



Watch the weekly emails and emanuelsb.org for any updated information on in-person services and Zoom services.

Friday, October 1, 6:30 pm: Erev Shabbat withRabbiReznick ZOOM ONLY

Friday, October 8, 6:30 pm:Erev Shabbat with Cantor Bern-Vogel ZOOM ONLY

Friday, October 15, 6:30 pm: Erev Shabbat Service with Rabbi Reznick and Cantor Bern-Vogel ZOOM ONLY

Friday, October 22, 6:30 pm: Erev Shabbat Service with Rabbi Reznick and Cantor Bern-Vogel ZOOM ONLY

Saturday, October 23, 10:00 am: Shabbat Service with Rabbi Reznick and Cantor Bern-Vogel ZOOM ONLY

Friday, October 29, 6:30 pm: Erev Shabbat Service

withRabbiReznick ZOOM ONLY

Learn about this week's Torah Portion

Want more information about the Torah portion for the week? The Union For Reform Judaism publishes a weekly guide available at <u>https://reformjudaism.org/learning/torah-study</u>. *If you're reading this online, click on the web address to be taken there now.*

Rabbinic Reflections



I am filled with gratitude as I write this we are in the middle of the holiday of Sukkot. This holiday is often described as the Jewish Thanksgiving. It has always been one of my favorite Jewish holidays because it beckons me to find gratitude, in a time when I am often exhausted after Rosh Hashanah and Yom Kippur. As I write this I am sitting in my white sukkah this year, grateful to be alive, to have made it through some of the most challenging high holidays I have ever experienced. I thought last year was hard, but this year was so much harder. Our need to pivot on a dime this year was only possible thanks to a huge amount of work on many key people, Cantor, myself, our Leadership, Our Education Director, Our Health and Safety Taskforce, and especially our technical directors countless hours and long nights editing videos,

our recordings from last year, and our ability to bring high quality online programming, a handful of volunteers, our hard working president and past president; without all of these players and our countless volunteer and additional funds none of this would have been possible. I want to thank everyone who was able to help us pivot last minute so we could be able to offer a meaningful Yom Kippur, differently than we had planned.

Emanu El we need you now more than ever. As our pandemic continues to rage, our needs as a community continue to grow. Our communities support for our High Holyday (previously called Kol Nidrei) Pledge is vital to our ability to survive these pandemic times. Unfortunately as a congregation we are not supported by a local federation, we are solely supported by our members. Membership dues do not come close to covering our costs. The past two years have fallen hard on many, but others have managed to survive and continue to give to their favorite non profit organizations. Your Rabbi and temple board are working hard on creating a development plan that will help us survive this incredibly trying times, but without your donations it will not be possible. So if you care deeply about Congregation Emanu El, I want to invite you to show your gratitude for all we have done for you and your family and help us ensure that we will survive these difficult times and be able to provide for the Jewish and non-Jewish community in the Inland Empire for decades to come. It will not happen without you.

In Gratitude, Rabbi Lindy Reznick

Cantorial Comments

Pivoting - Pirouetting into 5782 'Standing on one foot!'



Before the High Holy Days this year, one of my colleagues posted an encouraging reminder for all of us as we prepared our service music and liturgy for Rosh Hashanah and Yom Kippur: PIVOT! Little did we know how much we would need to engage all our available resources to pivot, even up until the last minute. I'd like to think that our pivots turned into musical pirouettes...The pirouette is a classic move in a ballet dancer's repertoire – a complete turn of the body on one foot. By learning the proper positioning and form to execute a turn, like dancers, we can gracefully maneuver through and thoughtfully design these new experiences for our participants through virtual environments.

How did we gracefully maneuver? Due to a positive Covid result between Rosh Hashanah and Yom Kippur, we went back to virtual services only, and were now completely dependent on the dance-like expertise of Janelle Cruz to smoothly navigate and manage all of the choir and solo music videos from last year. Our other 'dancers' included those whose names we have been mentioning throughout our services, but I want to personally thank our small, but mighty' corps': choir members who were rehearsing with our Choir Director, Jerry Ripley, weekly and then twice weekly for the past two months: newest member, Emily Croft, along with Barb Smith, Lisa Wise-Wolk, Chel Zipperstein and George Petite. We were able to hold Rosh Hashanah services together, including Torah chanting by Lisa Wise-Wolk. The singers from last year who recorded their parts from home included: Michelle Anctil, Grace Harris, Elliot Levine, Sheri Maltzman, George Petite, Barb Smith, Lisa Wise-Wolk, Chel Zipperstein. We were also fortunate to have Michelle Actil's shofar recording for Neila.

