



Our building is closed, but our hearts are open

SHABBAT SERVICES • Fridays 6:30pm, Saturdays 10am

Shabbat Services via Facebook Live <https://www.facebook.com/emanuelredlands>

Or Via Zoom: <https://zoom.us/j/5019876154> password 472615

Or call in: 1-669-900-6833 Meeting ID: 501 987 6154 password 472615

- Friday June 5:** Board Installation Shabbat with Rabbi Reznick and Cantor Bern-Vogel
- Friday, June 12:** **SHABBAT B'YACHAD** with Rabbi Reznick and Rick & Addie Lupert
- Friday, June 19:** Erev Shabbat with Rabbi Reznick and Cantor Bern-Vogel
- Friday, June 26:** Pride Shabbat with Rabbi Reznick and guest songleader Neil Spears
- Saturday, June 27:** Shabbat Morning Service with Rabbi Reznick and Cantor Bern-Vogel

Instructions on how to use Facebook Live and Zoom on our web page, <https://www.emanuelsb.org>



FREE LECTURE SERIES

How COVID-19 Is Changing American Judaism

An examination of how American Jews and their institutions have responded to this pandemic. What are the short and long term structural and economic outcomes that will result? In light of this experience, what might be the impact of this pandemic on the future of religious practice and belief in general and for Judaism in particular?

Steven F. Windmueller, Ph.D., former dean of Hebrew Union College

Wednesday, June 17 • 7:00pm • via Zoom

Rabbinic Reflections



The days are lengthening and the sun's rays and heat has gently turned up its voltage. I am in awe that it is once again already June. We are living in unprecedented times, during the Covid 19 pandemic. Many of us are sheltering in place and greatly minimizing our interaction with others, not even going out for groceries or visits with friends. Our temple building is closed while we work from our homes, harder than ever. I know how scary, lonely, isolating and strange this time of great uncertainty can be for many of you. I want you to know that I am here to listen, call, zoom or e-mail with you. Know that we all are feeling the deep grief and pain that these losses have brought our personal and communal lives. But also know that we as your Jewish community are working very hard to bring you comfort, connection, inspiration and hope as we walk through this unique time.

As a congregation we have come to the decision that our building will remain closed until September 1st, at which point we will re-evaluate. This decision is one that many of our local Jewish houses of worship and those in Los Angeles are following as well. We will continue to have programming online to help you to feel connected and find Jewish meaning during these trying times. Know that we are running business as usual but all from our homes. Your safety, health and well-being are at the center of our decision making. Like most of our Los Angeles and Inland Empire houses of worship we are making this decision to enhance our ability to offer safe best practices which ensure the well being of our clergy, congregants and staff. We will continue to monitor guidelines from our State governor, and other local houses of worship. We feel that it is vital to follow best practices and sometimes take more extreme measures in order to keep everyone healthy and safe.

In June we will be offering some new programming. I am thrilled to offer a class on the new book **A Life of Meaning**: a modern look at Reform Judaism which was published last year. Stay tuned and join me in learning from this exciting new offering of our movement. Also we will be offering a **CEE Grief Group**, for anyone who is in need of some extra support now. Grief can take so many forms, during COVID 19, many are grieving loss of loved ones, of "normal" life as we know it. Grief can also be from loss of relationship, pet, children. All are invited to join us whether you have lost someone recently or years ago but feel you have not processed or mourned that loss. Our goal is to bring some comfort and connection to our community.

June is Pride month. We will be offering many unique learning and virtual gathering opportunities to our community in honor of **Pride month for the LGBTQIA+ community**. Congregation Emanu El is a home for all. We accept you as you are and we believe everyone is created in the image of God. So everyone is welcome to join us as we learn from some of our countries leading educators, rabbis and speakers.

I offer these words from Psalm 62 "Pour out your heart before the Holy One, God is a refuge for us. Selah!" May we find refuge in honestly expressing our fear, grief, frustration, and struggle. May we be comforted together as the Children of Israel and all people mourn.

Rabbi Lindy Reznick

Cantorial Comments



Everything teems with richness, everything aspires to ascend and be purified. Everything sings, celebrates, serves, develops, evolves, uplifts, aspires to be arranged in oneness. – Rav A.I. Kook

It's hard to believe that we are only a couple of months away from the preparatory month of Elul and the High Holy Days! We are moving through *Bamidbar* - the wilderness. Even as some of the restrictions on 'sheltering at home' are loosening up, it remains a time of uncertainty intermingled with hope. In my annual report, I noted that Sue Monk Kidd, author of The Secret Life of Bees, wrote that "Transformations come only as we go the long way round, only as we're willing to walk a different, longer, more arduous, more inward, more prayerful route."

