



Congregation  
Emanu El

# THE BULLETIN

1495 FORD STREET · REDLANDS · CALIFORNIA · 92373 · (909) 307-0400

AUGUST 2020

AV-ELUL 5780

VOLUME XLIX - NUMBER 11



**Our building is *closed*, but our hearts are *open*!**  
All services are held virtually. Visit <https://emanuelsb.org> for more information.

**Friday, August 7, 6:30pm**

A Traditional Erev Shabbat Service  
with Rabbi Reznick and Cantor Bern-Vogel

**Saturday, August 8, 10:00am**

Torah Study with Rabbi Reznick (Zoom only)

**Friday, August 14, 6:30pm**

**SHABBAT B'YACHAD**

with Rabbi Reznick and Rick&Addie Lupert

**Friday, August 21, 6:30pm**

A Modern Erev Shabbat Service  
with Rabbi Reznick and Cantor Bern-Vogel

**Saturday, August 22, 10:00am**

Shabbat Morning Service  
with Rabbi Reznick and Cantor Bern-Vogel

**Friday, August 28, 6:30pm**

**Shabbat K'tsat**, a special, shorter summer service

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## Learn about this week's Torah Portion

Want more information about the Torah portion for the week?  
The Union For Reform Judaism publishes a weekly guide available at

<https://reformjudaism.org/learning/torah-study>.

*If you're reading this online, click on the web address to be taken there now.*

## Rabbinic Reflections



I can't believe it is August already and the High Holyday preparations began almost a month ago. The cantor and I are hard at work creating an array of unique and innovative offerings for you and your loved ones this High Holyday Season. This year is a different year in so many aspects. With the effects of the

COVID-19 Pandemic bearing down on us, we continue to wear our masks, wash our hands, stay safely at home and try to do right by our fellow human beings. As I write this I have been sheltering at home for over 5 months. Our homes have become our sanctuaries, our offices, our gyms, school houses, camps, safe spaces and much more. This has not been easy on so many. One thing we can be certain about is that in trying times like these we feel the need for each other more than ever! We need you more than ever now as well. Please if you are able to donate to help us keep these innovative offerings coming to you digitally and help us cover the production costs of these digital experiences we would be grateful. Also invite your family and friends to join us, they may decide to become members or supporters of our community. I want to invite all of us to lean into a year of innovation, creativity and Jewish community, by leaning on one another and lifting up others in our communities!

Some innovations we bring you this year include, a daily Elul inspirational video, text or posting on our social media. We will include questions for you to ponder or write about. So please join us on Facebook or Instagram and get our daily posts. We will also be offering a Pre High Holyday Drive-through experience at the temple. You will be invited to drive in, hear taste, and experience some special elements of the holiday from the comfort and safety inside your car, and take home a special offering to use during the holidays. We will also be creating small groups for those of you who live alone and would like to celebrate the holidays with others. Together you can experience the majesty of the holidays safely from your homes, but feel connected to a larger group.

This year for Erev Rosh Hashanah we will be conducting a Rosh Hashanah Seder, an exciting interactive delicious inspirational culinary experience which happens around your tables. You will have access to the seder materials and receive some special elements of the seder in a pre holiday gift from us. Whether you live alone or with many, it will be an incredible new experience treasured for years to come. Not to worry throughout the holidays the cantor and I will be coming live to your homes to offer blessings, sermons and other special experiences.

Those are just a few of the special offerings we are busy at work planning to enlighten and lift up your souls this special new year. We can't wait to celebrate with you, in a way unlike ever before. As always in these uncertain times, please let us know if you need support of any kind. We want to be here for you, offering support and care in challenging times.

We pray together as one community, Oseh shalom bimromav hu yaaseh shalom aleinu v'al kol Yisrael, v'al kol yoshvei teiveil. V'imru: May the One who causes peace to reign in the high heavens, let peace descend on us, and on all Israel, and on all the world. Amen.

