



Watch the weekly emails and emanuelsb.org for information on in-person services.

All services will be simulcast on Zoom even if they are also in-person.

Friday, June 4, 6:30pm: Erev Shabbat and Installation of Officers with Rabbi Reznick and Cantor Bern-Vogel

Saturday, June 5, 10:00am: Torah Study (Zoom Only)

Friday, June 11, 6:30pm: SHABBAT B'YACHAD with Rabbi Reznick and Rick&Addie Lupert

Friday, June 18, 6:30pm: Erev Shabbat Service with Rabbi Reznick and Cantor Bern-Vogel

Saturday, June 19, 10:00am: Shabbat Morning Service with Rabbi Reznick and Cantor Bern-Vogel

Friday, June 25, 6:30pm: Erev Shabbat Service with Rabbi Reznick and Cantor Bern-Vogel

Learn about this week's Torah Portion

Want more information about the Torah portion for the week? The Union For Reform Judaism publishes a weekly guide available at <u>https://reformjudaism.org/learning/torah-study</u>. If you're reading this online, click on the web address to be taken there now.

Rabbinic Reflections

Cantorial Comments

Summer Torah Cantillation classes!



Anyone who has ever struggled with illness themselves or watched a loved one sink into illness, has a passport to "the land of the sick". This land, as Susan Sontag once named it, is somewhere unique. In this land people respond to the question how are you with honesty, they love without fear, and they often take naps. I am blessed to be recovering

from a surgery which ideally will keep me away from the land of the sick, and yet I am still in recovery, dwelling in this land. After surgery our bodies take time to adjust back to where they were before our operation. Sometimes they never return to what they were like before hand. By choosing this surgery I become a member of this land, and am granted a passport.

Those who spend time in the land of the sick may be familiar with some of its special qualities. If you've been blessed to be very healthy you could still have interfaced with the land of the sick. We might enter this land when we walk into a hospital or a nursing home. We notice the different smells, sounds, slower pace of life in this new world. The magic of this land is that It can grant us special outlooks on life that those who don't visit aren't accustomed too. For me I became very aware and now have a deep appreciation for how my body functions. I am in awe of the bodies ability to heal. I understand pain, a little more deeply than I did before. Doctors here are like Gods, they gently guide our recovery, dictate what we can and can't do, and help us navigate the new reality we face each day.

As I continue to recover, I also prepare myself for a third surgery on this journey. I am grateful for my passport which brings me here. I know that as I walk this journey I am not only humbled, but being molded into a more sensitive and caring person. I know that as I accept my limitations, face fears, and become part of a special group of women, I am transforming because of my time in this sacred space.

Emanu El thank you for walking this journey with me, thank you for stamping my passport as I join some of you on this journey. This year so many have visited this Land, and we have felt the weight and shifting of priorities while living here. I pray that as we move forward into a new reality and away from illness that together we continue to transform. I pray that our hearts are opened just a little bit more, that with each breath our acceptance of ourselves grows, and that we continue to connect deeply and share the stories of our lives with one another. May we one day experience a refuah shleimah, a complete renewal of body and mind and spirit.



It's hard to believe that it's already 'that' time again! I don't mean summer, although that certainly is a wonderful notion. And I'm not referring to the fact that we are starting to 'open up' and will gradually begin to gather together again, although that is a very exciting and positive development after these many months

of being sequestered in our zoom rooms. What I AM referring to, however, is [are you sitting down?] that with Selichot on August 28th - the High Holy Days are just over two months away!! Erev Rosh Hashanah begins September 6th and Yom Kippur Day is September 16th.

I will be teaching my summer HHD Cantillation prep class at the end of this month until the beginning of August. At the time of this writing, we don't yet know what form our services will take this year, but rest assured, you will be part of it – whether via zoom or in the sanctuary!

Please contact me if you are interested in chanting Torah for the High Holy Days this year at Cantorjenbv@gmail.com If this is your first foray into chanting, a minimum amount of Hebrew language is recommended.

Tentative class schedule/subject to changes!

