



Congregation
Emanu El

THE BULLETIN

1495 FORD STREET · REDLANDS · CALIFORNIA · 92373 · (909) 307-0400

JULY 2021

TAMMUZ-AV 5781

VOLUME L - NUMBER 10



Watch the weekly emails and emanuelsb.org for information on in-person services.

All services will be simulcast on Zoom even if they are also in-person.

Friday, July 2, 6:30pm: Erev Shabbat

with Rabbi Reznick and Cantor Bern-Vogel

ZOOM ONLY Friday, July 9, 6:30pm: SHABBAT B'YACHAD

with Rabbi Reznick and Rick & Addie Lupert

Friday, July 16, 6:30pm: Erev Shabbat Service

with Rabbi Reznick and Cantor Bern-Vogel

Saturday, July 17, 10:00am: Shabbat Morning Service

with Rabbi Reznick and Cantor Bern-Vogel

Friday, July 23, 6:30pm: Erev Shabbat Service

with Rabbi Reznick and Cantor Bern-Vogel

Friday, July 30, 6:30pm: SHABBAT K'TSAT

A shorter service with Rabbi Reznick

Learn about this week's Torah Portion

Want more information about the Torah portion for the week?
The Union For Reform Judaism publishes a weekly guide available at
<https://reformjudaism.org/learning/torah-study>.
If you're reading this online, click on the web address to be taken there now.

Rabbinic Reflections



Dear Emanu El,

This year, more than any I can remember, I am longing for a true summer. I am wishing for longer days: to have more time with my family and more time outdoors. After a year and a half of staying home, no travel, spending time as a teacher, being mom, lunch lady, rabbi, gym coach, math tutor, extra curricular specialist; I am so ready for time away and travel, and I assume you are too.

So this summer I plan on heading out with the kids into nature. After living our life for the past eighteen months on a screen, I want nothing more than to be away from screens, laptops, and phones. To just be as the ones before us were, fully engaged with ourselves, fully accepting of ourselves, is something I've longed for for the past year and a half.

So I will be packing up my Subaru, complete with gluten free goodies, flashlights and hiking boots, and will head out into the woods. This year we've learned that we must do what helps us recharge. Nature is one of those places where we can feel the presence of something greater than ourselves, reconnect, get away from the to do lists and endless hours of e-mails. The wide expanse of the great outdoors is the perfect place to find our souls again.

I invite you to join me, in reconnecting with nature, with your family and your selves. You don't have to stay overnight to do this. You could take a drive to a local garden, or hike, or if you are feeling adventurous explore the national parks. After only a short time you are guaranteed to feel refreshed. Will you join me this summer and get out into nature? See you under the big blue sky; and we can grab a bite to the left of the giant redwoods. Happy Summer.

Rabbi Lindy Reznick

Cantorial Comments

Summer Musings ...

There is an expression we use a lot in modern, spoken Hebrew – *l'at l'at*; equivalent to the French *peu a peu* it basically means *slowly, slowly - one step at a time*. That is what, I believe, we all need to remind ourselves of as we transition from fifteen months of isolation back into community worship and in-person sharing. After months of trying to perfect our technology and zoom communication, we can begin to free ourselves from those 'little boxes'. And yet, we have discovered numerous advantages in being able to gather for meetings and inter-continental conversations from our homes. Still, hybrid – shmybrid, we must accept that it is going to be awkward and frustrating and coordinating sanctuary, zoom [and facebook] poses new challenges. We hope you will bear with us as we all try to provide the best services and communication as we navigate still newer waters under less than perfect circumstances and help support one another...!