Since we were back to online services for Yom Kippur, congregants were able to hear last year's recordings of Torah chanting from Michelle Anctil, Leslie Soltz and Wei Wei Xia [all the way from Japan!]

So, thank you again, to our musical team - our 'corps du ballet' - for pivoting and pirouetting along with your clergy and the rest of our professional team. We were sadly reminded that the pandemic is far from over; tensions are high, nerves are frayed and we are exhausted. As we pivot, pirouette and maybe even stumble together into 5782, may we continue to summon our patience and compassion for one another, taking to heart the words from Hillel, when he was asked to recite the entire Torah while standing on one foot:

'What is hateful to you, do not to your neighbor: that is the whole Torah, the rest is the commentary; go and learn it.'Shabbat 31a:

Cantor Jennifer Bern-Vogel

Presidential Perspectives



Welcome to the year 5782! A new year seems an especially appropriate time to express gratitude. I want to take this opportunity to express my personal gratitude for all of those who volunteer to serve our congregational community. These individuals often work behind the

scenes and answer the call to help on a moment's notice.

There are so many who deserve thanks -- more than can be acknowledged in this short column-- so I will give just two recent examples.

Example #1: Thanks to all who helped with the creation and delivery of the High Holy Day gift bags. This project was a collaboration between Sisterhood, Clergy and the Board of Directors. Thanks to the Sisterhood women who baked the delicious honey muffins: Leslie Soltz, Paula Kaye, Michele Zipperstein, Lisa Wise-Wolk, Barb Smith, and Karyn Lehmann. Thanks to Dr. Elizabeth Raskin's son Henry for the original art included as a coloring page in your gift bag. Thanks to Karyn Lehmann for assembling the honey greetings and to Tamicka Walton for stuffing the bags. And thanks to the individuals who made personal deliveries: Michele Zipperstein, Jay Donenfeld, Leslie Soltz, Karyn Lehmann, Richard Taylor, Past President Philip Gold and Roberta Gold, Michelle Anctil, Harriet Briant, Judy Margolis, and Shauna Van Horn. We personally delivered 125 bags locally and mailed another 53 packets to those in outlying areas.

Example #2: During the recent High Holy Days, as we found it necessary again and again to rethink and reconfigure our schedule, several volunteers performed valiantly to keep you up-to-date. On very short notice, changes and updates were made to the website by Immediate Past President Stuart Sweet, new Constant Contact emails were created by Phyllis Sweet, and last-minute changes were incorporated in to the bulletin by Past President Julie Strain.

These are but two examples among many. We are a community. We work as a team. We help one another. Thank you for being part of the Congregation Emanu El community. I wish you a bright and happy new year.

Dr. Susan Damron

Temple Board of Directors Meeting

Board of Directors Meeting Thursday, October 23, 7:00pm

Sisterhood Board Meeting on Zoom October 3rd at 9:00 a.m.

Sisterhood Speaks



Our CEE Family began 5782 with a Honey Greeting! Perhaps many of you were able to enjoy and thank Sisterhood members Barb Smith, Leslie Soltz, Karyn Lehmann, Lisa Wise Wolk, Paula Kaye, and Chel Zipperstein for the honey apple muffins. They baked them with love, and the collective hope of a Sweet New Year.

Rabbi Lindy Reznick and gel followed those hopes and

Cantor Jennifer Bern-Vogel followed those hopes and Honey Greetings with a joyous Rosh Hashanah service. Our accompanist, Jerry Ripley, and our choir, helped to facilitate such an inspiring High Holy Day (HHD) experience for us all. Janelle Cruz produced a professional hybrid virtual broadcast of our HHD services. Past and present components of CEE's best HHD offerings were made available for a seamless service. The day of Yom Kippur was full of reflection as individuals, and as a people. The Yizkor service gave us the opportunity lament the loss our loved ones and also provided us with comfort. Culminating with Neilah and Havdalah, our CEE family left services with hopes for a Sweet New Year!

Our Temple President, Dr. Susan Damron, our Health and Safety Task Force, the Temple Board, and CEE as a family as a whole, helped to support and prepare for our services. We worked as a family to offer safe and meaningful HHD. We hope you had an easy fast and enjoyed breaking said fast with your loved ones. This is the beginning of a new year, with the CEE family, new virtual members, and new program offerings.