The universe is calling, beckoning us to be flexible and creative in ways that we never imagined!

This is the charge we all have, as together, we move ahead and work to maintain our wonderful Temple community through study, worship and loving support. On a lighter note, in case you've not seen it on our Temple FB page, I posted an alternative to singing the prescribed twenty-second-hand-washing from 'Happy Birthday' to 'Avinu Malkeinu'.

Important: heads-up re Torah chanting for the High Holy Days: I will be offering a Cantillation Class beginning Wednesday, July 1st. This will serve as a review for those who have participated during Rosh Hashanah and Yom Kippur in year's past as well as an opportunity for interested newcomers. A basic level of Hebrew is recommended. Please contact me if you are interested!

In a few weeks, you'll be able to see a Facebook production of me along with about 150 Reform cantors from North America singing, 'Stand Strong' by Laurie Akers that I included earlier this year in one of our sanctuary services. – It was written last year, before COVID; the words are simple and honest but now, it takes on a whole new meaning ... 'take my hand, I'll take yours, together we can open doors – if you see me, and I see you for who we are, then we'll get through if we sing one song...we stand strong.'

Chazak, Chazak, v'nitchazek –

Be strong, be strong and let us strengthen one another!

Cantor Jennifer Bern-Vogel

Presidential Perspectives



See the USA in your Chevrolet (or, on your phone)

Back when today's seniors were in grade school, Dinah Shore ended her television program by telling all of us to "See the USA in your Chevrolet." The days when any of us feel like hopping in a car and traveling to another state seem long gone. In truth they'll be back soon, and before you know it we'll all be seeing our friends again.

Until then, think how lucky we are that we live in such a technological age. Even a decade ago, we would have felt even more isolated than we do now. Today we can reach through our phones and tablets and spend time safely with each other.

We're still one big community and we're as strong as ever.

If you haven't taken the opportunity to catch up with Congregation Emanu El electronically, it's time to give it a try! As this article takes shape in early May, it looks like we'll be under some sort of restriction through June. So, we'll be continuing our "electronic togetherness" for a few more weeks. Whether you want to come to services over Zoom or Facebook, learn more about our shared history, or just find a way to reconnect, there's a way to do it that's as close by as your phone or computer.

Even if you only have a land line, it's still easy to connect by calling the toll-free number on page one of this bulletin. You don't have to be alone.

Hopefully, you all had the chance to join us for our annual meeting held on May 21. It was really enjoyable to take a moment to thank some of our volunteers. If your name wasn't called, it was just an oversight – there were so many people to thank. If you were there, you also heard that we will be receiving \$883,000 from a recent bequest, \$127,000 in state grants, and \$52,000 in stimulus funds. This is truly a blessing and that money will be used for debt reduction, security, and education. Even with those amazing numbers, though, we still need operating capital and I hope you'll consider a small donation as we close out the fiscal year.

I hope to see you all in person soon! Until then, stay safe!

Shalom,

Stuart Sweet

Sisterhood Speaks



Shalom,

I hope that my words find you happy and safe.

June is often associated with transition.

School years end, fiscal years often end, the transition from one year to the next, from one grade

to the next, from one school to the next...

Graduation.

Tradition.

Ceremony.

All of these things are still happening, but in a new way.

A different way.

I often find it difficult to embrace change, but then find that the change was beneficial. Let's hope that that is what we will all discover in the near future.

I look forward to restrictions lifting and being able to be in the same space as all of you, to celebrate, to pray, to talk, to listen, to learn, sing and EAT! Together. Maybe 6 feet apart.

Please remember to be kind to others and to yourself.

Until we meet again, in Sisterhood

Karyn Lehmann

President, Sisterhood, sisterhood@emanuelsb.org

Treasurer's Report



Dear CEE Congregants,
Shalom!

Welcome to Summer! Although the calendar says we are still in Spring, anything after Memorial Day marks the beginning of Summer!

Thank you to all members who signed in to our Annual Meeting via Zoom last week. A big shout out of thanks to our President, Stuart Sweet, who made it all possible and made it a first-rate, professional and informative meeting.

Our congregation has been blessed with a generous gift that will go a long way in reducing our long-term debt. But we are still in need of your dues monies and donations to meet our annual operating budget. Please, please, please bring your dues account, pledges, and promises current before our year ends on 6/30/2020. If you are not sure of the balance on your accounts or all the pledges you may have outstanding at this time, please contact Judy Filisinger by phone or e-mail and she will give you your balance. Every dollar helps!