On a slightly different note... we are starting to rev up to the High Holy Days when, God willing, we will all be singing together again. In his article, **Is music fundamental to Jewish prayer?** Joey Weisenberg, contemporary musician/composer and writer, beautifully articulates this response:

Music is the most immaterial and ephemeral of all the art forms. We can't see music, we can't grasp it in our hands, but we can feel it working through us and the world. As such, music represents our connection to the divine, to each other, to everything. Music is a wordless prayer that opens up our imaginations to the divine source of all life. In the Hebrew numerological system known as Gematria, the numerical value of the words for prayer, tefillah, and song, shirah, are identical. From this we can see that music is a form of prayer, and prayer is a form of music. Indeed, the Talmud teaches us that music and prayer are virtually synonymous, declaring:

What is the source of this linkage? Is it possible that music can open our ears and our hearts so that we can better sense the nuance and subtleties of the world around us? If we open our mouths and sing our imperfect songs, can we connect with the divine songs of all creation? Can our prayer chants open the gates of heaven? Can our melodies unlock divine mysteries?

Jewish tradition suggests that it can. The prophets of ancient Israel surrounded themselves with music, using its power to help them enter an ecstatic mindset. In one story, the prophet Elisha wanted to hear the word of God, so he requested that a musician start to play. As soon as the musician played, Elisha's prophetic abilities commenced: "And when the musician played, the hand of God was upon him." [II Kings 3:15]

Perhaps the question, **"Is music fundamental to Jewish prayer,"** can inspire our summer reflections as we begin our spiritual journey into Elul and the High Holy Days season.

Where there is song, there is prayer. (Berakhot 6a)

Have a safe & peaceful summer!

Cantor Jennifer Bern-Vogel

Presidential Perspectives



Welcome home Emanu El! That's what our signs said as we reopened our beautiful building and began worshipping in our sanctuary after so many months away.

Welcome home.

Home is knowing we belong, that we will be cared for, that we will care for others. Home is knowing that our traditions and our values will be honored. Home is welcoming others to join us, saying to them, "our home is your home."

We are delighted to be able to come together in our beautiful building on Ford Street. And yet our Emanu El home does not exist solely as a building. It exists whenever and however our congregational family comes together-- in our building or on Zoom; in large groups or small; in a phone call, a friendly email, or a note card that says "I'm thinking of you." Our Emanu El home exists in the web of caring and connection between us.

May our Emanu El home be one of belonging-- where those who support our Jewish values feel that they belong regardless of age, skin tone, racial or ethnic identity, social or cultural background, sexual orientation, gender identification, economic status, or family structure.

May our Emanu El home be one of caring-- where we support one another in times of need and celebrate together in times of joy. Let us reach out to those who are new to our community, so they will also feel this caring and connection.

May our Emanu El home be one of service. Let us continue to work with our faith partners and other organizations as we did this past year when we provided holiday gifts to refugees and supported community food drives. As restrictions lift, we will have even more opportunities for community service.

May our Emanu El home be where we live our sacred values and pursue justice for all people. Let us continue to educate ourselves and take action to promote a more just, equitable, and sustainable world.

May we all come home to a community of belonging, of caring, of service, of pursuing justice. I am honored to be a part of this community. I look forward to working together with you and serving our congregation in the days ahead.

Dr. Susan Damron

Treasurer's Report



Dear CEE Congregants,
Welcome to the 2021/2022 Fiscal Year for Congregation Emanu El!

You should have received your renewal package in the mail. If you have not, please contact Judy Filsinger at 909-307-0400.

The Temple Board has been very careful to keep our expenses to minimum while providing you all with quality religious programs, adult education classes, intellectual speakers and seminars, and an excellent religious school program during the past fiscal year. To continue these programs into 2021/2022 we need your financial support. Please pledge generously.

We will enter another budget year where funds will be tight. I pledge to spend each dollar wisely. But I need your help as congregants to pay your pledge amounts as due and to support all of our fund raisers this year. As a congregation we can continue to keep our doors open and enjoy our beautiful building and grounds. But we will all need to dig deep and support our congregation as generously as we can.

Please try to pay your 2021 pledge balance and any other pledges you have made to CEE as soon as you can. If you are not sure what the balance due on your account is, please contact Judy Filsinger at the Temple Office and she can give you that information. The number is 909-307-0400.

Shalom!