Wednesdays at 3pm via zoom:

JUNE 23, 30 • JULY 7, 14, 21, 28 • AUGUST 4, 11

For Summer Heat and light Day overtakes night Warm air settles over the earth The land vibrant with growth... Bless this day, God of seasons, Bless the summer with energy and vitality, So that all Your creatures Enter the coming seasons In the fullness of Your bounty. *God of time and space* May this season be a blessing and a teacher ... Bless my days with service And my evenings with rest. Make me like the summer dawn. Vibrant, awake, vital, and ready.

[excerpted from This Grateful Heart by Alden Solovy]

Cantor Jennifer Bern-Vogel

Rabbi Lindy Reznick

Sisterhood Speaks



Rabbi Emeritus Hillel Cohn, Rabbi Douglas Kohn, Rabbi Jay Sherwood, Interim Rabbi Darryl Crystal, and Rabbi Lindy Reznick. These are the members of clergy I have been so fortunate to have known since my husband and I arrived at Congregation Emanu El in 2013. We entered the Temple doors the first night the new building was opened, and we were the first couple to marry in this new Shul. Lisa Wise-Wolk, Margie Orland,

Heidi Nimmo, Nancy Sidhu, Phyllis Sweet, Caroldyne Swedlove, were some of our first friends. After the warm reception of many, my husband declared, "We're staying here...this is our Temple."

Karyn Lehmann, Leslie Soltz, Francesca Sweet, and Stacy Knox these are the women that I have been fortunate enough to observe as Sisterhood Presidents. It has been a pleasure witnessing their compassion and commitment to members of our CEE Family over the years. Throughout my time as a member, I was offered various opportunities to become involved with Sisterhood. This ranged from Stacy creating opportunities to bake Hamantaschen together in the Temple kitchen before Purim, to Leslie asking me to bake a honey-apple cake for Rosh Hashanah to Francesca Sweet and a nominating committee suggesting that I consider serving as the Sisterhood Recording Secretary. I was honored and I accepted the mantle. I was asked to serve an additional term as Recording Secretary, and I delighted in the opportunity to serve a second term. When the next slate nominated me to serve as the 1st Vice President of Sisterhood, I was again honored.

I loved that our President Karyn Lehmann had a leadership style in which she modeled an example of leading with kindness and love. Her term was fraught with crisis due to a pandemic, and multiple losses within our congregation through its members or their extended family, stood gracefully perpetuating a caring community, nurturing the congregation, and supporting our clergy, and promoting Jewish values by the way she lived. She modeled the Women of Reform Judaism (WRJ) mission not just in words, but in deed. We are a wonderful community. We are traditional and progressive. This is a community that makes room for everyone.

We have a loving, capable Rabbi, who is an excellent educator. We have a fantastic Board of Directors who represent our inclusive CEE Family. We have a membership that has been with us for years, and a virtual community that continues to grow.

As I accept the mantle as Sisterhood President, my prayer for us is that we continue to perpetuate the legacy of past Presidents. Speaking of presidents, we will miss the leadership of President Stuart Sweet! A leader who was technologically efficient, creative, kind, humorous. In the midst of a pandemic, he kept us safe, informed, and reminded us that even when times were tough—we could still find reasons to smile. This was therapeutic for many of us. We also look forward to having Dr. Susan Damron as our new president. She has also been the Vice President of Programs for Sisterhood. I love that members of our CEE Family embrace change and challenge ourselves in new ways, to serve-- to make our family more caring, more loving, and more welcomingwhether we are in-person or virtual. Moving forward, may we have the courage to continue to thrive, safely, and healthfully, embracing the various missions that await us on the horizon. My husband and I both served as soldiers in the United States Army. I am retired now. I hope that I can make you proud and serve you with the same commitment I demonstrated when I served our country.

L'Chaim,

Kimberly Wolfe Morgan

President, Sisterhood, sisterhood@emanuelsb.org Jewish War Veteran, Post #385

Presidential Perspectives So long, and thanks for all the fish



Curiously enough, the dolphins had long known of the impending demolition of Earth and had made many attempts to alert mankind to the danger. But most of their communications were misinterpreted as amusing attempts to punch footballs, or whistle for titbits, so they eventually gave up and left the Earth by their own means - shortly before the Vogons arrived. The

last ever dolphin message was misinterpreted as a surprisingly sophisticated attempt to do a double backwards somersault through a hoop, whilst whistling the 'Star-Spangled Banner'. But, in fact, the message was this: "So long and thanks for all the fish".