Thank you to our clergy, staff, and dedicated Board members in delivering meaningful services over Zoom and Facebook Live. Please know that we are all here for each other. We may not be able to hug one another for a little while longer, but virtual hugs are being sent to all of you!

Meanwhile – if you have any questions or concerns about our budget or our current finances, please call or text me at 704-756-7427 or send me an e-mail address at kathy.rosenfeld@gmail.com.

With warm wishes for good health!

Kathy Rosenfeld

From Our Director of Education & Youth



As we find ourselves in times of social distancing that continue to get longer, we discover that remote learning is a way to stay connected and a way to continue learning. Remote learning has no set time or place and allows us to integrate different learning styles. Students can learn in hours that work for them and use different learning methods that may suit them better. While we are apart, we can come together and learn. In classes, students can reconnect with others.

We at SJL had successful online meetings, families got connected through morning T'fila lead by Rabbi Reznick. Students continued learning Hebrew and Judaica classes lead by our great teachers with the use of videos, songs, and stories, also working with shared screens and boards. Pre-Bnei Mitzvah students continued practicing their Hebrew prayers with our wonderful Cantor Bern-Vogel.

Though it might not be the same as in person, we embraced technology and did our best to stay connected and engaged.

Even after school year is over, we can continue to learn by ourselves. Here are some suggestions for online learning.

<https://www.myjewishlearning.com/>

www.bimbam.com

www.khanacademy.org

<https://www.duolingo.com/>

Marcela Lavi

Director of Education & Youth, sjl@emanuelsb.org

All Board of Directors and Sisterhood Board Meetings will be held electronically until further notice.

For details on joining board meetings, contact Stuart Sweet, President, or Karyn Lehmann, Sisterhood President through the temple office.



Mental Health Awareness in Action
Maintaining Our Children's
Mental Health Balance

As we begin to test the lifting of stay and home orders, maintaining mental health balance remains a vital priority for adults and children. Good emotional self-care benefits each one of us all the time—pandemic or not.

Experts recommend checking in on the mental health of the young people in our lives right now. Like us, children and teens need coping skills and they need healthy outlets for their emotions. We are most influential when we model good self-care and create positive outlets for our own emotions. It's never been more important to be kind to ourselves. If we're anxious, kids will pick up on that. They need to hear that anxiety and stress are normal emotions and there are ways to manage them.

To truly impact the young people in our lives we need be totally authentic in our communication and respect children enough to be ourselves. With teens especially we'll likely be ignored if we're not honest and real.

So, let's talk often with our kids by making ourselves available. And let's act early if a child's condition seems serious. There is no shame in getting help! Reach out for specialized help as you would if the problem were a physical one.

Being honest and real with the trusted adults in our own lives about how we are really doing is vital to our success moving forward into the post-pandemic world. Keep exercising, journaling, creating art, talking, cooking, enjoying music, and breathing deeply. These and more self-care activities help each of us and the children in our lives too.

Heidi Nimmo and Nancy Sidhu,
Co-Chairs, Mental Health Awareness In Action
(MHAIA)

Off the Beaten Track: A WRJ Virtual Israel Trip

From the Tanakh to the Supreme Court, join us on a five-day journey guided by WRJ tour guide Shari Robbins, who will lead us from Biblical Israel to the Modern State.

The trip will take place **June 15-19 (Monday-Friday) from 9:00 am - 11:00 am PT** and will include a special Shabbat element to close out our time together on Friday. Participation in this trip will cost **\$50**, which will be donated to the YES Fund.

Capacity is limited, so sign up now if you are interested.

[**Off the Beaten Track: A WRJ Virtual Israel Trip**](#)

SISTERHOOD GIFT SHOP

Stay tuned for our COVID CLEARANCE SALE on a FUTURE DATE TO BE DETERMINED

As you have been sheltering to stay safer at home we KNOW you all have been MAKING a LIST of ALL the ITEMS you can't wait to purchase from our gift shop.

SHABBAT: Kiddush cups, Candlesticks, candles, Challah covers, Havdallah candles, Havdallah sets (spice box, cup & candle holder) Equali-TEA to sip.

HIGH HOLIDAYS: Shofars (various shapes and sizes), BOOK to read about, share and prepare for Elul. Cards to send

Rosh Hashanah, Yom Kippur, Sukkot & Simchat Torah. Hand Blown Glass Miniature Pumpkins in gorgeous colors, new Earrings, Bracelets and Necklaces for the New Year. Jew- TEA- ism for all.
AND MUCH MORE!!