Kathy Rosenfeld

Temple Board of Directors Meeting

Board of Directors Meeting
Thursday, July 15, 7:00pm
All are welcome

Contact Sisterhood President Kimberly Wolfe-Morgan for Sisterhood meetings.

Sisterhood Speaks



“Improvise, Adapt, and Overcome.”

These words are commonly used within a military setting, but as Jews, these words have applied to what our ancestors have done throughout generations. They have improvised, adapted, and overcome, based upon the circumstances in which they found

themselves.

Some of us are uncertain, fearful, and resistant to change. When pandemic conditions warranted, many of today's Jewish communities improvised and held Zoom Shabbat Services. They marked life cycle events via Zoom, and here at CEE we held a Bar Mitzvah that was celebrated entirely online. It was our way of improvising. When we were informed we could open our temple doors for limited capacity, we adapted, and a family-only, in-person Bar Mitzvah was celebrated. When pandemic conditions changed again, we adapted and were able to celebrate our first in-person Shabbat Service here at the Temple. It was beautiful to be together again and there was no shortage of tears, laughter, and happiness at being together--and quite frankly, this could change again.

Wandering through the desert with limited food and water, but an extra helping of uncertainty frustrated our ancestors. One can only imagine the number of times that people asked Moses "Are we there yet?" Rabbi Reznick discussed our ancestor's anger and frustration in last week's Torah Portion. As time went on they were able to “Improvise, Adapt, and Overcome,” their warranted frustration.

We are scheduled to celebrate another Bar Mitzvah in August, the School for Jewish Living (SJL) will be in session in the Fall, and High Holy Days are quickly approaching. We do not know the logistics of how they will begin. We can however, “Plan as if...” the events will occur the way we would like. If conditions or circumstances change, we will simply do what our ancestors did, L'Dor Va'Dor— let's all proactively do our part, to help one another Improvise, Adapt, and Overcome.

(Additionally, please seek emotional support if you are in need).

B'Shalom,

Kimberly Wolfe Morgan

President, Sisterhood

sisterhood@emanuelsb.org

Jewish War Veteran, Post #385



Mental Health Awareness in Action

Chipping Away at Stigma

Long ago it became almost trendy to enter into psychoanalysis, at least in some places like New York. People would say, “I’m off to see my shrink.” Sort of showing off. It was ‘a thing,’ as we say these days. And that was the 1950’s and ‘60’s.

We wonder about those times and places. We wonder about the stigma of needing psychoanalysis. Stigma didn’t quite disappear. It simmered under the trendiness. But what it did do was allow people to talk a bit about the difficulties of living, and those who were experiencing the hard emotional work of deep analysis knew, admitted to each other, that this was a serious, powerful undertaking. And a big hole was being carved into the stigma of mental illness.

That ‘thing’ didn’t last forever, but it helped to diminish some of the stigma. Yes, life can be confusing and hard. Yes, we need help sometime. And yes, it’s the way we think and feel that can harm our lives and family life. People, professionals, can help us, and we are good, strong people who can face our weaknesses and our needs. And, with help, we can feel better and cope better with life.

Around the world they probably never went through any period of partial acceptance of mental health care. Yet professionals have been slowly and tirelessly working their way into general health care in country after country. A small team in a Southeast Asian country goes every week to someone’s house to make sure she takes her medication for psychosis. An Indian-American psychologist finally is forced to admit that mental problems are not only found in Western countries, and that his own mother in India suffers from depression. Slowly, slowly people are opening their eyes to the realities, and as they do, they chip away at stigma and then more people get the help they need.

Right here close to us, we have people from many different cultures, and each culture has their own understanding and silences about mental illness. The San Bernardino County Department of Behavioral Health has long had a group focused on the subtleties of cultural differences, the Cultural Competence Advisory Committee. The members learn and train others to be aware and sensitive. This summer’s meeting is looking at culture as a help in the prevention of mental distress, and also how racism and trauma affect mental health.

We are on a long journey to banish the stigma of mental illness and to make sure all who need help get it. As we emerge from our pandemic isolation, many of us are finding we need help. This is an excellent time to discard stigma.