Douglas Adams, The Hitchiker's Guide To The Galaxy

For these past many years, these articles, written first as your treasurer, then as your Vice President, and now as your President, have been presented with humble hopes. That you would think a little differently, that you would be entertained, that you might be inspired by the community that we have all built.

At this moment, we all emerge from our own private cocoons, looking optimistically toward a future of togetherness, of community, and of once again "dressing to impress." Our vaccinated bodies make us feel like superheroes, and we can't wait to fly straight into each other's arms. It is this world which beckons us. What an exciting world it will be. And how exciting that we will all have ambitious, compassionate, and empathetic leadership in Dr. Susan Damron. She is indeed the person for this moment, and she has all of our support.

It has been a genuine privilege to have served you in congregational leadership. If you have the opportunity to serve, you should. There is no feeling like it. Who knows, one day you might be the one writing an article like this.

Until then, so long and thanks for all the fish. Believe it or not, the quote at top was made into a musical number in 2005, and of course you can hear it by clicking anywhere in this article. Would you expect anything less?

Treasurer's Report



Dear CEE Congregants,

Shalom! Another fiscal year is wrapping up at Congregation Emanu El!

Please try to pay your 2021 pledge balance and any other pledges you have made to CEE as soon as possible. If you are not sure what the balance due on your account is, please contact Judy Filsinger at the Temple Office and she can give you that information. The number is 909-307-0400. The Temple Board has been very careful to keep our expenses to minimum while providing you all with quality programs and an excellent religious school education in 2021. Our cash flow is always tight this time of year and we would appreciate any dues you

can send us at this time.

In the June we will be sending your 2021/2022 dues statements. Please be on the lookout!

Attached is the budget approved by the Board and by the members at our annual meeting in May. If you have any questions, please contact me at 704-756-7427 or kathy.rosenfeld@gmail.com.

Shalom!

Kathy Rosenfeld

Congregation Emanu El					
Budget for 2021/22	Budget		Budget		
	20	020/2021	20	021/2022	
Dues	\$	268,655	\$	245,000	
Building Fund	\$	15,000	\$	10,000	
Donations	\$	45,000	\$	125,000	
High Holy Days	\$	35,000	\$	33,000	
Temple Use	\$	5,000	\$	20,000	
Walls	\$	6,000	\$	6,000	
Bat/Bar Mitzvah	\$	1,200	\$	1,000	
Fund Raising	\$	128,150	\$	106,415	
School for Jewish Living	\$	16,500	\$	7,000	
Temple Programs	\$	3,000	\$	3,000	
Mortgage Retirment Fund	\$	-	\$	18,000	
Credit Card Fee Income	\$	-	\$	50	
Total Income	\$	523,505	\$	574,465	
Clergy Expenses	\$	204,700	\$	220,765	
Building and Janitorial	\$	62,793	\$	64,500	
Utilities	\$	33,600	\$	33,600	
Insurance	\$	19,500	\$	21,200	
Administration '	\$	110,720	\$	103,165	
School for Jewish Living	\$	30,875	\$	38,440	
Music	\$	26,257	\$	26,685	
Ritual	\$	9,200	\$	16,900	
URJ Dues	\$	11,760	\$	11,760	
Community Programs	\$	4,400	\$	4,000	
Seniors	\$	3,500	\$	3,500	
Mortgage Payments - Principal and Interest	\$	-	\$	25,150	
Interest on the Line of Credit	\$	-	\$	200	
Walls Expense	\$	6,200	\$	4,000	
Paypal Fees	\$	-	\$	600	
Total Expenses	\$	523,505	\$	574,465	
Net Income/Loss	\$	-	\$	-	
1		Per	ercent of Total Exp		
Salaries and Benefits				69%	
School of Jewish Living				7%	
Mortgage and Line of Credit Payments				4%	
URJ Dues				2%	
Utilities				6%	



Mental Health Awareness in Action Cave syndrome

We are creeping out. We are bursting forth. This is a time of reentry. Re-entry into the world, a world that has changed and one that is not quite safe yet. But we are coming out of our isolation, our small home bubbles, our inactivity. We long to be 'normal,' whatever that is exactly. But we're not quite sure....