Look forward to seeing you again, soon!

Happy Birthday!!!

יום הולדת שמח

We rejoice with those whose birthdays occur in June and wish them a *Mazal Tov*:

1-June	Craig Beasley	13-June	Susan Shimoff	22-June	Walt Van Horn
2-June	Carole Wizer	15-June	Judyth Buchband	24-June	Sharon Granowitz
3-June	Louise Gorenberg	16-June	Hannah Levine	24-June	Edith Stelzer
3-June	Kimberly Wolfe-Morgan	17-June	David Fagan	24-June	Zoe Swant (11 years old)
5-June	Carol Heller	18-June	Maya Lang	25-June	Samantha Becerra
6-June	Joyce Eskin	18-June	Phyllis Sweet	26-June	Jack Schwartz
6-June	Renee Kress	18-June	Ashleigh Wilkie	26-June	Gloria Snyder
8-June	Joseph Bodnar	21-June	Rhian Beutler	27-June	Brian Spears
11-June	Lee Cohen	22-June	Justin Bauer	30-June	Richard Taylor

Happy Anniversary!!!

We extend a hearty *Mazal Tov* to the following whose wedding anniversaries occur in the month of June:

2-June	Laura & Jon Fenster	11-June	Jill Gregory & Weissman	21-June	Bonnie & Bernie Goler
6-June	Lisa Wise-Wolk & Kerry Wolk	17-June	Elaina & Marvin Reiter	22-June	Julianne & Mark Strain
11-June	Ira Vogel & Cantor Jennifer Bern-Vogel	20-June	Renee & Michael Kress	24-June	Sharon & Richard Granowitz
11-June	Francesca & Stuart Sweet	20-June	Susan & Howard Snyder	26-June	Daniel & Kathy Trainor
		21-June	Jake Kurily & Peytra Becker-Kurily	27-June	Ann & Asher Sheppard
				29-June	Delores & Melvin Eirew

We Gratefully Acknowledge

We gratefully acknowledge these contributions to our various temple funds:

TEMPLE FUND

In observance of the Yahrzeits of...

Gigi Ryan by Harriet Herman

Catherine Arnold by Michelle Ancil and Judith Smith

Dr. Philip Berger by Leo Berger

Kathryn Fannin by Kathy and Daniel Trainor

Sol Kantor by Claudette Guy

Fritzie Feit by Sheila and Bernie Barrad

Julius Mishook by Anita Lampel

Esther Hanover by Norman Hanover

Ruben Keyser by Irene Schapiro

Jack Rifkin by Charlotte and Tronie Rifkin

Juda Katz by Lia and Mark Robinson

Charles I. Ehrlich by John Ehrlich

Barbara Jo Schapiro by Irene Schapiro

Adam Smith by Barbara and Michael Smith

In memory of ...

Sydelle Wolk Davis by Lisa Wise-Wolk and Kerry Wolk

Sydelle Wolk Davis by Ethel McAfee

SSG Ronald Shurer, 3rd Special Forces Group, Medal of Honor Recipient by Vickie and Steve Becker

Leone Hyman by Lia and Mark Robinson

Cantor Gregory Yaroslow by Leslie and William Soltz

For recovery of

William Soltz by Vickie and Steve Becker

Engagement of

Sarah Sherman and David Levine by Leslie and William Soltz

CHERRIE LUBEY FLOWER FUND

In observance for the yahrzeit of ...

Evelyn Wolk by Lisa Wise-Wolk and Kerry Wolk

Ed Harris by Leslie and William Soltz

Ruth Smith by Barbara and Michael Smith

In memory of ...

Cantor Gregory Yaroslow by Lisa Wise-Wolk and Kerry Wolk

AnnaLee Townsley by Lisa Wise-Wolk and Kerry Wolk

Cherrie and Ron Lubey by Michele and Paul Zipperstein

RABBI LINDY REZNICK DISCRETIONARY FUND

In memory of...

Eleanore and Nathan Zipperstein by Michele and Paul Zipperstein

CANTOR JENNIFER BERN-VOGEL DISCRETIONARY FUND

In memory of ...

Cantor Gregory Yaroslow by Michele and Paul Zipperstein

MORTGAGE REDUCTION FUND

For recovery of ...

Reva Bloom by Joyce and Barry Eskin

LANDSCAPE FUND

In memory of ...

Leone Hyman by Michele and Paul Zipperstein

SECURITY FUND

In memory of ...