The next Sisterhood program offering is an exploration with the Sisterhood Book Club, scheduled for **Monday**, **October 4, at 7:00 pm, via Zoom.** We will discuss <u>*The*</u> <u>*Tunnel*</u> by A.B. Yehoshua. The next book we will read is <u>*Marjorie Morningstar*</u> by Herman Wouk. That Zoom book discussion date will be in the CEE bulletin. You do not need to be a member of Sisterhood to attend Sisterhood Book Club, however, we do welcome you to join us!

For our newest Sisterhood members, we hope you have or will soon enjoy the privileges of your membership, including discounts at the gift shop. Please contact Lisa Wise Wolk for the Judaica items of your heart's desire.

We send a Bon Voyage to our dear sister and friends, Phil and Deb Holder. Deb and her husband Phil have been active in Temple life for many years. Their move takes them to Pennsylvania to be near their daughter Erin, who recently graduated from college and works in New York, and their son Drew, who is a college student in New York. They have extended family who resides in the area as well. We are happy they can be near their family and will most certainly miss their presence here at CEE.

L'Shanah Tovah,

Kimberly Wolfe Morgan

President, Sisterhood sisterhood@emanuelsb.org Jewish War Veteran, Post #385



Mental Health Awareness in Action

What is health? Mental health? Physical health? We might say it's when the body, including the brain, is working successfully. Well, yes, but maybe it's more than that.

Our Surgeon General recently expressed his own vision of true health. Dr. Vivek Murthy was talking with Ira Flatow in the July 23 edition of the radio program, "Science Friday." Ira asked him what kind of legacy he ultimately wanted – this is his second time as Surgeon General of the U.S. Dr. Murthy didn't know exactly:

"But I'll tell you what I deeply care about, what I want to focus on. And that includes mental health, but it's broader than mental health, because it's about well-being more broadly. Well-being is about more than mental illness. It's about whether we are optimizing our physical and emotional well-being in each and every day of our life."

Dr. Murthy then talked about his young children - 3 and 4 years old. Young ones can truly focus the mind. And then he went beyond the typical Surgeon General boundaries:

"And so one of the things I find most interesting and most concerning and urgent is this question of how do we rethink the cultural underpinnings of well-being? How do we think about the factors that are driving us to not be who we are, to disconnect from perhaps the deeper impulses we had when we were children that drive us toward happiness and openness and transparency? How do we get back to being who we really are? And that's a conversation I think we are primed to have during this pandemic as we look to potentially come out of it in the months ahead. Because the question, Ira, for all of us is how do we design our post pandemic life? We don't have to snap back to 2019 exactly as it was. We have a choice to make. How do we want to live differently? And in my work as Surgeon General and afterward, if I could do one thing, which is to shift us away from living in a work-centered society to living in а people-centered society, where we prioritize relationships, where we build our lives around the people that we love, to me that would be one of the most powerful things that we could do. To harness

the extraordinary power of relationships to improve our health, our well-being, and our happiness."

As we continue to struggle through all facets of this pandemic, do you think we might have the imagination and inspiration to "live differently," to create a "people-centered society?" Do we share that vision? What might that actually be like? And how might it ease even our human mental issues and illnesses?

As we step further in 5782, let's imagine a better society for us all. If we can imagine it, maybe we can create it.

Heidi Nimmo and Nancy Sidhu, Co-Chairs, Mental Health Awareness In Action (MHAIA)

From Our Director of Education & Youth



Shalom Emanu El,

I am happy to share with you that the School for Jewish Living has begun in-person again! It was so exciting to see our students and our staff returning to the Temple. We welcomed new and returning students and their families. We welcomed,

as well, returning teacher Keeana Sbar and new teachers Shira Grifith and Jonpaul Cohen and our Madrichim, Emily and Sam Ladenson.

We began our day in a joined T'fila with Rabbi Reznick and learned about Sukkot and the 4 Species. The students got to meet their classmates and teachers and began learning Hebrew and Jewish values with the Shalom learning curriculum.

We look forward to a fun and meaningful year as well as a healthy and safe one as we follow the health guidelines by wearing masks and keeping social distancing.

This year we will have SJL students helping lead the family services the second Friday of each month at 6:30pm, please join us!

Toddler time will get back in person soon and we will have more family and L'Dor Va Dor activities, as we plan a safe return to in person meetings.

I am looking forward to a fantastic new year at the School for Jewish Living,

Marcela Lavi

Director of Education & Youth, sjl@emanuelsb.org



Treasurer's Report

Nothing to report this month.

Shalom! Kathy Rosenfeld

5782 Jewish Calendars

Once again beautiful Jewish calendars are being made available to the members of our congregation. These are provided by Hillside Memorial Park and Mortuary of Los Angeles. The calendars are available to be picked up at the temple office. We are grateful to the management of Hillside Memorial Park and Mortuary for their generosity.