*Rabbi Lindy Reznick*

## Presidential Perspectives



Try to love one another right now

Unless you are a lifelong student of 1960s music, you probably aren't too familiar with The Youngbloods, whose only well-known hit was the 1967 folk-rock anthem "Get Together." You might be hearing it in your head, if you're familiar at all with the music of the time. (If you're reading this online, click here to hear it.)

The music of the 1960s was borne of days of desperation and hope, days of isolation and togetherness. It was borne of a sweeping social movement that demanded equality, love, and understanding. In many ways, today seems much the same.

While in confinement, I am trying to become more tolerant, and less tolerant. More tolerant of people who struggle in ways I never knew. More tolerant of people who suffer with the invisible, yet ever-present urge to connect with others in person. And yet, less tolerant of those who believe their own personal liberties are more important than the common good. This is a time to be considerate, and hopeful, and forgiving to each other. We must consider the consequences to others, the invisible bootprints we leave on the souls of our fellow humans when we are grossly insensitive.

When I am at a loss for what to say or what to do, I look to our spiritual leaders, and to the books that make up our shared heritage. Some of the words of our elders are problematic and raise more questions than they answer. But among all of it, there is one passage, Leviticus 19:18. You may not know it by the numbers, but it says, plainly,

*Love your neighbor as you love yourself.*

Before you venture forth from your homes, think of those who are less healthy, or older, or less prepared than you. How would you feel if someone could do something simple that might save your life... and they didn't?

*Love your neighbor as you love yourself.*

It's worth saying a second time. I look forward to the day I can say it to each of you in person.

Shalom,

*Stuart Sweet*

## Cantorial Comments



### The Unbroken

*There is a brokenness out of which comes the unbroken,  
a shatteredness out of which blooms the unshatterable.  
There is a sorrow beyond all grief which leads to joy, and a fragility  
Out of whose depths emerges strength.*

*There is a hollow space too vast for words, through which we pass with each loss,  
Out of whose darkness we are sanctioned into being.*

*There is a cry deeper than all sound, whose serrated edges cut the heart –  
...as we break open...to the place inside...which is unbreakable and whole,  
...while learning to sing.*

*[by Rashani Rea from Estelle Frankel's Sacred Therapy]*

At our July board meeting, in the spirit of Relational Judaism, our innovative president, Stuart Sweet, asked those present to share something they had learned during these past five months of quarantine and isolation.

Everyone shared insightful and profound examples ranging from positive to negative experiences. We all agree that it has been, and continues to be, a difficult time of separation and isolation without the ability to give or receive hugs, share meals or gather together for social activities or celebrations with one another. We know that in our broader communities, for some, the dynamics of their personal relationships are less conducive or even harmful to being in close proximity, millions are taking financial hits and waves of depression are not uncommon.

On a brighter, more transformative note, however, our collective awareness to the social injustices in our country has been a deeply needed awakening, for every one of us. To paraphrase Gandhi, 'we cannot change the world, unless we change ourselves.' Personally, despite all the technological challenges [of which there are many!] I've been grateful for the opportunity to pause and slow down, deepen my yoga and meditation practice and know that our family can, thankfully, function happily together [most of the time] respecting and sharing our limited space.

I recently heard a story told of one of the original founders of the Institute of Jewish Spirituality, Rabbi Rachel Cowan, of blessed memory. She was in the hospital for treatment and one of the doctors said I heard you do meditation – what sort of meditation do you practice? She responded, 'my life is a meditation practice.'

How can we live *our* lives more as a continued meditation?? As we approach the High Holy Days in the the time of COVID, we will have the opportunity later this month, to begin our spiritual ascent through the days of Elul. You will be provided with music, prayers, including Psalm 27, inspirational meditations and activities to prepare yourselves, perhaps in ways you've never done before. There will be innovations to accommodate everyone's needs and aspirations for a meaningful High Holy Day experience. The 'nusach' or musical themes of the liturgical prayers according to time and season will help to revive our memories. Music is an emotional reminder of time and space – even if the space may have different surroundings. This year, more than ever, let us all work together to create a sacred space, beginning with ourselves, as we join together, to share what will likely be one of the most unusual and memorable High Holy Day experiences of our lifetimes!