Heidi Nimmo and Nancy Sidhu, Co-Chairs,
Mental Health Awareness In Action (MHAIA)

SISTERHOOD GIFT SHOP

After more than a year, yes there were many dust bunnies for us to sweep!!!!

Our Outstanding Judaica is now on display for you to explore.



Our physical gift shop is closed, but your Gift Shop Team is always here to provide

contactless viewing and delivery. We can only accept checks or cash in the exact amount at this time.

Please contact Lisa Wise-Wolk with any questions. 909-723-3238

Pay your dues...

SUPPORT US AND WIN

...get free stuff!

IT'S DUES TIME AGAIN! Congregation Emanu El relies on your timely gifts to pay salaries, offer programs to the community, and pay bills.

This year, to encourage prompt payment of dues, the Executive Committee has authorized a **RAFFLE!** You can support the congregation you love and walk away with a little something for yourself, too!

HERE'S WHAT YOU COULD WIN



One lucky winner gets a 10.2" iPad!

10 families each win \$25 in scrip!



...and of course everyone wins because Congregation Emanu El keeps growing!

THE FINE PRINT (there always has to be some)

This raffle is only open to member families of Congregation Emanu El, Redlands, California. Winners will be picked at random. In order to win, the member must either pay all dues and building fund obligations up in full before June 30, 2021, or complete ACH paperwork for full dues and building fund obligation before June 30, 2021. Winners will be notified by inclusion in the July 2021 Congregation Emanu El Bulletin. All members who qualify for the raffle will be listed in the July bulletin unless the member family specifically requests that their name not be listed.

In this context, "full dues" means that at minimum, you agree to pay the amount listed on your yearly statement, including building fund. Full dues are determined by the CEE Chief Financial Officer. While we never turn away a member for financial need, dues amounts are non-negotiable for the purpose of this raffle. For other questions or clarifications, contact the congregation's office at 909-307-0400.

CORRECTION

AWAITING RAFFLE WINNERS!

Support Us and Win raffle winners will be announced in the August bulletin as we go to press before all "entries" are in. Good luck and thank you for supporting your congregation!

Happy Birthday!!! יום הולדת שמח

We rejoice with those whose birthdays occur in July and wish them a *Mazal Tov*:

1-July Drew Holder
2-July Ina Katz
3-July Marilyn Raphael
4-July Samuel Bauer (9 years old)
4-July Jeffrey Lewis
4-July Lisa Wise-Wolk
5-July Beverly Dolberg
5-July Paula Kaye
5-July Kerry Wolk
6-July James Ramirez (2 years old)
9-July Charlotte Rifkin

9-July William Soltz
12-July Barbara Smith
13-July Tonya Brooks
14-July Richard Granowitz
14-July Jared Shimoff
15-July Mark Levin
16-July Carissa Edgar
17-July Michele Ferguson
17-July Graham Ohayon
18-July Adeline Swedlove
20-July Kathleen Rosenfeld

23-July Stephen Lehmann
23-July Mark Schnitzer
24-July Elijah Goodwin (15 years old)
25-July Dorene Cohen
25-July Laurence Lerner
25-July Katherine Paisner
28-July Mark Robinson
29-July Michael Douglas

Happy Anniversary!!!

We extend a hearty *Mazal Tov* to the following whose wedding anniversaries occur in the month of July:

3-July Emily & Justin Swant
4-July Marilyn & Lawrence Raphael
4-July Marjorie & Jeffrey Henkin
7-July Lisa Delorme & Michael Reiter

7-July Walt & Shauna Van Horn
11-July Joya & Allen Eirew
18-July Amanda & Fernando Ramirez

We Gratefully Acknowledge

We gratefully acknowledge these contributions to our various temple funds:

TEMPLE FUND

In observance of the Yahrzeits of...