SISTERHOOD GIFT SHOP

The **Gift Shop is getting ready to welcome you back.** Sooner, rather than later is the hope we all have.

Your Gift Shop carries a wide selection of JUDAICA and of BEAUTIFUL, UNIQUE GIFT ITEMS.

Until then and as always, **any items you need from Your Gift Shop are available** by contacting Lisa Wise-Wolk (909-723-3238) or Barbara Smith (909-801-4436).

CREDIT CARDS are not able to be accepted at this time.

Checks and EXACT cash only until the shop is up and running as we were prior to March 2020.

In Memoriam



It is with deep sadness that we share the news of the passing of

Michael Andrew Orland December 28, 1966 -September 4, 2021

Michael is predeceased by his father, Burt Orland, and he is survived by his wife, Lisa Orland, his sons, Jacob & Jared Orland, and their mother, LaRee Orland, his brother, David Orland and his mother, Margie Orland.

זכרונם לברכה

May the memories of the righteous be for a blessing

Let's Talk Turkey! It's Turkey Donation Time Again! We Need Your Help

For many years, our Congregation has partnered with Cornerstone in providing turkey dinner for families in need during the holiday season.



This year we are trying to supply <u>72 turkeys</u> (that's quadruple chai!).

Donations of \$25 per turkey can be made to meet this need and provide turkeys to families through our Annual Turkey Fund Drive.

Donations are now being gratefully accepted in the temple office.

Happy Birthday!!! יום הולדת שמח

We rejoice with those whose birthdays occur in October and wish them a Mazal Tov:

- 1-October Debbie Schwartz
 1-October Francisco Acevedo
 5-October Ira Vogel
 6-October Philip Holder
 9-October Kat Grossman
 9-October Claudette Guy
 10-October Lillian Gaunt
 12-October Emily Ladenson (15 years old)
 12-October Leslie Soltz
 14-October Melissa Ladenson
 14-October Ryan Rettke
 15-October Leah Sukenik
 18-October David Cohen
- 19-October Zeeda Nierman
 19-October Oliver Canchola (7 years old)
 21-October Emily Beasley
 22-October Ava Lalezarzadeh
 23-October Elijah Weiser (11 years old)
 24-October Jonah Weiser (11 years old)
 24-October Carl Mitchell
 24-October Jack Smith (12 years old)
 25-October Vickie Becker
 25-October Hannah Lewis
 26-October Josephine Raynes (10 years old)
 30-October Philip Berger

Happy Anniversary!!!

We extend a hearty *Mazal Tov* to the following whose wedding anniversaries occur in the month of October:

1-October Deanna & Mark Levin 16-October Margy & Orville Spears 16-October Cheryl & Howard Sukenik 26-October Dip & Nancy Sidhu

We Gratefully Acknowledge

We gratefully acknowledge these contributions to our various temple funds:

TEMPLE FUND

In observance of the Yahrzeits of ... Penni Clark by Shauna and Walt Van Horn William Bellman by Myral Bellman Eileen Kaufman by Sharon and Richard Granowitz Ella Sherman by Shelley and Barry Silver Marilyn Estrin by Shelley and Barry Silver Michael Weiss by Ellen Weiss June Hyman by Jill and John Arnstein Richard Hyman by Jill and John Arnstein Miriam Dunn by Leslie and Julian Levine Harold Kipper by Susan and Daniel Miller Shirley Norian by Celia Norian Sam Schnitzer by Denise and Mark Schnitzer Sophia Peters by Shauna and Walt Van Horn Jean Teitlebaum by The Etzioni Family Avegdor Etzioni by The Etzioni Family

In Memory of ...

Michael Orland by Shauna and Walt Van Horn Michael Orland by Ellen Weiss Michael Orland by Sharon and Richard Granowitz Michael Orland by Leslie and William Soltz Michael Orland by Jill and Greg Weissman Michael Orland by Vickie and Steve Becker Michael Orland by Marilyn Solter Michael Orland by Linda Stratton Michael Orland by Joyce and Barry Eskin Michael Orland by Susan Tackel and Elias Silverman Michael Orland by The Nemeth Family Michael Orland by Joanne and Don Singer Michael Orland by The Lev-Tov Family Michael Orland by Paula Kaye Michael Orland by Marcy and Barry Bader Sharley and Kurt Gottschalk by Joyce and Barry Eskin Leone Hyman by Jill and John Arnstein Violet Morgan by Leslie and William Soltz

In Honor of the Birth of ...

