Rose Burstin ★Diane Doros ★Arnon Dotan ★David Ellman ★Benjamin Feit ★SPC Jacob Fletcher ★Jack Fremland ★Louis Greenberg ★Rudolph Greenhood ★Malvina Guttman ★Anna Harris ★Louis Helfman ★A1C Keir Damon Johnson ★Celia Kustin ★Nat Levin ★Herbert Lubell Monnus Marcus ★Lena Marcus ★Lillian Meyer ★Aaron Miller ★Edward Philipson ★Nat Pinsky Alex Rudd Edna Schnitzer Evelyn Schnitzer Henrietta Schwartz ★Flora Sentob Ethel Tishkoff	★Jeanette Abrams Jarrod Auttersson ★Lillian Brill Saul Brown William Christian ★Judge Christy Donenfeld ★Rose Doros ★Barney Finkleman Herbert Garelick ★Israel Gold ★Joseph Gottlieb Tillie Hill Leslie Hubbard ★Kortney Johnson ★Robert Kaplan Sylvia Karter Dina Levy ★Dorothy Levy Thomas McAfee ★Nathan Mishkin Horace Nahm Sam Schwartz ★Harry Selwyn ★Abram Sosnowicz Robert Sukenik ★Bessie Uffer ★Hyman Weisser ★Caroline Wolfenson Max Yaffe	★Robert Abelsky ★Joseph Alpert ★Sara Ansill ★Charles Binder Itzik Blumen Max Bresnick ★Mae Cohen ★Norman Earnstein ★Rebecca Finkler Adrienne Gilbert ★Max Hanover ★Johanna Harris ★Abram Hodes ★Elsie Hoelzl ★Jack Joseph Gerald Kaplan Samuel Kitay ★Regina Kleinman Calvin Leidner Bert Medoff ★Max Moschel Loretta Nave David Nickel Emile Ohayon ★Richard Pick ★Abbot Robbins ★Max Rosen Sgt. David Roten Jr. ★Lise Rundberg Roberta Allen Yetta Schwartz Morris Sheppard Robert Soltz Ethel Stein ★Anna Vitsky ★Jacob Wayman ★Murray Weintraub

Let's Talk Turkey! It's Turkey Donation Time Again! We Need Your Help



For many years, our Congregation has partnered with Cornerstone in providing turkey dinner for families in need during the holiday season.

This year we are trying to supply 72 turkeys (that's quadruple chai!).

Donations of \$25 per turkey can be made to meet this need and provide turkeys to families through our Annual Turkey Fund Drive.

Donations are now being gratefully accepted in the temple office.



Congregation Emanu El

1495 Ford Street, Redlands CA 92373

Rabbi Lindy Reznick • Cantor Jennifer Bern-Vogel

Marcela Lavi, Director of Education and Youth • Jerry Ripley, Organist/Choir Director

Judy Filsinger, Administrator

Rabbi Hillel Cohn, Rabbi Emeritus

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