Op-ed editor for the *Los Angeles Times* Nicholas Goldberg has been talking about and thinking carefully about what New York psychiatrist Michael Dulchin calls "cave syndrome." In fact, Mr. Goldberg was talking about it before he had quite realized what it was and how pervasive it was. He discovered it in himself.

Cave syndrome is not a disease. It's more like a tendency. After a year plus of our strange pandemic life, staying home, avoiding people, developing procedures to keep safe from COVID-19, we're hesitant to go out again and resume normal life. At first, Mr. Goldberg understood this as a problem for people with social anxiety and introverts, but as he delved more, he found it in others and then in himself, an extrovert with no noticeable social anxiety.

Isn't it reasonable after such a long time avoiding people, working from home, masking up and washing hands often, isn't it reasonable to have some difficulty readjusting? We think so. Because we know the virus has not gone. There are new variants out there the scientists are quite concerned about. We've also seen whole countries return to more or less 'normal' and then have to return to lockdowns as the virus surges and kills.

And maybe there's something else as well that Dr. Dulchin and Mr. Goldberg didn't think of. Maybe the hectic pace of our lives, the hours-long, nerve wracking commute, the rushing here and there – maybe all that is not something we really want to go back to. Maybe at some level we've enjoyed a calmer, quieter life. Maybe we just want less stress and more time with our children and others we love. Let that come back, and some partying, concerts, and sports, but hold some of the rest. It's not clear that the life we had before, that we collectively created, is all that comfortable and healthy for us.

Heidi Nimmo and Nancy Sidhu, Co-Chairs, Mental Health Awareness In Action (MHAIA)

From Our Director of Education & Youth



I cannot believe it is summer break already! I am looking forward to next school year when we all get back again to in-person learning. Over the summer, I will be working with Rabbi Reznick to improve our school and our programs. I look forward to creating meaningful curriculum and enriching activities for our in-person classes.

I will be also working on the Boruchin Family education center. Thanks to the generosity of the Boruchin family, we will be able to create a flexible learning center for our temple. The center will be a much-needed space for Teens to socialize

and work on projects, for teachers to work collaboratively, a family-friendly space where parents and children can meet and learn and a comfortable place for L'Dor Va Dor program. We plan to renovate the large classroom, have it painted, purchase new furniture, technology, and curriculum.

Have a restful summer,

Marcela Lavi

Director of Education & Youth, sjl@emanuelsb.org

SISTERHOOD GIFT SHOP

The gift shop is OPEN, safely!

Like you, we are **waiting to get the green light t**o go back into our cherished synagogue.

After more than a year, we're sure there are dust bunnies for us to sweep.



There is merchandise to sort through and new displays to put up.

Our physical gift shop is closed. But your Gift Shop Team is always here to provide contactless viewing and delivery. We can only accept checks or cash in the exact amount at this time.

Please contact Lisa Wise-Wolk with any questions. 909-723-3238

Happy Birthday!!! יום הולדת שמח

We rejoice with those whose birthdays occur in June and wish them a *Mazal Tov*:

- 1-June Craig Beasley
 2-June Carole Wizer
 3-June Louise Gorenberg
 3-June Kimberly Wolfe-Morgan
 5-June Carol Heller
 6-June Joyce Eskin
 6-June Renee Kress
 8-June Joseph Bodnar
 11-June Lee Cohen
 13-June Susan Shimoff
- 15-June Judyth Buchband
 16-June Hannah Levine
 17-June David Fagan
 18-June Maya Lang
 18-June Phyllis Sweet
 18-June Ashleigh Wilkie
 21-June Rhian Beutler
 22-June Justin Bauer
 22-June Walt Van Horn
 24-June Sharon Granowitz
- 24-June Edith Stelzer
 24-June Zoe Swant (12 years old)
 25-June Samantha Becerra
 26-June Jack Schwartz
 26-June Gloria Snyder
 27-June Brian Spears
 30-June Richard Taylor
 30-June Henry Rettke (10 years old)



Grow a Leaf on Our Simcha Tree Do you have a special occasion to commemorate? Anniversary? Bar/Bat Mitzvah? Birthday? Graduation? Celebrate it with the entire Congregation Emanu El community! Purchase a leaf on our beautiful Simcha Tree for your special occasion. Call the temple office to order your leaf today!