Irene Howard by Lawrence Silverman

Mary Stefanoski by Celia Norian

Harry Norian by Celia Norian

Nicholas Stefanoski by Celia Norian

Gabriela Katz by Lia and Mark Robinson

Frieda Amerman by Bonnie and Bernie Goler

Jack Rifkin by Tronie and Charlotte Rifkin

Samuel Kushner by Lester Kushner

Adam Smith by Barbara and Michael Smith

Ruth Smith by Barbara and Michael Smith

Sandra Lubell by Jeffrey Lubell

Lila Klemtner by Renee and Michael Kress

Shirley Hosmann by Michele and Paul Zipperstein

Nathan Zipperstein by Michele and Paul Zipperstein

Esther Hanover by Marsha and George Hanover

Ruth Snofsky by Philip Snofsky

Louis Forman by Myral Bellman

Howard Forman by Myral Bellman

Nancy-Sue Kushner by Lester Kushner

Sam Newman by Phyllis Newman

Alex Newman by Phyllis Newman

Jeffrey Kamzan by Phyllis Newman

Shelley Kamzan by Phyllis Newman

Irene Lubelsky by Phyllis Newman

William Lubelsky by Phyllis Newman

Sandra Lubell by Phyllis Newman

Herbert Lubell by Phyllis Newman

Elsie Baskin by Phyllis Newman

Sally Meimar by Phyllis Newman

In Appreciation of the Sacred Stories and In Memory of...

Arthur Lewin by Deborah Lewin

CHERRIE LUBEY FLOWER FUND

In observance of the Yahrzeits of...

Samuel Kushner by Lester Kushner

Mark Myers by Roberta and Philip Gold

Eleanore Zipperstein by Michele and Paul Zipperstein

RABBI LINDY REZNICK DISCRETIONARY FUND

For the Recovery of

Rabbi Reznick by Carole and Phil Wizer

CANTOR BERN-VOGEL DISCRETIONARY FUND

In observance of the Yahrzeits of...

Irving Donenfeld by Jay Donenfeld

CEMETERY FUND

In observance of the Yahrzeits of...

Jack Rifkin by Tronie and Charlotte Rifkin

Kevin Brill by Shelley and Barry Silver

Krana Brill by Shelley and Barry Silver

In Honor of the Birthdays of...

Gloria Snyder by Monique Coleman

Edith Stelzer by Monique Coleman

Carole Heller by Monique Coleman

Louise Gorenberg by Monique Coleman

MORTGAGE REDUCTION FUND

For the recovery of

Laurie Zelden by Joyce and Barry Eskin

In memory of...

George Oehling by Joyce and Barry Eskin

LEONE HYMAN BRIT OLAM FUND

In observance of the Yahrzeit of...

Shirley Hosmann by Michele and Paul Zipperstein

Nathan Zipperstein by Michele and Paul Zipperstein

GLORIA CUTLER MEAL OF CONDOLENCE FUND

In observance of the Yahrzeit of...

Tanya Wixen by Francine Wixen

Balfour Wixen by Francine Wixen

On occasions of joy or sorrow a contribution
to one of our temple funds is always appropriate.

Contribution can be made to the following funds:

Temple Fund

Rabbi Hillel & Rita Cohn Campership Fund

Cantor Bern-Vogel Discretionary Fund

Cherrie Lubey Sisterhood Pulpit Flower Fund

William Russler Memorial Archives Fund

Lionel Heller Music Fund

Rabbi Reznick Discretionary Fund

Mortgage Reduction Fund

School For Jewish Living Fund

Home of Eternity Cemetery Fund

Temple Security Fund

Landscape Fund

Gloria Cutler Meal of Condolence Fund

Leone Hyman B'rit Olam Fund

Yahrzeits

The following Yahrzeits will be observed during the month of July: Those with a (★) are inscribed on the Wall of Perpetual Memorial:

July 2-3	July 9-10	July 16-17	July 23-24	July 30-31
★Bessie Abramson Marjorie Antelam ★Leonard Becker ★Walter Becker ★Maurice Birnkrant ★Harry Braviroff Rebecca Cohen ★Albert Dickman ★Leonard Falk Libby Frug ★David Goodman Harry Handleman Sophie Harris ★Brock Heitman ★Irene Howard ★Sidney Kaufman ★Helen Lewis Sue Lurie Isadore Marx ★Sally Meimar ★Samuel Newman Stella Pro ★Norman Rabenstock Stephen Secofsky Haskell Silver ★Charles Silverberg Abraham Simlak ★Mary Skadron Ruth Snofsky ★Jack Steinberg ★Warren Stept ★M. Storm Webb Stanley Widman ★Abraham Wilkin ★Eleanore Zipperstein	Bertha Atlas ★Kenneth Austin Alex Becker ★Juilan Bern ★Samuel Bernstein ★Judith Braviroff Hilda Brownson ★Mollie David Rose Gilbert ★Harry Gold Teresa Greenfield ★Ellen Gruber Arnold Gurevitch Sidney Heyman ★Celia Jaffrey Edward Joseph ★Bertram Kaufman Rose Klein ★Eve Klingman Howard Konowitch ★Simon Kristal ★Samuel Levenson ★Edward Metz ★Abe Meyer ★Florence Michael ★Alan Michael ★Alex Newman Soltana Ohayon Jean Ann Osler Louise Richmond ★Barney Rosenbloom ★Morris Rovell ★Seymour Schweitzer ★Gyrtrude Stept ★Herbert Uffer ★Terry Unger ★Marie Unickel ★Tanya Wixen ★Balfour Wixen ★Sol Zelony	Francisco Acevedo ★Harold Amerman Beverly Appelbaum ★Rose Bader ★Tillie Becker ★Helen Berk ★Louis Cohen ★Bella Cohen Sheila Comer ★Leo Cutler ★Charles Edelman ★Adeline Fenster ★Harry Hirsch ★Dorothy Johnson Al Joseph ★Milton Karen ★Sarah Katzman ★Bessie Novack ★Joe Philipson ★Sarah Reiter Ada Rifkin ★William Rodman ★Sadye Roth ★Fannie Sabin May Schaffer ★Leo Schwartz Sol Simcoe ★Joanne Stein	Sally Adams ★Jack Aronoff ★Abrom Belovsky Ronald Blumberg ★Shirley Burkett Annabelle Davidson ★Nelson Feit ★Isaac Fremland ★Harriet Gimpel Rachel Glogas ★Fannie Haydis ★Betty Jacobs ★Marilyn Jaffe ★Samuel Kassel Leah Kovitz ★Lena Lebeck ★Gertrude Loria ★Henrietta Lubey Dave Lubey Alex Luchans ★Anna Markowitz James Marmor ★Rena Meyer ★Naomi Newman Marielle Pastushek ★Saydee Philipson Harold Rothstein ★Bernard Rubel ★Sadie Schlein ★Sally Seeman ★Dorothy Shane ★Selma Shutt ★Jacob Silberman Isadore Steinberg Norman Stough Samuel Teitelbaum Ruth Trainor ★Bluma Weisser ★David Zaritsky	★Morris Abrams ★Sarah Alexander ★Clare Cherry Francelene Cohn Sylvia Diner Gloria Effron Dorothy Eirew ★Randal Earnstein Brenda Feltenberger ★Sarah Finkleman ★Estelle Gerry ★David Hearsh June Hyman Roberta Jure Frieda Kahn Helen Kohn Elizabeth Lelchook Samuel Levine Isaac Lewin ★Lena Lewis Gertrude Lipsky ★Louis Lubinsky Jerry Lurie ★Steven Maltzman ★Julius Mendelsohn ★Ben Newberger Barney Pasman ★Travis Patriquin Carol Pohja Linda Pyrtle Irv Robbins ★Ida Silk ★Elias Simon ★Adelaide Snyder ★Herman Sperber Bonnie Tonneseon Benjamin Wise ★Nettie Woldenberg ★Ethel Zelen



Congregation Emanu El

1495 Ford Street, Redlands CA 92373

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Marcela Lavi, Director of Education and Youth • Jerry Ripley, Organist/Choir Director

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