Ethel McAfee's great grandchild and Marcia Mulvaney's grandchild by Leslie and William Soltz

In Appreciation of... **The Caring Committee** by Francine Wixen

CHERRIE LUBEY FLOWER FUND

In observance of the Yahrzeits of... **Coleen Darrow** by Roberta and John Darrow

In Memory of... **Evelyn Kaplan** by Shelley and Barry Silver

MORTGAGE REDUCTION FUND

In Memory of... Michael Orland by Joyce and Barry Eskin Joseph Filsinger by Joyce and Barry Eskin

Yahrzeits

The following Yahrzeits will be observed during the month of October: Those with a (\Rightarrow) are inscribed on the Wall of Perpetual Memorial:

| October 1-2 | October 8-9 | October 15-16 | October 22-23 | October 29-30 |
|--|--|---|--|---|
| October 1-2 Mina Barnett | October 8-9 Gertrude Altheimer Herman Arlein [★] Lena Edith Bernstein Ben Blackwell [★] Morris Bogdanow Maxine Davidson Ralph Davidson [★] Nathan Frankel [★] Rose Fremland [★] Arnold Frisch Moses Goodz Paul Harris Florence Harris [★] Harold Jaffrey [★] Philip Kassel | October 15-16 | October 22-23 | October 29-30 Carbon 29-30 Carbon Brin Carbon Brin Sara Ceizler Benjamin Davidson Sam Deutsch Sophie Edberg Milton Effron Claire Feigenson Irving Finkler Mariano Fusco Reuben Gilbert Rebecca Helfman David Hoffman Sam Joseph |
| Howard Israel Hannah Katz Hyman Katz Simone Keir Mary Klein Wallace J. Lebeck Harold Levin Jack A. Levine Maurice Lichtenstein Everett J. Olenick Sophie A Peters Abram Rosen | Finitip Kasser Cecile Katz Robert King Louis Lempert Norma Maskin Hilda Mccraw Rose Miller Rose S. Miller Rae Adelson Myers Dorothy Neumann Frank Nickerson Nathan Pasman | Benjamin Kaplan Rena R. Knopf Morris Krieger Nettie Levin Leslie Levine Dora Lichtenstein Myra Marashinsky Mira Marmor Helen Mishook Joseph L. Modes Jack M. Nelson | Sadie E. Lawrence Armand Lehmann Jan Martynec Myer Medoff Rose Milgram Jon Plaut Faythe Printz Beverly Protess Isidore Rundberg Mary Jane Salow Louis Secofsky | Sain Joseph Jeffrey Kamzan Martha Kaplan Sprinza Korengold Harry Kramer Martin Lebowitz Lucien A. Lehmann Lena Levenson Louise S. Levine Adeline Libman Norbert Low Irene Lubelsky |
| Samuel Schatz ☆Abraham Silverman ☆Eleanor Smith ☆Esther Vaugall Joyce Wakefield ☆Anna Walt Samuel Zelen | [★]Joe Scher Edward Schnitzer Gene Selig [★]Julius Spears [★]Max Uffer [★]Mark Walder [★] Michael Weiss | Hedwig Neuburger George Phillips Lily Pinsky Terrie Ramos Leelah Raynes Arthur Robin Jenny R. Rosenbaum Paul Rowelsky Louis Rowelsky Ruth Rowelsky Dorothy Saperstein Samuel Schwartz | 本Louis Sharelson ★Bertram Spears ★Herman Stelzer ★Lillian Weinstein ★Lazarus Wolk Shelley Wynne Irvin Yaffe | Rose Marx Joel Mayfield Adele Nahm Sanford Norian Jerome Pasternak Charles Reyman Milton Robin Max Rosen Edward J. Seeman Bertha Silverman Melvin Silverman Harold F. Simon |
| | | Jacob Sentob Margaret Sevcik Abraham Sheppard Harry Sherman Paul Spitzer Heinrich Strauss Harold Sweroloff Charles Tannenbaum Bessie Traves Stephanie Wechsler Teresa M Weiner George Wixen Estelle Zamell | | ★Leona Soltz Leo Stein ★Ann Stewart ★Edith Suchow Ivan Tannenbaum ★Sidney Vines ★Howard Waldman Descygne Wise Rose Zwick |



Rabbi Lindy Reznick • Cantor Jennifer Bern-Vogel

 $Marcela\,Lavi, Director\,of\,Education\,and\,Youth\bullet Jerry\,Ripley, Organist/Choir\,Director$

Judy Filsinger, Administrator • Tamicka Walton, Executive Assistant Rabbi Hillel Cohn, Rabbi Emeritus

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