Happy Anniversary!!!

We extend a hearty *Mazal Tov* to the following whose wedding anniversaries occur in the month of June:

2-June Laura & Jon Fenster
6-June Lisa Wise-Wolk & Kerry Wolk
11-June Ira Vogel & Cantor Jennifer Bern-Vogel
11-June Francesca & Stuart Sweet
11-June Jill & Gregory Weissman
17-June Elaina & Marvin Reiter
20-June Renee & Michael Kress

- 20-June Susan & Howard Snyder
- 21-June Jake Kurily & Peytra Becker-Kurily
- 22-June Julianne & Mark Strain
- 24-June Sharon & Richard Granowitz
- 26-June Daniel & Kathy Trainor
- 27-June Ann & Asher Sheppard
- 29-June Delores & Melvin Eirew

Yahrzeits

The following Yahrzeits will be observed during the month of June: Those with a (\Rightarrow) are inscribed on the Wall of Perpetual Memorial:

June 4-5	June 11-12	June 18-19	June 25-26
✿Frieda Amerman		‡ Rose Barrad	☆ Sarah Berenbaum
☆ Saul Birnkrant	Bessie Arbeitsman	Bernice Berenbaum	☆ Herman Berzosky
☆ Meyer Borsuk	☆Irmgard Blum	☆ Frances Bertman	‡ Jay Bogost
Vita de Mendez	☆ Ronald Boatman	☆ Adele Carsman	Michael Braviroff
☆Irving Donenfeld	Gloria Cutler	✿Rabbi Franklin Cohn	Ryan Clark
☆ Fannie Fish	☆ Esther Davis	Brian Cushing	✿Miriam Cohn
☆ Ida Fohrman	Eva Emanuel-Westerling	Jack Diner	Nathan Cooperberg
Fanya Glatt	✿Raymond Fox	☆ Herman Eliot	Al Corbin
☆ Rosella Gold	Norman Gaynor	Gerald Fine	☆Hyman Einbinder
☆ Fanny Greenhood	Miriam Gideon	Mindy Frankel	☆Howard Forman
Hyman Henkin		‡ Don Harris	‡ Louis Forman
Morris Horwitz	☆ Abe Granish	Nettie Henkin	Meyer Gershman
⊅ Bertha Kassel	¢Sylvia Kaufman	Shirley Hosmann	☆ Israel Gerstein
Edith Kaufman Emanuel	Jeanette Kitay	⇔ William Jaffrey	Benjamin Golant
☆ Sarah Lerner	¢Lila Klemtner	Gabriela Katz	
Anne Luchans		Sonny Katzman	☆ Fred Goldstein
	⇔ Beila Litsky	☆ John Libman	☆ Sara Gottlieb
Israel Mishkovsky	Millie Lucas	☆Lauren Mayfield	☆Henrietta Greenwald
Harry Norian	☆ Anna Mendelsohn	Ruth Minkoff	☆ Harold Heller
Martha Posalski	☆ Rosalie Mitchell	Leonard Smith	Aida Herzog
☆ Claudia Rodman	☆ Rose Modes	Fanny Volk	☆ Shelley Kamzan
Judy Rose	☆ Paul Newman	☆ Philip Weisser	Annalee Knotts
June Rothman	Lena Noodelman	Reba Zeller	Nancy Kushner
	Harry L. Osler		Montye-marie Lawrence
Caroline Schlesinger	Linda Prestidge		☆Maurice Lerner
*Adam Smith	Sheldon Rothstein		
Ruth Smith	Mira Salamon		
Mary Stefanoski			Dorothy McGuire
Anna Stein			♥Philip Miller
Sylvia Wallach			✤Fliot Moss
Joseph Weinberg			
Clayton	Georgia Weissman		Ida Pressman
Woodward-Fisher	♥William Wilkin		
Herbert Zeller	Karl Zwick		✦Harry Reiter
Herbert Zeller	Karl Zwick		Sara Robin
			Al Rosen
			☆Mignon Schweitzer
			Paulette Stewart
			Lucille Upin
			Edith Weisser
			Kilby Wiggins
			Arlene Wolf
			Nathan Zipperstein