Leone Hyman by Sylvia Joseph

Nate Pinsky by Sylvia Joseph

Yahrzeits

The following Yahrzeits will be observed during the month of June: Those with a (✧) are inscribed on the Wall of Perpetual Memorial:

June 5-6	June 12-13	June 19-20	June 26-27
✧Abraham Alexander ✧Bessie Arbeitsman ✧Israel Berger ✧Meyer Borsuk Lawrence Brin ✧Annie Broter ✧Louis Doros ✧Max Finkleman Susan Frisch ✧Sarah Gershek ✧Yoav Gilad Fanya Glatt ✧Rosella Gold ✧Fanny Greenhood ✧Edward A. Harris Morris Horwitz Sophia Jarsky Edith Kaufman Emanuel ✧Jeanette Kershner ✧Samuel Kushner Dorothy Marks ✧Anna Mendelsohn ✧Israel Nourok Martha Posalski ✧Rebecca Rieger ✧Claudia Rodman Kathlyn Rogers ✧Ida Rosenbloom June Rothman ✧Lillian Saxon ✧Barbara Schapiro Caroline Schlesinger ✧Theodore Serlin ✧George Shane ✧Harry Shenkman ✧Sophie Shenkman ✧Adam Smith Ruth Smith Mary Stefanoski Anna Stein Joseph Weinberg ✧Ida Wiseman Clayton Woodward-Fisher	✧Raymond Alva ✧Frieda Amerman ✧Carl Barkan ✧Ronald Boatman David Boyd ✧William Coleman Gloria Cutler ✧Abraham Davis ✧Esther Davis Vita de Mendez ✧Irving Donenfeld ✧Ida Fohrman ✧Raymond Fox Norman Gaynor ✧Isadore Gelsin Ezriel Gordon ✧Abe Granish Hyman Henkin ✧Max Kater ✧Sylvia Kaufman Jeanette Kitay ✧Lila Klemtner Millie Lucas Patricia Miellmier Max Millman Israel Mishkovsky ✧Rosalie Mitchell ✧Rose Modes Louis Nemeth ✧Paul Newman Harry Norian Harry L. Osler Linda Prestidge Harry Rothman Gigi Ryan Mira Salamon ✧George Shenkman ✧David Simon ✧Anna Stein ✧Philip Suchow Sarah Tilton ✧James Unickel ✧Philip Weisser Georgia Weissman Karl Zwick	✧Rose Barrad ✧Saul Birnkrant ✧Irmgard Blum ✧Adele Carsman Brian Cushing ✧Herman Eliot Eva Emanuel-Westerling Gerald Fine ✧Fannie Fish ✧Howard Forman Mindy Frankel Miriam Gideon ✧Henrietta Greenwald ✧Don Harris ✧Harold Heller Shirley Hosmann ✧Bertha Kassel Gabriela Katz Sonny Katzman ✧Leon Lapidés ✧Sarah Lerner ✧John Libman ✧Beila Litsky Anne Luchans ✧Lauren Mayfield Lena Noodelman Ida Pressman Judy Rose Al Rosen ✧Fannie Russler ✧Florence Slabodkin Leonard Smith Fanny Volk Sylvia Wallach ✧William Wilkin Arlene Wolf Herbert Zeller	Marjorie Antelam ✧Leonard Becker ✧Frances Bertman ✧Michael Braviroff Ryan Clark Nathan Cooperberg Al Corbin Jack Diner ✧Louis Forman ✧Dora Goldstein ✧Edward Gottlieb Nettie Henkin Harold Hepner ✧William Jaffrey ✧Shelley Kamzan Annalee Knotts Montye-marie Lawrence ✧Maurice Lerner Isadore Marx ✧Dorothy McGuire ✧Philip Miller Ruth Minkoff ✧Mark Myers ✧Samuel Newman Sheldon Rothstein ✧Mignon Schweitzer ✧Jennie Smith Paulette Stewart Edith Weisser Kilby Wiggins ✧Nathan Zipperstein



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MARCELA LAVI - DIRECTOR OF EDUCATION & YOUTH -

JERRY RIPLEY - ORGANIST/CHOIR DIRECTOR

EXECUTIVE COMMITTEE

Stuart Sweet - President • Dr. Susan Damron - 1st Vice President

Michael Reiter - Secretary • Kathy Rosenfeld - Chief Financial Officer

Members-At-Large: Steven Becker, Marvin Reiter, Justin Swant

Greg Weissman - Immediate Past President

Karyn Lehmann - President, Sisterhood

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Steven Becker • Harriet Briant • Rhian Beutler • Jay Donenfeld

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Member of Union for Reform Judaism (URJ)

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