*B'Shalom u'vracha,*

*Cantor Jennifer Bern-Vogel*

## Treasurer's Report



Dear CEE Congregants,  
Shalom!

I had Covid-19. Yes, I am one of the millions of Americans who tested positive for the dreaded disease! Fortunately, I had a mild case – fatigue, loss of smell and taste, and some mild muscle aches. I consider myself lucky – I could have been much sicker!

Meanwhile... you should have received your annual dues package in the mail. Please contact Judy Filsinger at the Temple office if you have not received it and she will mail you a package. We need to get an accurate account of monies we can count on for the upcoming fiscal year. Please be as generous as possible with your commitment this year. Although we cannot meet in our beautiful sanctuary for services, it still needs to be maintained and bills still need to be paid. The Board of

Directors is carefully watching all expenses and only spending what we need to keep our congregation functioning.

I will publish the annual 2019/2020 income and expense statement in the Temple Topics in the September issue. Currently I am reviewing all of the income and expenses and analyzing the changes from prior years.

Meanwhile – if you have any questions or concerns about our budget or our current finances, please call or text me at 704-756-7427 or send me an e-mail address at [kathy.rosenfeld@gmail.com](mailto:kathy.rosenfeld@gmail.com).

With warm wishes for good health!

*Kathy Rosenfeld*

## Sisterhood Speaks



Shalom friends,

I am sure you are all wondering, as am I, when 2020 will give us a break.

As I sit in my office wondering what to write, I can't help but feel hopeful. I know that it seems strange given the events that have transpired this year to date, but as an eternal optimist, I always will look for that silver lining! And I am certain that EVERYBODY could use some hope.

So here is looking towards our High Holy Days.

Our new year 5781.

Things will be different, no doubt!

Services will not be presented in a way that everyone wants, but they will be the best that we have to offer given the circumstances, with all of the caring and love that your leadership has to offer.

It is up to us as a community to accept the limitations that "life" has put on us and rejoice in that we are still here, doing the best we can, and that is really all that is fair to ask of any of us.

I think that if 2020 has taught us anything, it is to appreciate what we have no matter what it is.

Please feel free to reach out if you can help or need help.

Please feel free to reach out if you need connection or know someone that could use a connection.

We are all in the same storm, we just have different tools. Let's work together to get through this.

In Sisterhood

*Karyn Lehmann*

*President, Sisterhood, [sisterhood@emanuelsb.org](mailto:sisterhood@emanuelsb.org)*

## From Our Director of Education & Youth



Purim in July... This is what I am thinking about these days.

Why Purim? Because it's a joyous holiday that always lifts up my spirit and it was SJL's last gathering before the COVID 19 stay at home order.

I miss the SJL days, the students and families, teachers, and Madrichim. I miss Sunday mornings, getting early to a very quiet Temple, and then as the minutes pass by, students and family arrive and there are voices and laughter.

Although we have time until next Purim, I am looking forward to seeing all our students again soon.

This is why we are planning the new SJL year according to the state guidelines. We will begin the school year online and hopefully very soon transfer to in-person learning.

Please save the dates August 16th (exact time TBD) for a fun drive through celebration and SJL registration and August 23rd for the first day of our zoom learning. Please note that the drive-through will follow all the health guidance for social distance.

We don't know what the future holds but we will adapt to whatever comes and we will make lemonade from these lemons!

Stay safe and I look forward to seeing all of you very soon.