We Gratefully Acknowledge

We gratefully acknowledge these contributions to our various temple funds:

TEMPLE FUND

In observance of the Yahrzeits of ... Sylvia Wallach by Phyllis Sweet Freda Fredason by Marilyn and Larry Raphael Kathlyn Rogers by Paula Kaye Gigi Ryan by Harriet Herman Michael Schon by Lenore Schon Kathryn Fannin by Kathleen and Daniel Trainor Eva Emanuel-Westerling by Michelle Anctil Edith Emanuel by Michelle Anctil Emanuel Levine by Leslie and Julian Levine Aron Wixen by Francine Wixen Norman Gaynor by Ellen and Stanley Weisser Dorothy Gaynor by Ellen and Stanley Weisser Philip Weisser by Ellen and Stanley Weisser Harry L. Osler by Judith and Martin Handleman Esther Hanover by Norman Hanover Mildred Groupp by Shelley and Joseph Bodnar

In Memory of ...

10th Group Green Berets and 173rd Airborne Paratroopers in Iraq and Afghanistan by Vickie and Steve Becker Robert Allen Soltz by Shelley and Joseph Bodner Kurt Gottshalk by Shelley and Joseph Bodner Jeffrey Freeman by Shelley and Joseph Bodner

For the Recovery of ...

Francine Wixen by Vickie and Steve Becker Mark Strain by Vickie and Steve Becker Rabbi Reznick by Vickie and Steve Becker

CHERRIE LUBEY FLOWER FUND

In observance of the Yahrzeits of... William Coleman by Monique Coleman Frank Coleman by Monique Coleman Ed Harris by Leslie and William Soltz

RABBI LINDY REZNICK DISCRETIONARY FUND

For the Recovery of Rabbi Reznick by Margie Orland Rabbi Reznick by Bradley Hyman

CEMETERY FUND

In observance of the Yahrzeits of... **Hilda Kitay** by Shelley and Barry Silver

WILLIAM RUSSLER MEMORIAL ARCHIVE FUND

In observance of the Yahrzeit of... William Russler by Nicole Russler William Russler by Libby Anne Russler

MORTGAGE REDUCTION FUND For the recovery of

Rabbi Reznick by Margy and Orville Spears

GLORIA CUTLER MEAL OF CONDOLENCE FUND

For the recovery of **Rabbi Reznick by** Joyce and Barry Eskin **Francine Wixen by** Joyce and Barry Eskin

On occasions of joy or sorrow a contribution to one of our temple funds is always appropriate.

Contribution can be made to the following funds:

Temple Fund Rabbi Hillel & Rita Cohn Campership Fund Cantor Bern-Vogel Discretionary Fund Cherrie Lubey Sisterhood Pulpit Flower Fund William Russler Memorial Archives Fund Lionel Heller Music Fund Glo Rabbi Reznick Discretionary Fund

Mortgage Reduction Fund d School For Jewish Living Fund Home of Eternity Cemetery Fund und Temple Security Fund Landscape Fund Gloria Cutler Meal of Condolence Fund Leone Hyman B'rit Olam Fund



Rabbi Lindy Reznick • Cantor Jennifer Bern-Vogel

Marcela Lavi, Director of Education and Youth • Jerry Ripley, Organist/Choir Director Judy Filsinger, Administrator • Tamicka Walton, Executive Assistant Rabbi Hillel Cohn, Rabbi Emeritus

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Dr. Susan Damron, President • Michael Reiter, First Vice President • Karyn Lehmann, Second Vice President • Kathy Rosenfeld, CFO • Leslie Soltz, Secretary Marvin Reiter, Member-at-Large • Stuart Sweet, Immediate Past President • Kimberly Wolfe-Morgan, President, Sisterhood

> Board of Directors: Craig Beasley • Rhian Beutler • Dr. Tonya Brooks • Adelyn Durazzo Dr. Sharon Lang • Graham Ohayon • Michael Paisner • Tim Plueger • Dr. Elizabeth Raskin

Member, Union for Reform Judaism (URJ)

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