*Marcela Lavi*

Director of Education & Youth, [sjl@emanuelsb.org](mailto:sjl@emanuelsb.org)

**Board of Directors Meeting**  
**Thursday, August 20, 7:00pm**  
**via Zoom**  
**All are welcome**

**Contact Sisterhood President Karyn Lehmann for Sisterhood meetings.**



### Mental Health Awareness in Action

#### Resilience

Times of change are stressful. They often require the capacity for resilience. The change may involve a radical alteration of our normal ways of living, or a dramatic change in the political or social climate. For example, adjustments in race relations. Or other changes, like earth-wide and local climate change, or technological change that is disorienting. Or all of the above. Times like now.

We're needing heaps of resilience these days. Positive Psychology has a couple of suggestions:

- **DOORS CLOSED DOORS OPEN** – Just let the old ways, expectations, and hopes stay behind us. Close those doors. But look around for the new doors that can be opened. And open them, walk through, and use our energies and creativity to cope with and make ourselves comfortable with what the world presents now. That may mean becoming more aware of and shifting our understanding and attitudes. It may mean taking new actions. This is walking through the new open door.
- **USING VALUES TO BUILD RESILIENCE** – Bring our personal values into the front of our minds. What really matters to us? What principles do we stand on, derive support from? What makes life worth living? Dwell on that and articulate those values in some way. Write them down. Draw or paint them. Make a collage of them. Then talk about them. Somehow, when our values are in the forefront of our minds, we steady ourselves and respond more calmly to stresses. The psychologists have even measured this by examining our stress hormones.

And tell our stories. In your own life describe a time when change happened that you didn't want, but it led to something new that became part of the life you've created. And describe a time when one of your bedrock values helped you make a difficult life decision, and how your life moved on from that moment.

"Resilience is not a trait that people either have or do not have. It involves behaviors, thoughts, and actions that can be learned and developed in anyone."

These suggestions and the quote are part of a Resilience Toolkit from PositivePsychology.com.

*Heidi Nimmo and Nancy Sidhu,*

Co-Chairs, Mental Health Awareness In Action (MHAIA)

## In Memoriam

### זכרון לברכה

We note with sorrow the recent death of

### Victor Fenster

He is survived by his three children  
Jean Korngold, Gary Fenster, and Jon Fenster;  
and his 5 grandchildren Jacob, Taylor, April,  
Hogan and John.

May the memories of the righteous  
be for a blessing

## SISTERHOOD GIFT SHOP

We now are all beginning to **REALLY** understand how such a **small virus** can **monumentally change everything** we have ever known to be true. Work, school, sports, shopping, hanging out with family and friends, coming to schul and worshipping together; **all that was familiar** has been pulled out from under us. Stay Safe, Stay Home we were told in March, leaving us to wonder when Go out, Enjoy will come our way?

**Sabbath, Holiday and Festival services, programs, learning,** all that we think of when we picture our joy being members of Congregation Emanu El, will be zooming to the device of your choice for the time being.

**Your CEE Gift Shop has many items available to enhance your home worship and celebrations.**

**Just a few things for your consideration:**

SHABBAT Kiddush cups, Candlesticks, candles, Challah covers, Havdallah candles, Havdallah sets (spice box, cup & candle holder) Equali-TEA to sip.

BOOKS and CARDS for learning, understanding, AND MUCH MORE!!

**Contactless delivery of your gift shop purchases is and will continue to be the "new norm".**

**Please contact gift shop manager, Lisa Wise-Wolk at 909-723-3238.**

## Happy Birthday!!! יום הולדת שמח

We rejoice with those whose birthdays occur in August and wish them a *Mazal Tov*:

1-August	Kevin Posalski	11-August	Korrynn Katzman	24-August	Michelle Smith
2-August	Margie Orland	12-August	Chelsea Ferguson	25-August	Stephen Levine
3-August	Philip Snofsky	13-August	Dip Sidhu	26-August	Donna Strain
3-August	Adam Dick	13-August	Jakob Paisner (17 years old)	27-August	Jay Donenfeld
6-August	Irving Warsaw	14-August	G. Bud Charlick	28-August	Rachel Beasley
7-August	Richard Nachman	17-August	Alan Helfman	28-August	Arya Lalezarzadeh (17 years old)
7-August	Hogan Fenster	19-August	Jeffrey Raynes	28-August	Jacob Longoni (13 years old)
8-August	Heidi Nimmo	19-August	Annie Swedlove	30-August	Penny Schwartz
8-August	Cindy Douglas	20-August	Philip Gold	30-August	Richard Malacoff
8-August	Adam Schwartz	20-August	Benjamin Fagan	31-August	Susanne Pastuschek
10-August	Alexander Brown	21-August	Gerry Porter	31-August	Tronie Rifkin
10-August	Kimberly Uffer	21-August	Jake Kurily		
11-August	Jack Katzman	24-August	Nicole Smith		
11-August	Myriam Acevedo				

## Happy Anniversary!!!

We extend a hearty *Mazal Tov* to the following whose wedding anniversaries occur in the month of August:

3-August	Zeeda & Roy Nierman	21-August	Troy & Beth Freimuth
4-August	Ina & Aaron Katz	22-August	Roberta & Philip Gold
5-August	Janet & Fredric Rabinowitz	26-August	Joanne & Donald Singer
6-August	Kathleen & Alan Helfman	27-August	Susan & Paul Shimoff
18-August	Judy & Martin Handleman	27-August	Catherine & Clifford Hiller
18-August	Barbara & Michael Smith	28-August	Jennifer & Kevin Posalski
18-August	Kimberly Wolfe-Morgan & David Morgan	31-August	Jeanette & David Swedlove

## We Gratefully Acknowledge

We gratefully acknowledge these contributions to our various temple funds:

### TEMPLE FUND

*In observance of the Yahrzeits of...*

**Ruth Snofsky** by Philip Snofsky

**Charles Silverberg** by Marsha and George Hanover

**Ryan Clark** by Shauna and Walt Van Horn

**Edith Kaufman Emanuel** by Michelle Antcil

**Eva Emanuel Westerling** by Michelle Antcil

**Howard Forman** by Myral Bellman

**Louis Forman** by Myral Bellman

**Marilyn Jaffe** by Heidi Denhertog

**Rachel Glogas** by Ethel McAfee

**Gertrude Loria** by Judy Miller

**Lucile Upin** by Joanne and Don Singer

*For recovery of*

**Phyllis Sweet** by Margie Orland

**Kimberly Wolfe-Morgan** by Margie Orland

**Lewis Plaut** by Margie Orland

**Phyllis Sweet** by Leslie and William Soltz

*In honor of*

**Daveed Morgan receiving his Master's Degree** by Margie Orland

**Lisa Wise-Wolk and Kerry Wolk's special birthdays** by Leslie and William Soltz

### CHERRIE LUBEY FLOWER FUND

*In observance for the yahrzeit of ...*

**Irmgard (Irmi) Blum** by Sonia Blum Lavitt

### RABBI LINDY REZNICK DISCRETIONARY FUND

*In honor of...*

**Rabbi Lindy Reznick's service to our congregation** by Michele and Paul Zipperstein

### CANTOR JENNIFER BERN-VOGEL DISCRETIONARY FUND

*In honor of ...*

**Cantor Jennifer Bern-Vogel and Ira Vogel's 25<sup>th</sup> wedding anniversary** by Margie Orland

**Cantor Jennifer Bern-Vogel's service to our congregation** by Michele and Paul Zipperstein

### CEMETERY FUND

*In observance of the Yahrzeits of...*

**Nathan and Eleanore Zipperstein** by Kathy and Robert Zipperstein

**Haskell Silver** by Shelley and Barry Silver

**Aaron Brill** by Shelley and Barry Silver

*In memory of ...*

**Eliot Moss** by Sonia Moss

**Eliot and Doris Moss** by Sonia Moss

*In honor of ...*

**Marty and Hilary Kamenir** by Kathy and Robert Zipperstein

## Yahrzeits

The following Yahrzeits will be observed during the month of August: Those with a (✧) are inscribed on the Wall of Perpetual Memorial:

August 7-8	August 14-15	August 21-22	August 28-29
Sally Adams ✧Lena Anker ✧Sylvia Becker Enia Ciolko ✧Mildred Cohen ✧Selma Davidson Sylvia Diner Rachel Einbinder ✧Tom Feigenson ✧Hyman Fox ✧Harriet Gimpel ✧Estelle Gold ✧Jack Golden ✧Sonia Goodman ✧Frances Herzig ✧Constance Hochstein ✧Samuel Kassel ✧Martin Kronick Solomon Lavick ✧Moses Lerner Laura Levy Dave Lubey ✧Louis Lubinsky ✧Sol Parkin Barney Pasma Marielle Pastuschek ✧Saydee Philipson ✧Sunny Rabenstock Harold Rothstein ✧Max Schoenheim ✧Ida Silk ✧Adelaide Snyder Isadore Steinberg ✧Grayce Tannenbaum Jack Wixen	✧Hermine Alexander Richard Altheimer ✧Kurt Becker ✧Albert Bell ✧Mollie Binder Fanny Cohen Francelene Cohn ✧Paige Cowan Myra Epstein ✧Sarah Finkleman Bertha Goldschlager ✧Ruth Greenwood Jon Hankin Lynda Hankin ✧David Hearsh Helen Kohn ✧Jerry Kravitz Micaela Lang Dave Larky Elizabeth Lelchook Isaac Lewin Gertrude Lipsky Anne Lowenstein ✧Samuel Lubinsky Jerry Lurie ✧Steven Maltzman ✧Herbert Maltzman Fannie Marcus Linda Pyrtle Nathan Schwartz ✧Elias Simon Bonnie Tonneson ✧Harold Victor ✧Fannie Walder ✧Geraldine Weinstein	✧Martin Barrad Shifra Blumen ✧Florence Allen Brill Penni Clark ✧Jack Cohen Anna Cohen ✧Morris Coleman ✧Minnie Einbinder Rachel Getzoff ✧Lenore Harris Theresa Herbstrieth ✧Aaron Jacobs ✧Rose Jaffe ✧Lester Kantor ✧Beatrice Kay ✧Rose Lampel ✧Yetta Litwin Morris Marcus ✧Fred Miller ✧Sophie Nourok ✧Martha Rosen ✧Mary Rushall ✧Joseph Selznick ✧Isadore Shaller ✧Sol Sussman Dorothy Todd ✧Jack Trachtenberg ✧Alex Weiss	✧Isaac Albert ✧Leah Blizin Leah Charson ✧Harry Cohen ✧Esther Edelman ✧Marguerite Feldheim Muriel Frankel ✧Samuel Goldstein ✧Rose Hearsh ✧Bertha Lavitt ✧Joan Leinen ✧Al Lubey Ned Lurie ✧Arthur Michael Harold Pike ✧Bess Pollack ✧Adele Rosenzweig ✧Sonia Rovell ✧Bertha Sacks Anne Schwartz Al Schwartz ✧Esther Steinsapir Milton Stern ✧Sherwin Tilton ✧Ruth Trachtenberg ✧Gertrude Weiss Elaine Wolfson Rose Young

## last chance sale wall of perpetual memorial

Prices on names on our Wall of Perpetual Memorial will be going up after the high holy days. Why not reserve names for your loved ones now at the current price? Call the office for more information at (909) 307-0400 or [cee@emanuelsb.org](mailto:cee@emanuelsb.org).



Congregation  
Emanu El

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MARCELA LAVI - DIRECTOR OF EDUCATION & YOUTH -  
JERRY RIPLEY - ORGANIST/CHOIR DIRECTOR

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